



LUSC Coaches Meeting

Fall 2022 Season

3rd-8th In-Town and Travel Programs

August 31, 2022



Agenda – 3rd-8th Grade Programs

Time	Topic	Presenter
7:30 – 7:40	Welcome to the Fall 2022 Soccer Season!	Dave Parsons, VP Registration
7:40 – 7:50	Field and Schedule Update	Tim Clackson, VP Logistics
7:50 – 7:55	Registrar Update	Amy Donahue, Registrar
7:55 – 8:00	Equipment Update	Allison Clark, Equipment Coordinator
8:00 – 8:05	Uniform Update	Phil Porter, LUSC Board Member
8:05 – 8:10	Goals Update	Luis Melendez, Goals Coordinator
8:10 – 8:20	Referee Update	Christianne Mager, Referee Coordinator Rick Tyson, Referee Mentor
8:20 – 8:25	COVID Update	Dave Parsons, VP Registration
8:25 – 9:00	Travel Program – DOC Presentation	Brendan Donahue, Director of Coaching



Welcome to the Fall 2022 Season!

- Thank You!
- A special thank you to our Volunteer Coordinators and Division Directors
- Our Mission

Developing lifelong soccer players among Lexington youth



Your Support Network – LUSC Board

LUSC BOARD MEMBERS		
President	John Andrews	president@lexingtonunited.org
VP Programs	Jon Trementozzi	Jon.trementozzi@gmail.com
VP Marketing	Kathryn Ready	kathrynwil26@hotmail.com
VP Admin	Jen Cunliffe	jencunliffe@gmail.com
VP Logistics	Tim Clackson	vp-logistics@lexingtonunited.org
VP Registration	Dave Parsons	vp-registration@lexingtonunited.org
Treasurer	Patrick Farrell	treasurer@lexingtonunited.org
Clerk	Julie Callahan	callahanseven@gmail.com
Past President/Covid Safety Officer	Stacey Hamilton	staceyh510@gmail.com
General Members	Cameron Moody	Cameron_stuver_moody@yahoo.com
	Phil Porter	philip@porterbuild.com
	Matt Keis	mkeis@gemini-investors.com
	Surya Singh	suryacsingh@gmail.com
	Serena Hadsell	hadsell22@gmail.com
	Sean Kennedy	kenns_11@yahoo.com



Your Support Network – Division Directors

K-2 DIVISION DIRECTORS

Boys Grade 3	Jeff Bettencourt	Jeff.Bettencourt@ovitas.com
Boys Grade 4	Jon Trementozi	Jon.trementozi@gmail.com
Boys Grade 5	Hannah Mamuszka	hmamuszka@gmail.com
Boys Grade 6	Sam Agresta	svja1072@gmail.com
Boys Grades 7 and 8	Mike Cramer Dan Alves	mvccramer@gmail.com dalves11@yahoo.com
Girls Grade 3	Ben Myers	benmyrs@gmail.com
Girls Grade 4	Phillipe Schenk	schenkpt@gmail.com
Girls Grade 5	Marisa Kearney	marisa_kearney@yahoo.com
Girls Grade 6	Lizbie Porter	lizbie20@yahoo.com
Girls Grade 7 and 8	Andrew Kvaal George Arnold	andrew.kvaal@gmail.com georgearnold@outlook.com



Your Support Network – Staff Volunteers

LUSC STAFF & VOLUNTEERS

Director of Coaching	Brendan Donahue	bdonahue@lexingtonunited.org
Asst Dir. of Coaching	Tom Heimreid	themreid@lexingtonunited.org
Registrar	Amy Donahue	registrar@lexingtonunited.org
Website Admin	Chuck Alexander	webadmin@lexingtonunited.org
Schedules: Games	Tim Clackson	schedules@lexingtonunited.org
Schedules: Practices	Liz Bettencourt	Liz.S.Bettencourt@gmail.com
Assistant Scheduler	Keri Caron	asst-scheduler@lexingtonunited.org
Fields Coordinator	Ravish Kumar	fields@lexingtonunited.org
Equipment – Goals	Luis Melendez	goals@lexingtonunited.org
Equipment Coordinator	Allison Clark	equipment@lexingtonunited.org
Referee Coordinator	Christianne Mager	ref-assignor@lexingtonunited.org
Head Referee Mentor	Bob Licht	ref-mentor@lexingtonunited.org
Referee Mentor	Rick Tyson	rickdtyson@gmail.com
Technology Coordinator	Chuck Alexander	technology@lexingtonunited.org
BAYS Representative	Stacey Hamilton	lusc-bays-rep@lexingtonunited.org
TOPS Program	Paul Clough	phclough@gmail.com
Mentor Program	Phil Porter	mentors@lexingtonunited.org



Fields and Schedules Volunteers

Fields and Games

- Ravish Kumar
- Tim Clackson

Practices

- Liz Bettencourt
- Keri Caron

LUSC STAFF & VOLUNTEERS		
Director of Coaching	Brendan Donahue	bdonahue@lexingtonunited.org
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Assistant Scheduler	Keri Caron	asst-scheduler@lexingtonunited.org
Fields Coordinator	Ravish Kumar	fields@lexingtonunited.org

- Questions? Find us on the LUSC website “Contact Us” page



Fields Used by LUSC

- Four turf fields
 - Lincoln 1, 2, 3; and Center Track Field
 - Lincoln 2 and Center Track have **lights!!** – will turn on automatically
- Grass fields
 - Clarke, Diamond, Harrington, Muzzey, Estabrook and Adams (behind Waldorf school)
- Most games will be on turf; but some have to be on grass





Late Season Practice Fields

- Starting in mid-October, we can only practice at fields with lights
- As well as Lincoln 2 and Center Track, we use the Center ballfields (grass)

Center baseball/
softball fields





How do I Know Fields are Open?

- Check the LUSC homepage!
 - Weekdays – updated by 2pm
 - Weekends – updated by 7am
- We will also try to email coaches directly affected
- Sometimes we need to move things around – please be patient 😊

FIELDS	
UPDATED TUES AUG 30 12PM	
CENTER TRACK FIELD	OPEN
LINCOLN FIELDS	OPEN
ADAMS	OPEN
CLARKE	OPEN
DIAMOND	OPEN
ESTABROOK	OPEN
HARRINGTON 1	OPEN
HARRINGTON 2	OPEN
LCA	OPEN
MUZZEY	OPEN



How Do I Find my Schedule?

- Schedules for practices and home games will be on the LUSC website
- Practices start Tuesday Sept 6
- First games Saturday Sept 10

SCHEDULES

[Spring 2022 Weekday Schedule](#)

[Spring 2022 Saturday Schedule](#)

[Spring 2022 Sunday Schedule](#)



How do I Understand my Schedule?

- Gray box = NOT available
- Red = conflicts (field not available at that day/time, usually due to LHS use)
- If your practice has a conflict, we will email you to suggest alternate field
- If another team needs to join you on a field, please be flexible!

