



LUSC Coaches Meeting

Spring 2024 Season
3rd-8th In-Town and Travel Programs
March 27, 2024





Agenda – 3rd-8th Grade Programs

Time	Topic	Presenter
7:30 – 7:40	Welcome to the Spring 2024 Soccer Season!	Surya Singh, President
7:40 – 7:45	Registrar Update	Angel Portella, Registrar
7:45 – 7:50	Equipment Update	Allison Clark, Equipment Coordinator
7:50 – 8:05	Field and Schedule Update	Liz Bettencourt, Schedules (Practices) Tara Mathur, Schedules (Games)
8:05 – 8:10	Goals Update	Luis Melendez, Goals Coordinator
8:10 – 8:20	Referee Update	Christianne Mager, Referee Coordinator Bob Licht, Referee Mentor
8:20 – 8:50	Travel Program – DOC Presentation	Brendan Donahue, Director of Coaching



Welcome to the Spring 2024 Season!

Thank you for being here!

Our Mission

*To develop lifelong soccer players among
Lexington youth*



Opening Comments

My personal passion ... the answer to “why?”

Criticality of Teamwork



Competition drives continuous improvement



Activity → Fitness → Public Health

**GOOD
HEALTH IS
PUBLIC
HEALTH.**



Your Support Network – LUSC Board

LUSC BOARD MEMBERS		
President	Surya Singh	president@lexingtonunited.org
VP Programs	Jon Trementozi	Jon.trementozi@gmail.com
VP Marketing	Kathryn Ready	kathrynwil26@hotmail.com
VP Admin	Serena Hadsell	hadsell22@gmail.com
VP Logistics	Sean Kennedy	vp-logistics@lexingtonunited.org
VP Registration	Dave Parsons	vp-registration@lexingtonunited.org
Treasurer	Patrick Farrell	treasurer@lexingtonunited.org
Clerk	Jen Cunliffe	jencunliffe@gmail.com
Past President/Safety Officer	John Andrews	jandrews721@gmail.com
General Members	Cameron Moody	Cameron_stuver_moody@yahoo.com
	Phil Porter	philip@porterbuild.com
	Chuck Alexander	seegeealex70@gmail.com
	Hannah Mamuszka	hmamuszka@gmail.com
	Aradhana Kuhn	aradhana.bhargava@gmail.com
	Ben Myers	benmyrs@gmail.com



Your Support Network – Division Directors

3rd-8th GRADE DIVISION DIRECTORS

Boys Grade 3	Aradhana Kuhn	aradhana.bhargava@gmail.com
Boys Grade 4	Jeff Bettencourt	Jeff.Bettencourt@ovitas.com
Boys Grade 5	Jon Trementozzi	Jon.trementozzi@gmail.com
Boys Grade 6	Hannah Mamuszka	hmamuszka@gmail.com
Boys Grades 7 & 8	Sam Agresta Mike Cramer	svja1072@gmail.com mvcramer@gmail.com
Girls Grade 3	Katie Gayman Heather Baker Nielsen	katiegayman@gmail.com heather.baker.nielsen@gmail.com
Girls Grade 4	Ben Myers	benmyrs@gmail.com
Girls Grade 5	Phillipe Schenk	schenkpt@gmail.com
Girls Grade 6	Chris Walsh	cpwalsh70@gmail.com
Girls Grade 7 & 8	Lizbie Porter Andrew Kvaal	lizbie20@yahoo.com andrew.kvaal@gmail.com



Your Support Network – Staff / Volunteers

LUSC Staff and Volunteers	
Director of Coaching	Brendan Donahue
Asst Dir. of Coaching	Tom Heimreid
Registrar	Angel Portella
Schedules: Games	Tara Mathur
Schedules: Practices	Liz Bettencourt
Fields Coordinator	Mona Potter
Equipment – Goals	Luis Melendez, Michael Kayser
Equipment – Coaching	Allison Clark
Referee Coordinator	Christianne Mager
Head Referee Mentor	Bob Licht
Referee Mentor	Rick Tyson
Technology Coordinator	Chuck Alexander
BAYS Representative	John Andrews
TOPS Program	Paul Clough
Mentor Program	Phil Porter



Technology Overview

Registration Management System

The screenshot shows the AdminSports Admin Portal for Lexington United Soccer Club. The header includes the AdminSports logo and the club name. A sidebar on the left contains navigation menus for Club Info, Club Admin, and Financial Reports. The main content area features the club logo and a message stating that the club has partnered with AdminSports for registration and administration services. At the bottom, there are two buttons: 'Login' for returning users and 'Create an Account' for first-time users.

