

Success in Soccer: Fun and Games Volume 1

Basic Training Ages 6 to 10

Success in Soccer is a publication that works in conjunction with the German Soccer Association.

This video is correctly advertised for the ages of 6 to 10, but is a very valuable tool for coaches within this age bracket.

The Principles of the Video are:

- Learn By Playing Soccer
- The Ball is the focus of training
- Everyone can join in
- Practice should be Fun
- Coach is able to Motivate & Inspire

The Building Blocks for Player Development:

A. Ball Skills and Coordination

1. Free dribble, Change of directions, using different surfaces of the foot
2. Tag Games
3. Juggling

B. Technique Training

1. Passing Competitions
2. Slalom Dribbling w/ Shot
3. Receiving with various surfaces

C. Small Sided Games

1. 1v1
2. 2v2
3. 3v1
4. 3v3

D. The Game

1. 4v4
2. 7v7 Introduction (Very Brief)

Highly Recommend: This video is easy to follow and a very good resource for young coaches.

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