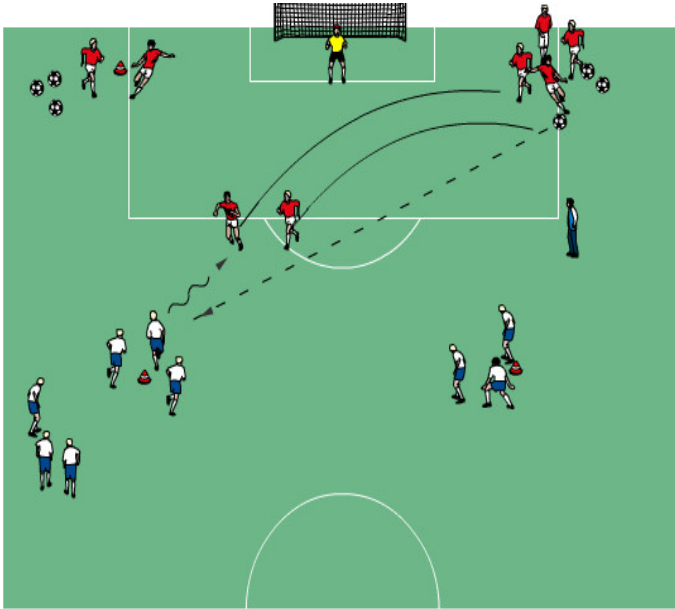


### 3 vs. 2 to Goal



**Set-up:** (As pictured). For older teams the coach should stand in a position that he/she can observe off-sides.

**The Exercise:** A pair of red defenders play a ball out diagonally to three white attackers, the red defenders move out quickly to close the space. The three white attackers control the ball quickly and begin to attack.

#### Focus:

- Encourage the attackers to be creative (overlap, wall pass, etc.)
- Encourage defenders to communicate; goalkeeper should position himself appropriately in relation to the defenders and location of the ball.

**Rotation:** Defend from one side, then the other. Attack from one side, then the other.  
\* Ball should be served out from the opposite side after the conclusion of every attack.

**Note:** Adjust the space according to players' abilities. Older players can serve the ball over greater distance, thus the space is bigger.

**If you enjoy this exercise Coach Donahue recommends:**

#### Possible Warm-up:

Striking the Ball in 3's  
Full Team Circle Warm-up

#### Progress to:

3v2 with Recovery Player (Advanced)  
Barry Gorman 4v4 with Servers