FRIDAY	Lincoln 1 (TURF)	Lincoln 2 (TURF, LIGHTS)
	4.00 - 4.30pm	n/a
4.30 - 5.00pm	n/a	n/a
5.00 - 5.30pm	n/a	n/a
5.30 - 6.00pm	n/a	N/A 4/29, 5/13, 5/27 G6 Andrews G6 Shalabi B5 Agresta B6 Brandon
6.00 - 6.30pm	n/a	N/A 5/13, 5/27 G6 Andrews G6 Shalabi B5 Agresta B6 Brandon
6.30 - 7.00pm	n/a	N/A 5/13, 5/27 G6 Andrews G6 Shalabi B5 Agresta B6 Brandon



BAYS Game Schedule

- DRAFT travel game schedule is on BAYS website: bays.org
- The schedule will be final once we have adjusted home games to conform to our field permit
 - SOON!





Cancelling and Rescheduling Games

- Everything you need to know is on the Rainouts and Reschedules page on the LUSC website!!
- There are four golden rules...



Rainouts & Reschedules

How to Cancel a Home Game

The home coach is responsible for cancelling the game, even if the away coach requests the cancellation. Please cancel as soon as you know you will not play the game, so we can notify referees.

1. [Click here](#) to email the Field Scheduler and Referee Coordinator to cancel your game. Please include original game date and time, coach name & division.
2. You will receive an email from BAYS confirming the cancellation.

How to Reschedule a Home Game

1. Check the [schedules](#) on the LUSC website to identify available days, times and fields. Things to consider:





Golden Rules for Game Cancelling

1. PLAY THE SCHEDULE– games can't be cancelled for minor issues (eg drizzle)
2. The HOME COACH is responsible for communicating that the game is cancelled
3. CANCEL EARLY : Games must be cancelled by Thursday 7pm, or clubs will be fined by BAYS (new this year)
4. TELL US!! To cancel a game, you MUST notify the LUSC scheduling team. We then cancel the game in BAYS.

If game isn't properly cancelled,
the refs will show up and field
slot will be wasted.
Don't be that coach!



MYSA Registration Information

All Coaches need a MYSA Credential

- **Thank you for coaching!**
- Register with MYSA every soccer year (begins in fall)
 - Current, headshot-style photo
 - CORI and national background checks
 - SafeSport training, initial or refresher course (1/1/22)
 - Concussion training, or upload a current certificate (6/1/21)
 - CORI verification (one time)
- Passwords **MUST** be 7 or 8 characters and include one uppercase letter and one number.
- Use the same (legal) name and email for all accounts (MYSA, SafeSport, and Concussion).
- Download your training certificates.
- MYSA has good resources.
- **REMINDER:** Wear your credential! BAYS reminding everyone and refs will be checking.



MYSA Registration Information

Certificates Tab, Links to Trainings

Personal Info Applications Details **Certificates** Teams Events Referee Schedules

GET SAFESPORT UPDATES

Certificates
If you have available certificates, click on the image to upload or view a file.

If you are under the age of 18, parents should check with your organizations Risk Manager on requirements.

SafeSport Training:

New user: Make sure to create your SafeSport account with the same first and last name and email address listed in this adult registration account; this is to ensure auto verification for this training requirement in your adult registration account.
No need to upload your certificate of completion; although, it is advised that you save it to your computer as auto-approval/verification may fail.
Your account should be automatically updated to show your completed training within 24 hours.
If auto verification failed and you took the training in 2021 for the 2021-2022 registration year, you can upload that Certificate of Completion for your organization's Risk Manager to approve/verify.

If you already have a SafeSport account, click on the enrollment key below and Login to SafeSport.
New training site may require a password change for a returning user.

To take the **SafeSport Abuse Prevention Core or Refresher training**, click on the **SafeSport Training Enrollment Key Link**:
<https://safesporttrained.org/?KeyName=tsVWe36Xa6PS3b5NzOug>

Concussion training is through the Centers for Disease Control (CDC) or U.S. Soccer Learning Center - Concussion Training Information:

CDC - Concussion training is being administered in a new system called CDC TRAIN; all adults that registered prior to March 1st, 2020, will need to establish a new account with a new login and password to access the HEADS UP Youth Sports Training.
The link below will show you how to create an account through CDC Train and provide you with the link to take the training or, if you have an active account you can login.
Once training is completed, you are required to return to this Certificate tab and upload the CDC Certificate of Completion.
If training was completed June 1st, 2020 or later, you are approved for the Fall 2021 - Spring 2022 registration year.
[https://www.mayouthsoccer.org/assets/61/6/create_an_account_cdc_train_headsup_machusetts_\(002\).pdf](https://www.mayouthsoccer.org/assets/61/6/create_an_account_cdc_train_headsup_machusetts_(002).pdf)

U.S. Soccer Learning Center: U.S. Soccer Learning Center Concussion Training - How to Create an Account - Detailed instructions on how to register in the U.S. Soccer Learning Center and complete their Concussion Course ("Introduction to Safe and Healthy Playing Environments")

NOTE: If your SafeSport, concussion, or CORI Verification show as Verified (you see a check mark), no action is needed from you for this registration year.

