

## Steal the Bacon



**The Game:** Two teams, each player is designated a number. The coach calls out the numbers of the players. These players then run out from the end line to play the game. The coach serves balls from the sideline if the ball goes out of bounds or into a goal. Each group should play for a minute and a half of continuous action. Players waiting to come on should return loose balls to the coach, or act as "support" players, returning passes back to the team who made them.

The number of players playing at one time depends on the coach's objectives. This game is best played 2 v. 2 or 3 v. 3.

### **Variation:**

1. Teams are still divided and players are numbered, but now whenever the ball goes out of bounds the players on the field run off and the coach plays a new ball out and calls out new numbers.
2. Coach can call out an additional number while play is "live". This will force players on the outside to remain alert while also having a late supporting player into the attack.

### **Coaching Points:**

- Combination play
- Seeking and taking shots
- Attacking and defending principles of play

### **If you enjoy this exercise Coach Donahue recommends:**

#### **Possible Warm-up/1<sup>st</sup> activity:**

1v1 Attacking 2 Goals, Defending 2 Goals  
Everton Youth Diamond Dribbling

#### **Progress to:**

5v5 Must be Over Half Field  
Three Team Game