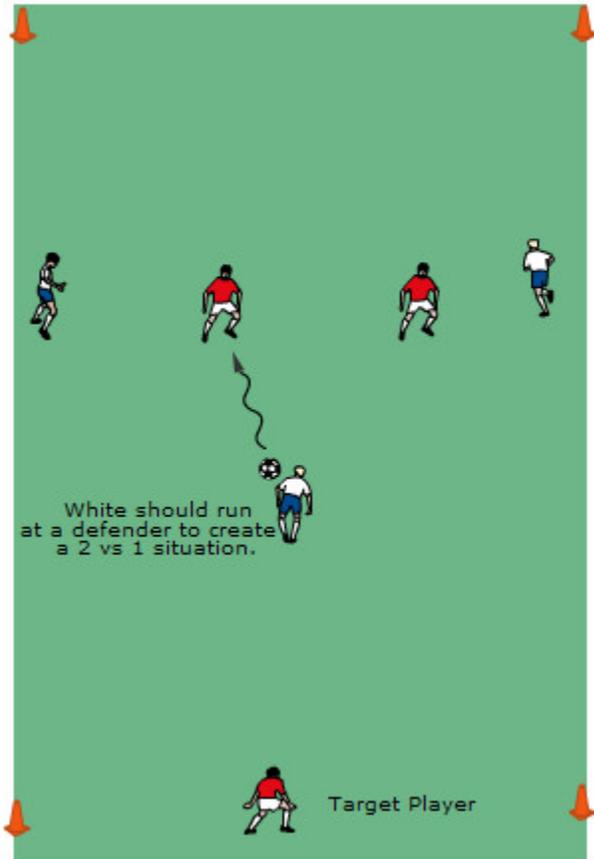


### 3 v 2 plus Target Player



#### **The Game:**

3 whites attack 2 red defenders. The attackers try to either dribble or stop the ball on the end line (depending on ability). After attacking in one direction they attack in the opposite direction.

Note: If the red defenders win the ball they try to play quickly into their target player.

#### **The Rotation:**

White should have 10 attacking opportunities ( 5 in each direction). Switch roles. One red player would stay on the end line and the player that had been resting/serving as the target player becomes one of the defenders. If you have 12 players set-up two fields, 18 players (3 fields). Set-up a tournament.

**Coach:** Should allow the activity to teach the players. If the players are struggling, ask them questions that lead them to the answer. They need to learn to solve problems on their own.

Can they recognize the 2 vs. 1 opportunity?

Do they recognize when to pass or when to release the ball?