Team Management System

The screenshot shows the teamsSNAP Roster for the Lancers BAYS Boys 5th Grade team. The header includes the team name, league information, and the teamsSNAP logo. A navigation bar contains icons for Home, Roster, Schedule, Availability, Tracking, Invoicing, Statistics, and Assignments. Below the navigation bar, there is a 'Roster' section with an 'Add' button, a search filter, and a 'Clear' button. The roster table lists players with their names and contact information.

Name	Contact Info	# / Position
Alexander Montgomery	Andrew Montgomery amontyboson@hotmail.com (781) 652-9567 Andrew Montgomery amontyboson@hotmail.com (781) 652-9567 - Cell Beverly Montgomery beverlyjmontgomery@hotmail.com	
Atticus Colon	Jade DO odedaj@gmail.com (781) 964-5904 Jade DO odedaj@gmail.com (781) 964-5904 - Cell	



A Volunteer Opportunity: Clea / Gear Exchange

For example:

The screenshot shows the website for Southeast Soccer Club. At the top left is the club's logo, which includes the SESC and Portland Southeast United emblems. To the right of the logo is the club name 'Southeast Soccer Club' and the tagline 'One of Portland Oregon's Oldest and Largest Soccer Clubs'. A 'Registration' button is located in the top right corner. Below the header is a dark navigation bar with a home icon, a search icon, and menu items: RECREATION, COMPETITIVE, CLUB, COACHING, PARENTS (highlighted), STORE, and SOCCER CAMPS. Below the navigation bar, there are tabs for 'Parents' and 'Scholarships'. The main content area features an article titled 'Gear Exchange' dated February 27, 2022. The article text reads: 'SESC gear swap! Check this inventory spreadsheet first for available items. If you'd like to exchange/ pick-up/ drop off any gear, text the contact number listed in the link.' Below the text is a button labeled 'Gear Exchange Spreadsheet'. At the bottom of the article, it says: 'Please update the google spreadsheet when you take and/or leave any gear so the inventory stays current and accurate.' On the right side of the page, there is a 'Popular Resources' section with links to 'Competitive Tryouts Schedule', 'Where to Buy Uniforms', 'Mighty Mites (K-1st)', 'Recreation Registration', 'Competitive Tryouts', 'Codes of Conduct', and 'Register'. Below this is a 'News' section with a search bar.



The LUSC Store



Lexington United Soccer Club

Search this website



LUSC STORE

ABOUT LUSC

TEAM PROGRAMS

CLINICS

FAMILIES

COACHES

REFEREES

FIELDS

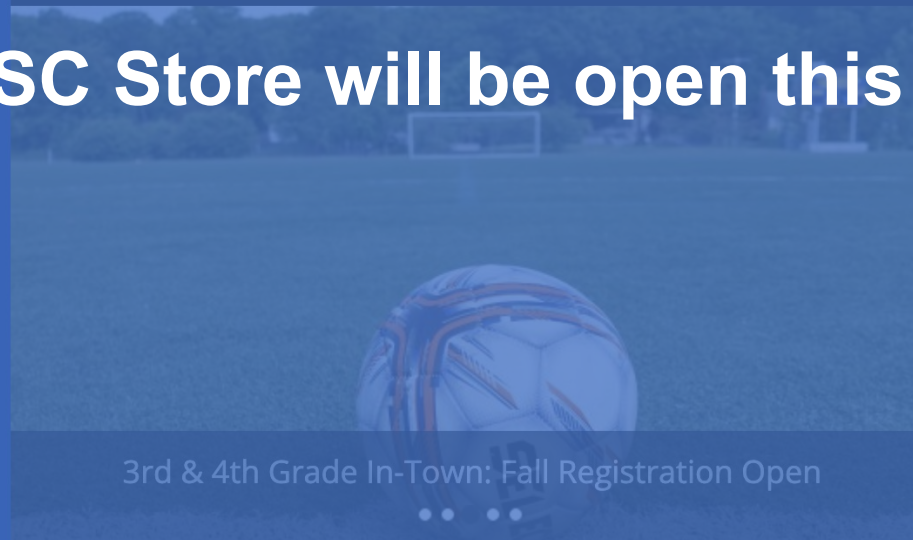
Developing lifelong soccer players among Lexington youth