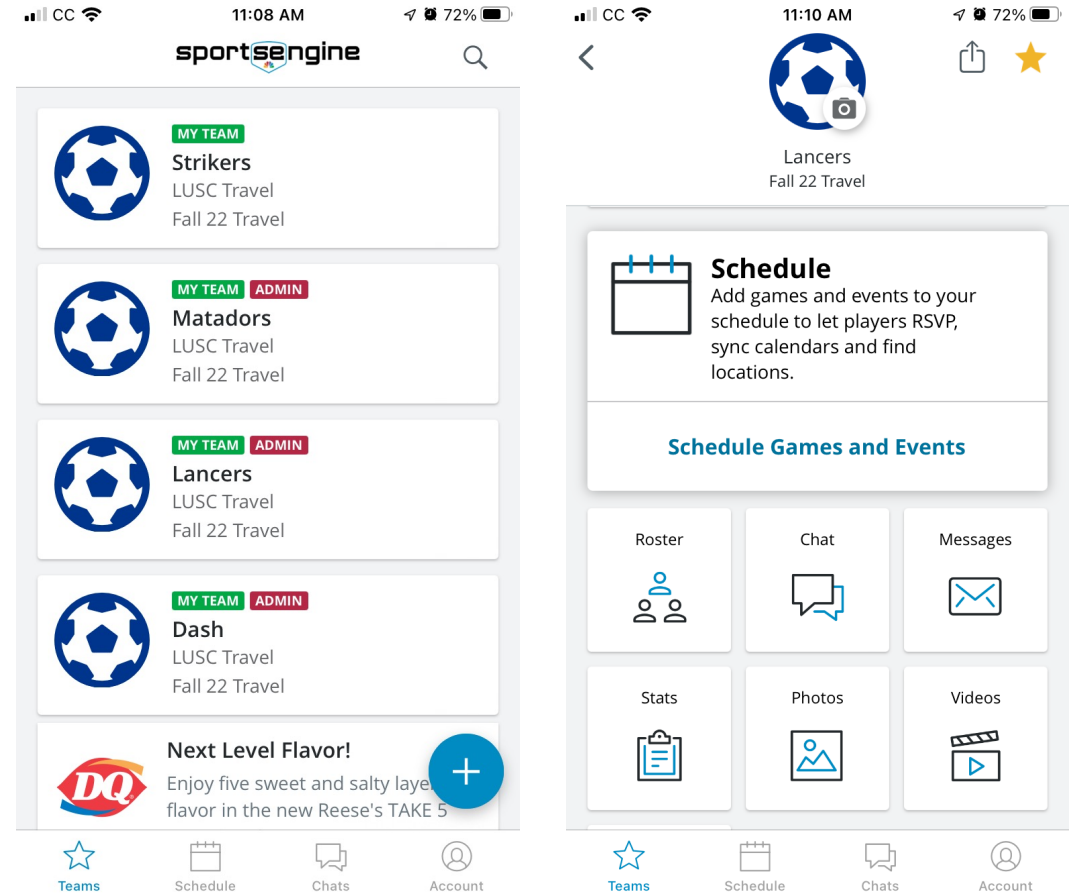
MYSA Resources

- **New Coach:**
[https://www.mayouthsoccer.org/assets/61/6/adult_registration_-_new_user_help_guide_07.2022_\(1\).pdf](https://www.mayouthsoccer.org/assets/61/6/adult_registration_-_new_user_help_guide_07.2022_(1).pdf)
- **Returning Coach:**
https://www.mayouthsoccer.org/assets/61/6/adult_registration_-_returning_user_help_guide_07.2022.pdf
- **Registered, Incomplete Training:**
https://www.mayouthsoccer.org/assets/61/6/how_to_verify_reg-find_trainin_linksdocx-print_cori_acknowledgement_form.pdf
- **Registration Checklist:**
https://www.mayouthsoccer.org/assets/61/6/adult_registration_-_checklist_2022.pdf



Sports Engine Mobile App

- Replacing TeamSnap.
- Similar features for scheduling, messaging, game directions, etc.
- Single Sports Engine account.
- Integrated with registration.
- Game schedules uploaded.





Sports Engine Mobile App

Next Steps

- **Download the app**, and sign in using your Sports Engine account.
 - **For iPhone:**
 - <https://apps.apple.com/us/app/sportsengine/id499597400>
 - **For Android / Google Play:**
 - https://play.google.com/store/apps/details?id=com.sportnjin.android&hl=en_US&gl=US
- **Verify your teams** you are connected with, as a DD, Coach or Parent, show up on the Teams tab.
- **Check your profile**, make sure phone and email match your roster.
- **Enter your practice schedule.**
- Chuck will upload your BAYS schedules and notify you.
- Once your team schedule is entered, please **send the SE Mobile App email to your team**, so parents can download and use the app.
- Help guides:
https://docs.google.com/document/d/1bW_i7Xj8zkn4GOU6egcfwoOfQe7N6NdT4jOisOzsLDQ/edit?usp=sharing

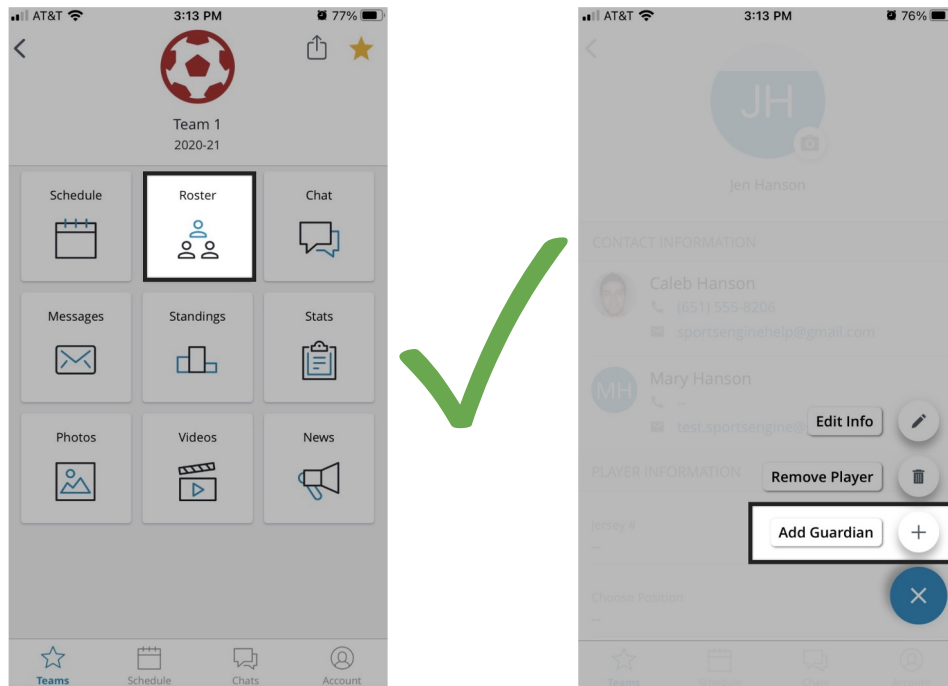


Sports Engine Mobile App

Adding a Parent/Guardian for notifications

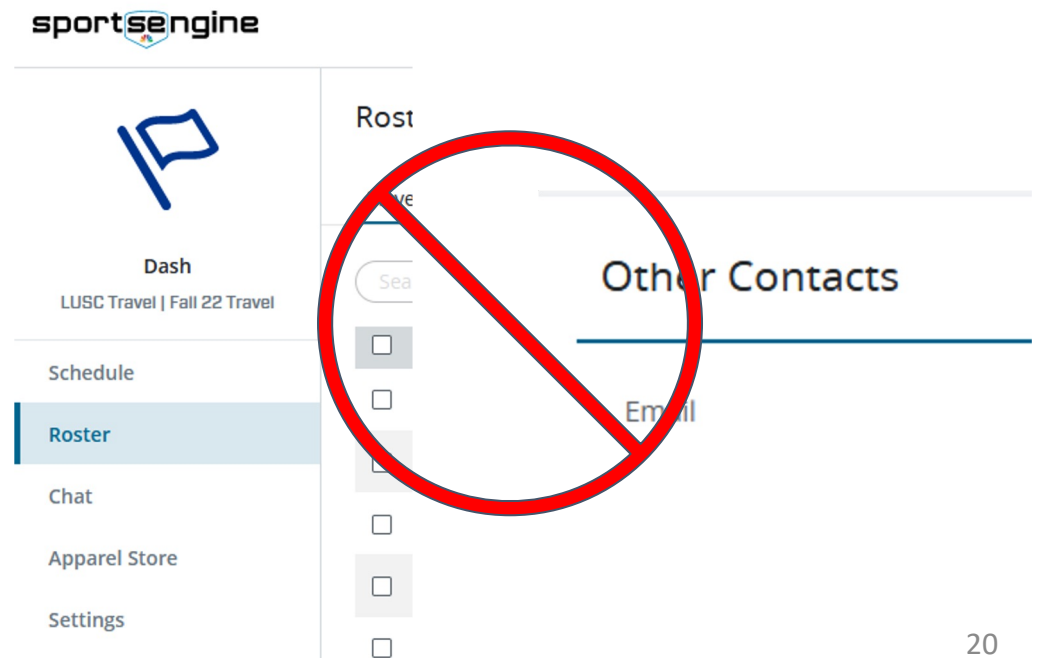
Do

Add a guardian to player profile.
See "Add a guardian" topics in [Help Guide](#).



