

**Coaching Soccer:** The Official Coaching Book of the Dutch Soccer Association  
-Bert van Lingen

This is a fantastic book for coaches at every level. The Dutch Soccer Association (KNVB) believes in teaching players the game through match like situations. Coaching Soccer does a tremendous job of explaining how youth players progress through the Dutch system and what qualities they hope to instill in their players.

Some of the chapters are:

Coaching Young Players

Reading the Game

4v4- Better Soccer, More Fun

Why 7 vs 7?

Goalkeeper Training- Frans Hoek

Conditioning is Soccer Training, Soccer Training is Conditioning

Coaching Soccer is filled with practical and easy to follow exercises/diagrams any coach can use when planning their training session. There are helpful hints on what a coach should look for in certain situations “reading the game”, while at the same time putting the players in a practice environment that they can make decisions on their own. An underlying philosophy of the KNVB staff is that players learn by doing and the coaches’ job is to provide the best learning environment possible.

“The main purpose of a training session is to teach players. The learning process is characterized by repetition. As the players learn to recognize, deal with and recall certain recurrent situations (which are closely related to situations which occur in real matches), they find it easier to make the right decision in subsequent situations.”

This book provides great examples and insight into how we, as coaches, can maximize the limited time we have with our players.

Highly recommend.

Available at Cary Memorial Library

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