Don't

Add "Other Contacts" in
My SportsEngine roster.





Equipment Update

- General
 - Goalie gloves may be requested (Coach manages sharing/cleaning)
 - Equipment bag and contents to be handled by coach only
 - No equipment available from Diamond trailer (access by staff only)
- Equipment bags
 - Coaches keep equipment bag at the end of the season or pass on to the DD if they will no longer be coaching (DD pass to new team or head coach)
 - Unused equipment will be re-used or recycled (contact Equipment Coordinator or drop off at Diamond on Saturday morning during the season)



Equipment Update

- Coaches meeting: DDs distribute equipment for the season
 - Game ball
 - Travel uniform kits/T-shirts sets for in-town G3/4
 - Coaching manuals (rising coaches and new coaches)
 - New equipment bags (for new coaches and G3/4 coaches)
 - Ice packs (4 per team)
 - Requests before the pick-up date for any items listed below
 - Coach T-shirt (size S , M, L, XL, 2XL, 3XL) - available at Diamond on Saturday mornings during the season.
 - Pinnies - 12 of the same color
- Email Equipment Coordinator requests during the season – wait for confirmation and pick up instructions:
 - Ball pump and/or needles
 - Medical kit
 - Replacement game ball
 - Goalie gloves, cones, ice packs
- Contact Registrar for reversible pinnies or travel uniform orders



Uniform Update

Reminder:

We are moving to new uniforms in the Spring 2023 Season

- We announced this during registration for the Fall so families would not buy new uniforms if they could squeeze one more year out of their old uniform
- New uniforms will be from UNDER ARMOUR, through our relationship with TRICON SPORTS.
- The Process for Ordering new uniforms will change slightly, more details to come
- Features to include new design, breathable materials, boys and girls styles



Goals Update

- See something



- Say something



goals@lexingtonunited.org



Referee Update

Christianne Mager

Ref-Assignor@LexingtonUnited.org / (617) 642-0393

Bob Licht

Ref-Mentor@LexingtonUnited.org / (617) 721-9658

- Our Referees are part of the LUSC “team” (like players and coaches) and are getting developed. You are not magically becoming a professional level referee overnight.
- Referees can only practice their skills during real games
- There is a serious referee shortage, and we can not afford to lose referees
- Please make yourself familiar with the substitution rules and have your players ready at the halfway line
- If you feel like the referee made a mistake, DO NOT discuss it with the referee during or after the game, but reach out to Bob and / or myself and we will discuss this with that referee, but also try to have all referees learn from these situations.
- Please let us know if you see any hostility towards referees, so we can check in with them.
- Remember, most of our referees are children. They could be your child, maybe one day it will be your child. **BE KIND**, they are trying their BEST!



Referee Update

- [BAYS Zero Tolerance Policy](#)

All individuals responsible for a team and all spectators shall support the referee. Failure to do so will undermine the referee's authority and has the potential of creating a hostile environment for the players, the referee, and all the other participants and spectators.

1. **No one, except the players, is to speak to the referee during or after the game.**
Exceptions: Coaches may ask questions before the game, call for substitutions and point out emergencies during the game, or respond to the referee if addressed.
2. Absolutely no disputing calls, during or after the game, no remarks to the referee to watch certain players or attend to rough play. **NO YELLING at the referee, EVER**, and no criticism, sarcasm, harassment, intimidation, or feedback of any kind during or after the game.
3. Violators may be ejected and are subject to disciplinary action by the BAYS Sportsmanship Review Committee
4. If coaches would like to provide feedback to or about the referee, AFTER the game, log into the BAYS site and under MyBAYS should be an option to give "Game Feedback" with a form that goes directly to the home Ref Assignor and the Club President.
5. If spectators have questions regarding particular calls, rules, or a referee, or wish to give feedback regarding a referee, please contact the town soccer club referee assignor for the game in question.

Christianne Mager, Ref-Assignor@LexingtonUnited.org or (617) 642-0393



COVID Update

- Mass Youth Soccer will be pulling back on COVID protocols for outdoor soccer activities
 - Will update our protocols and website once they announce the details, and communicate out
- Masks may be worn at the discretion of the player/parent and all LUSC participants should continue to be supportive of those who choose this
- Please continue to work with parents in real time to address player participation if they are showing signs of illness
- CDC and/or school guidance should be followed for return to play after having COVID

COVID Safety Officer for LUSC:

Stacey Hamilton, LUSC Past President

safety@lexingtonunited.org or 617-817-7759 (cell)



“Be a Team”

By
Brendan Donahue
Lexington United
Director of Coaching
August 31 2022



Lexington United Soccer Club

To develop lifelong soccer players among Lexington youth.

- To have fun playing
- To build friendships
- To instill the values of sportsmanship and fair play
- To be active and healthy
- To acquire new soccer skills
- To learn to deal with both success and failure

**What are we
trying to
accomplish here?**



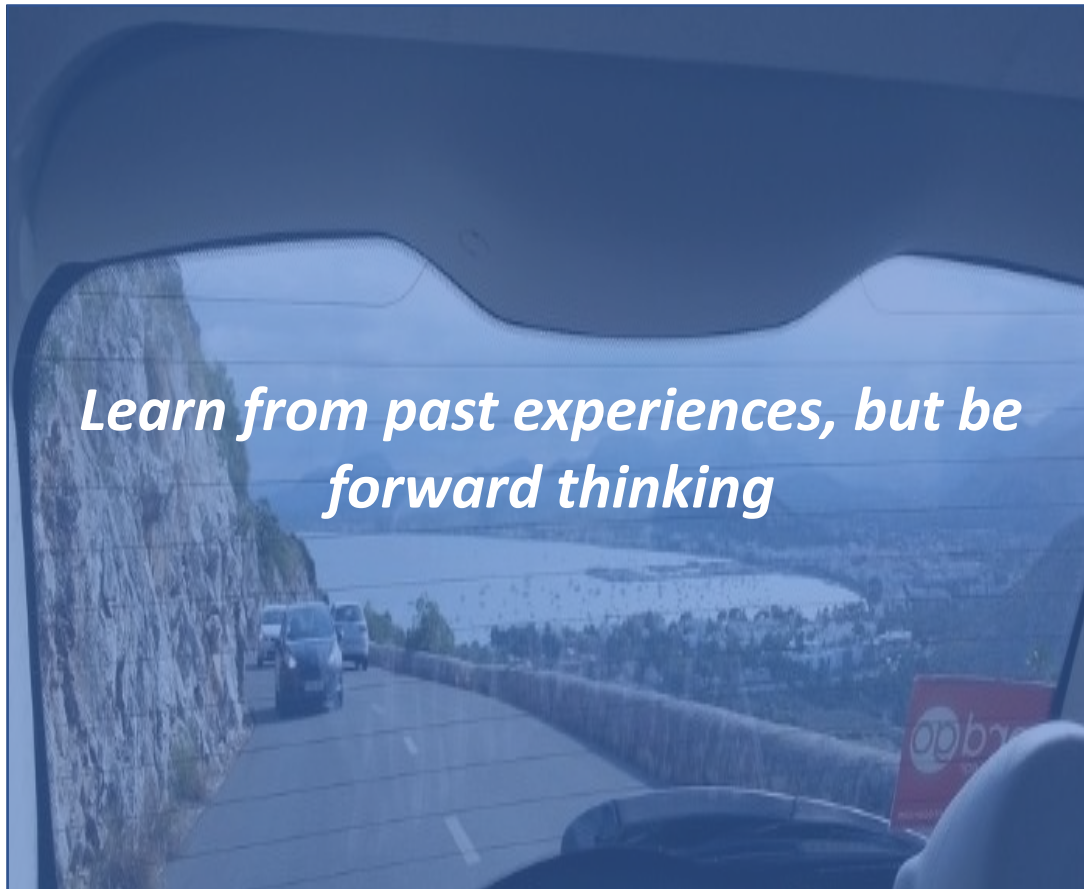
The Starting Point

You have to ask one fundamental question: who is in front of me?
- Kris Van Der Haegen





Paint the Canvas





Top 5 Qualities Children Want in Their Coach

- 1. Respect and encouragement**
- 2. A positive role model**
- 3. Clear, consistent communication**
- 4. Knowledge of the sport**
- 5. A good listener**

A. Visek- George Washington Study

Only 1 out of 5 is sport specific





Culture



Values

THE ENVIRONMENT

This is the way we do things here

Non-Negotiables

1 or 2 (maximum 3)

GETTY IMAGES



The Cycle

The Game

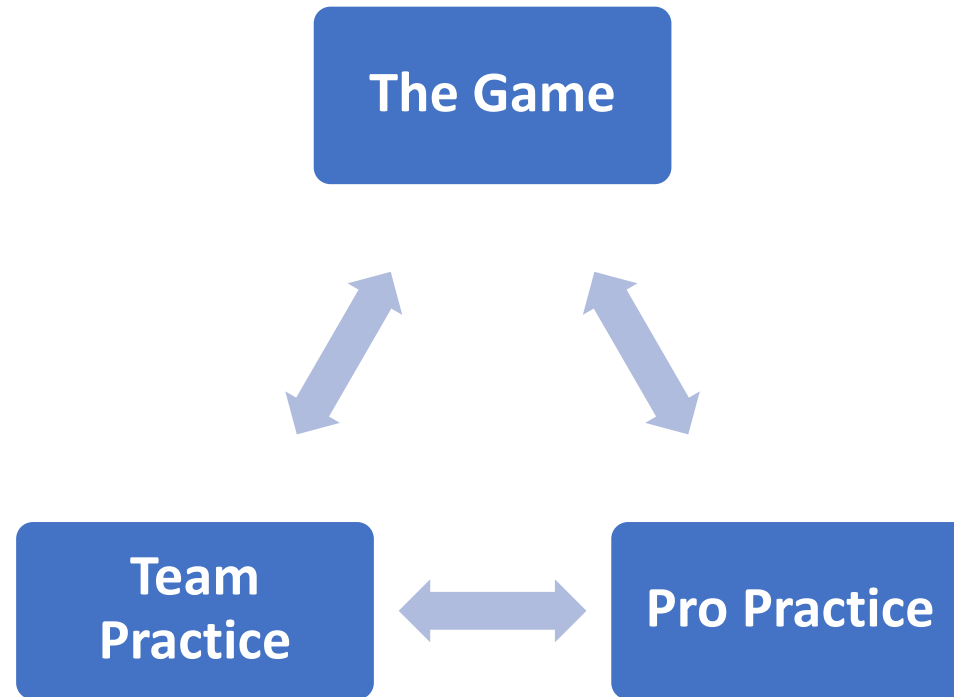
Focus on Performance not outcomes

Two questions to consider

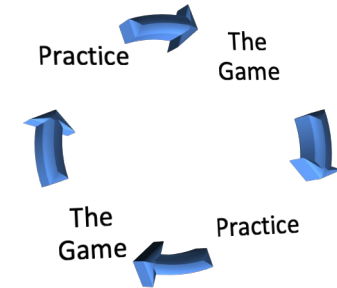
1. What has taken place?
2. What do we need to work on?

Team Practice Goals

- Improve overall performance through extended directional play
- Set Priorities!



The Loop



Pro Practice Goals

- Long Term Development
- Establish Age-Appropriate Foundational Skills
- 3 Week Block Curriculum



Lopsided Score Scenario

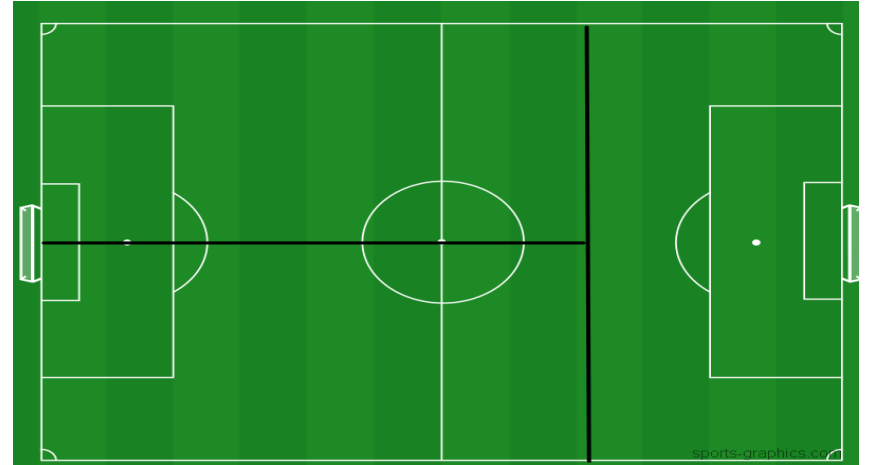
Rule to live by:
Don't embarrass your opponent!

DOC's preference:

Don't place false restrictions but find ways to
make the game worthwhile.

Ex.

Drop Off and Counter
Must Change Point of Attack



E + R = O

"I DO NOT CONTROL
EVENTS. I DO CONTROL
MY RESPONSE."



Coaching Roles

Head Coach

- **Final Decision Maker**
- Responsible for Communication to Team/Families
- **Lead Training or Delegate?**
- Game Management

Assistant Coach('s)

- Sounding board for HC
- **Provide HC honest feedback**
- **Support HC decisions (unified voice w/team & parents)**
- Position Specialist?
- Ghost Coach (Advanced)

Game Day

- Establish Pre-Game Roles
- Substitutions & Rotations
- In Game Roles

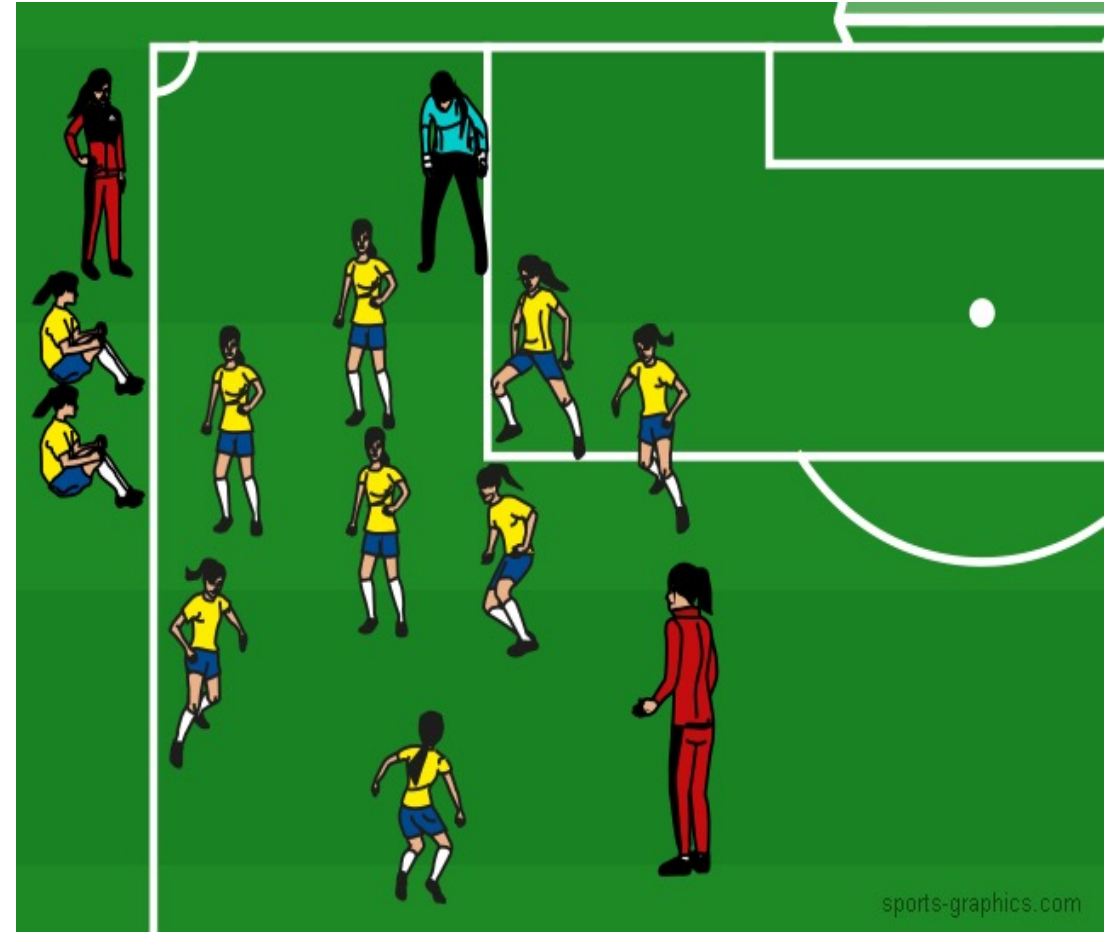




Pregame

Logistics to Consider:

- **Establish a standard arrival time**
- Know who is or isn't available prior to showing up at the field
- Know your starting line-up in advance of arriving at the field
- **Don't wait until the last minute to announce the team**
- Emphasize 2 or 3 goals for the match when you announce the team
- Make sure you have any necessary equipment and paperwork on hand (whose responsibility? HC, AC, Manager?)





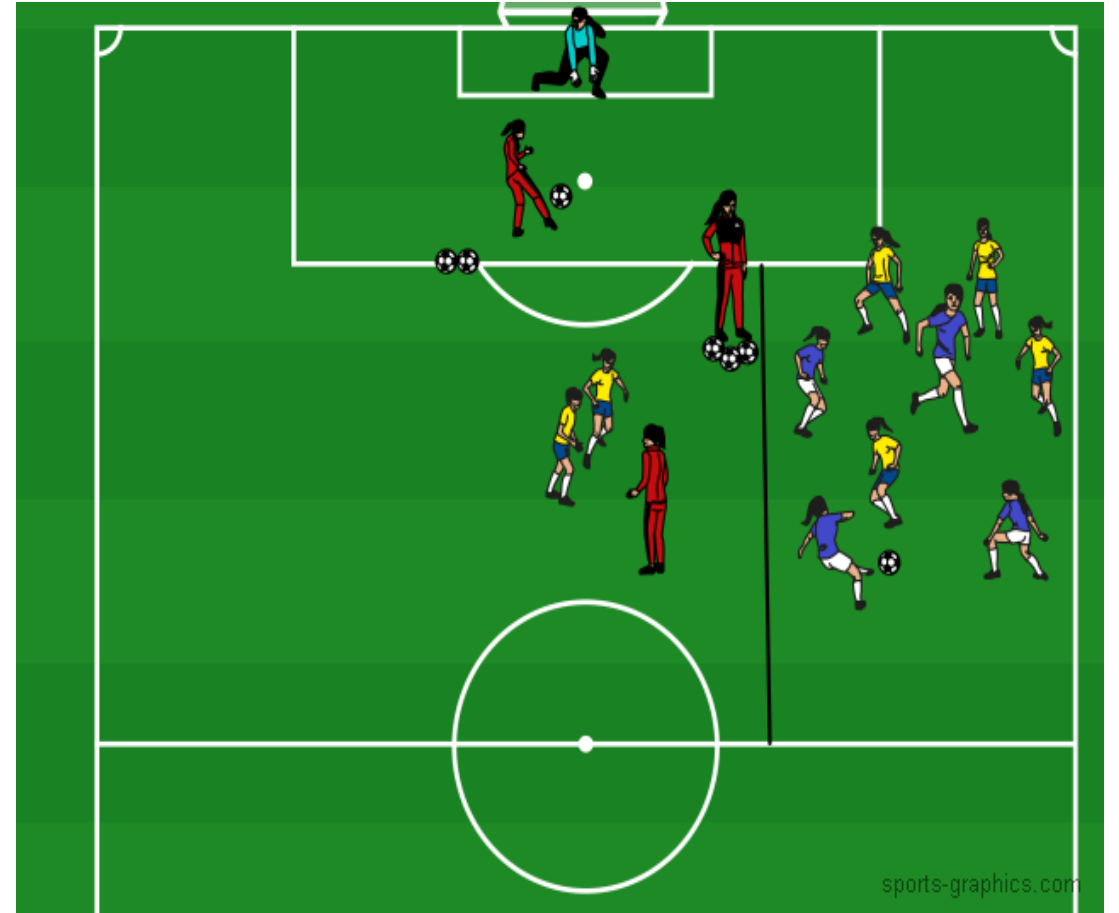
Pregame Coaching Roles

The Warm-up:

- Create a consistent routine
- Choose two or three activities that maximize touches and movement
- Attempt to engage the players both physically and mentally (have a brief word with each player individually)
- Utilize your assistant to warm-up the Goalkeeper

BE CONSISTENT!

DO NOT try new things. This often creates confusion with the players and frustration for the coach.



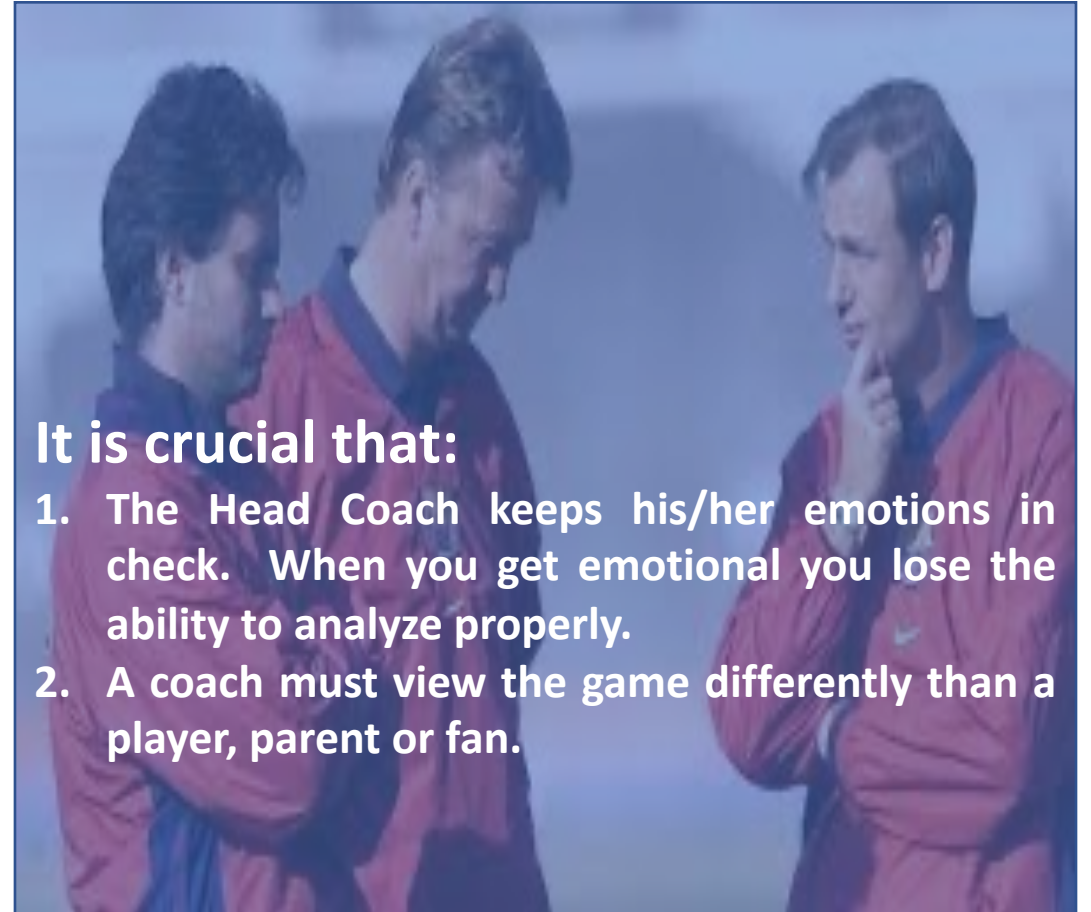


In Game Coaching Roles

Define & Share Responsibilities

Who does what?

- Observe how your team is playing
- Observe how the opponent is playing
- Observe the distance between your Goalkeeper and the backline
- Observe the distance between your CMF and the backline
- Manage the bench
- Substitutions
- In game feedback



It is crucial that:

1. The Head Coach keeps his/her emotions in check. When you get emotional you lose the ability to analyze properly.
2. A coach must view the game differently than a player, parent or fan.



Coaching Tip- Observe the Weakside

Starting Position

Post Shift





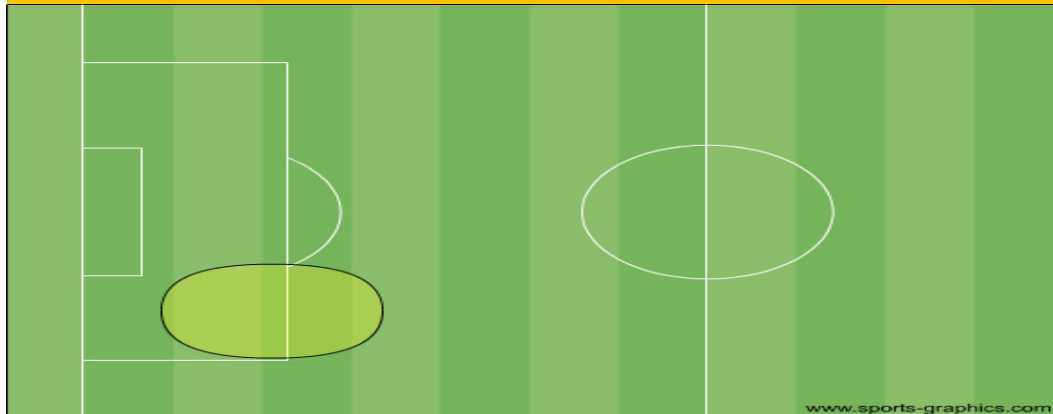
Halftime

Stage 1:

- Allow players a moment to rest and recover
- Connect with your staff to get on the same page

Stage 2:

- Limit your commentary with the team to 2 or 3 major points
- Be honest
- Refocus/re-energize the team for the 2nd half





Halftime Goals

- **The goal of every halftime should be to improve the performance of the team for the 2nd half.**
- **Can you, as the coach, be a difference maker?**
- **Not only identify problems and why they are happening, but also offer potential solutions to these problems.**
- **Having a consistent, repetitive approach is healthy.**
- **You may need to change your demeanor from time to time to generate a response from the players but having a measured approach will lead to more sustained performance over the course of a season.**



Postgame



Doug Lemov's 3 Tips for Youth Sports Postgame 3 minute maximum!

1. Steady the Player's Emotions
2. Offer 1 or 2 Insights for reflection
3. Give the players a question or topic to discuss at the start of the next practice





Feedback

When do athletes receive it?

- During Training
- During a Match
- During a Stoppage
- During the Run of Play
- At the Half
- On the Way to the Game
- On the Way Home from the Game

Constantly!

Remove “No”, “But” and “However” from the vocabulary

Key Considerations

- What we do constantly, we often do with the least reflection
- Description of the problem and desired outcomes are often true, but useless. Feedback needs to help the players bridge the gap
- Slowing down the flow of feedback can actually speed up the rate at which an athlete learns (less is more)



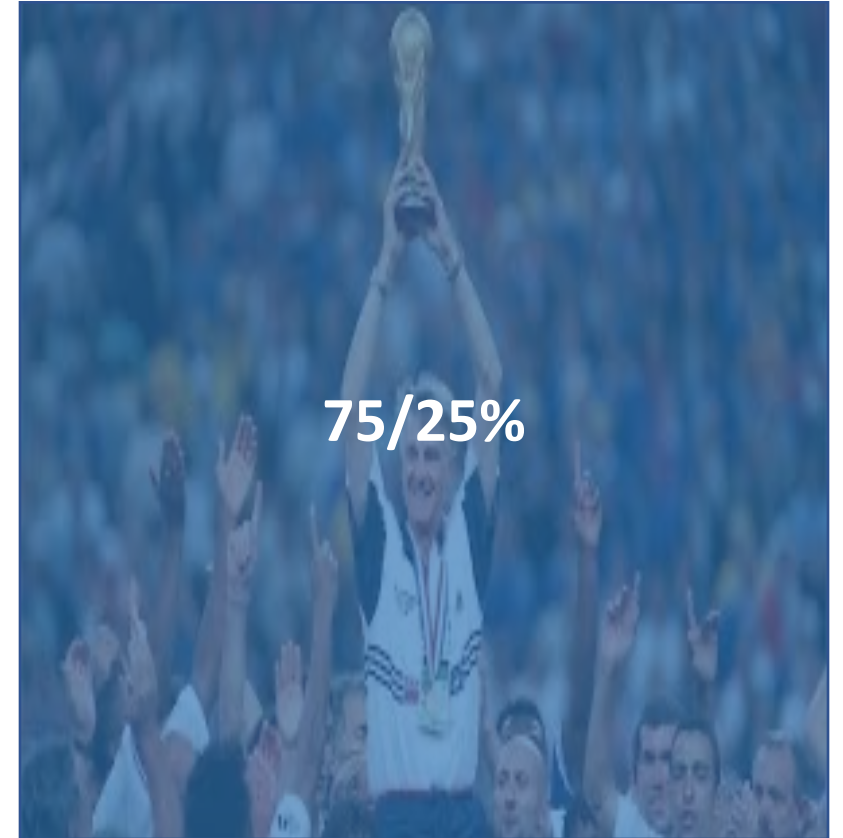
Team Practice Considerations

Ask yourself:

What do I want to accomplish today?

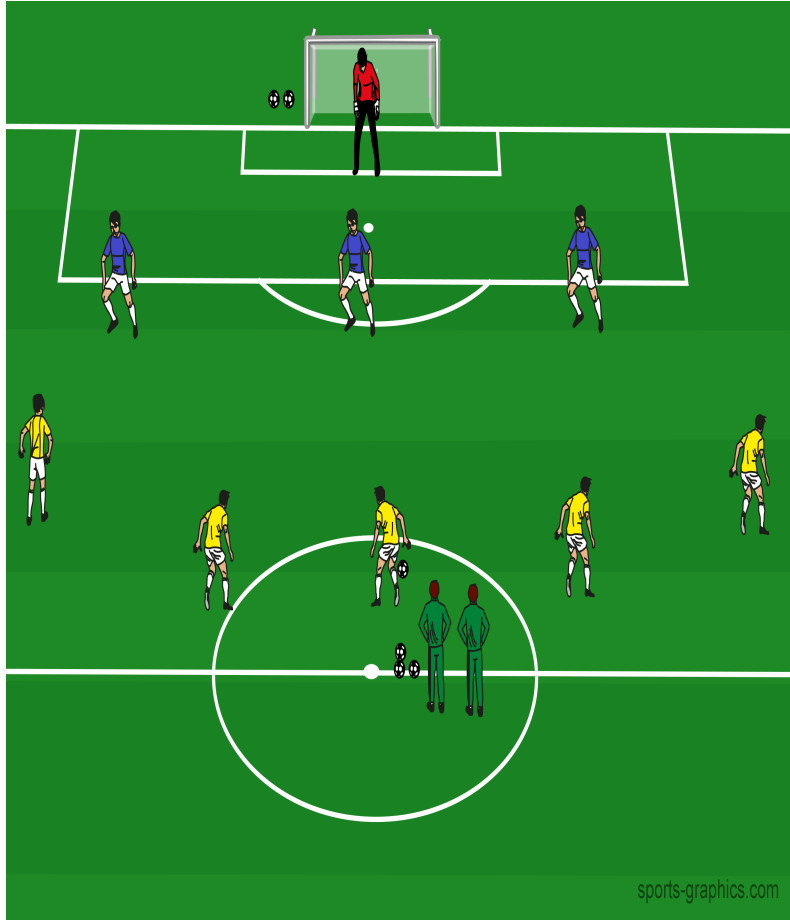
1. Set priorities and choose a topic
2. Progress simple to complex
3. Make it directional
4. Allow for extended play

Structured, but messy

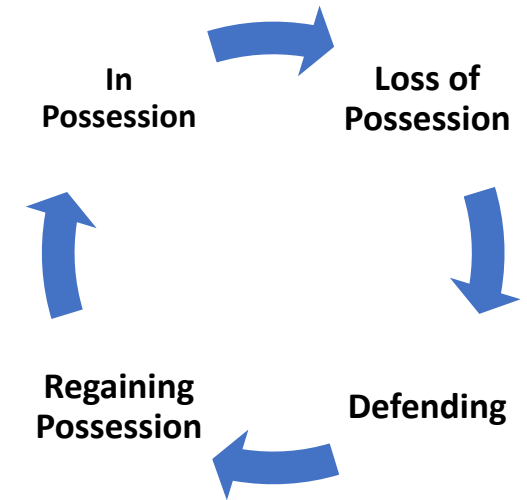




“Is it real to the game?”



Moments of the Game



Add a Counter!



Planning Resource

Not secure | lexingtonunited.org/u12-exercises/

U11/U12 Exercises

PASSING/RECEIVING

WARM UP

- [Passing with Receiver Reaction](#)
- [German Box](#)
- [Inside the Foot: Hit the Disc](#)
- [Passing in Pairs with Basic Movements](#)

1st ACTIVITY

- [Teaching Hard Passes](#)
- [Dick Bate Passing Square](#)
- [Chain Passing](#)

SHOOTING/EXERCISES TO GOAL

WARM UP

- [Striking the Ball in 3's](#)
- [Ray Reid Shooting Rotation](#)
- [Introduction to Passing on the Move](#)

1st ACTIVITY

- [Shot Followed by 1v1](#)
- [Shot from Distance Followed by 1v1](#)
- [Shot from Distance Followed by 1v1 \(U12+\)](#)

2nd ACTIVITY

COACHES

VOLUNTEER COACHES EDUCATION PATHWAY

COACH BLOG

- [FEATURED ARTICLES](#)
- [COACHING TIPS](#)
- [SOCCER PHILOSOPHY](#)
- [VIDEOS](#)

EQUIPMENT

EXERCISES

- [HOW TO BUILD A PRACTICE PLAN](#)
- [U9/U10 EXERCISES](#)
- [U11/U12 EXERCISES](#)



Final Thought- Excellence

Do the best you can, with what you have, in the present moment.

- *Mark Bennett, former UK Special Forces, Master Coach*



Q&A

Thank You



Developing lifelong soccer players among Lexington youth