FIELDS

UPDATED WEDS JUNE 7

CENTER TRACK FIELD	OPEN
LINCOLN FIELDS	OPEN
ADAMS	OPEN
CLARKE	OPEN
DIAMOND	OPEN
ESTABROOK	OPEN
HARRINGTON 1	OPEN
HARRINGTON 2	OPEN
LCA	OPEN
MUZZEY	OPEN

LATEST NEWS



3rd & 4th Grade In-Town: Fall Registration Open

SCHEDULES

Fall 2023 Weekdays (coming soon)

Fall 2023 Saturdays

Fall 2023 Sundays

LUSC CODES OF CONDUCT

Parents & Caregivers

Coaches

Players

The LUSC Store will be open this Spring:



MYSA Registration Information

All Coaches need a MYSA Credential

- **Thank you for coaching!**
- Register with MYSA every soccer year (begins in fall)
 - Current, headshot-style photo
 - CORI and national background checks
 - SafeSport training, initial or refresher course
 - Concussion training, or upload a current certificate
 - CORI verification (one time)
- Passwords **MUST** be 7 or 8 characters and include one uppercase letter and one number.
- Use the same (legal) name and email for all accounts (MYSA, SafeSport, and Concussion).
- Download your training certificates.
- MYSA has good resources.
- **REMINDER:** Wear your credential! BAYS reminding everyone and refs will be checking.



MYSA Registration Information

Certificates Tab, Links to Trainings

Personal Info Applications Details **Certificates** Teams Events Referee Schedules

GET SAFESPORT UPDATES

Certificates

If you have available certificates, click on the image to upload or view a file.

If you are under the age of 18, parents should check with your organizations Risk Manager on requirements.

SafeSport Training:

New user: Make sure to create your SafeSport account with the same first and last name and email address listed in this adult registration account; this is to ensure auto verification for this training requirement in your adult registration account.

No need to upload your certificate of completion; although, it is advised that you save it to your computer as auto-approval/verification may fail.

Your account should be automatically updated to show your completed training within 24 hours.

If auto verification failed and you took the training in 2021 for the 2021-2022 registration year, you can upload that Certificate of Completion for your organization's Risk Manager to approve/verify.

If you already have a SafeSport account, click on the enrollment key below and Login to SafeSport.
New training site may require a password change for a returning user.

To take the **SafeSport Abuse Prevention Core or Refresher training**, click on the **SafeSport Training Enrollment Key Link**:
<https://safesporttrained.org/?KeyName=tsVWw36Xa6PS3b5NzOug>

Concussion training is through the Centers for Disease Control (CDC) or U.S. Soccer Learning Center - Concussion Training Information:

CDC - Concussion training is being administered in a new system called CDC TRAIN; all adults that registered prior to March 1st, 2020, will need to establish a new account with a new login and password to access the HEADS UP Youth Sports Training.

The link below will show you how to create an account through CDC Train and provide you with the link to take the training or, if you have an active account you can login.

Once training is completed, you are required to return to this Certificate tab and upload the CDC Certificate of Completion.

If training was completed June 1st, 2020 or later, you are approved for the Fall 2021 - Spring 2022 registration year.

[https://www.mayouthsoccer.org/assets/61/6/create_an_account_cdc_train_headsup_machusetts_\(002\).pdf](https://www.mayouthsoccer.org/assets/61/6/create_an_account_cdc_train_headsup_machusetts_(002).pdf)

U.S. Soccer Learning Center: [U.S. Soccer Learning Center Concussion Training - How to Create an Account](#) - Detailed instructions on how to register in the U.S. Soccer Learning Center and complete their Concussion Course ("Introduction to Safe and Healthy Playing Environments")

NOTE: If your SafeSport, concussion, or CORI Verification show as Verified (you see a check mark), no action is needed from you for this registration year.



MYSA Resources

MYSA Resources

- **New Coach:**
[https://www.mayouthsoccer.org/assets/61/6/adult_registration_-_new_user_help_guide_07.2022_\(1\).pdf](https://www.mayouthsoccer.org/assets/61/6/adult_registration_-_new_user_help_guide_07.2022_(1).pdf)
- **Returning Coach:**
https://www.mayouthsoccer.org/assets/61/6/adult_registration_-_returning_user_help_guide_07.2022.pdf
- **Registered, Incomplete Training:**
https://www.mayouthsoccer.org/assets/61/6/how_to_verify_reg_-_find_trainin_linksdocx-print_cori_acknowledgement_form.pdf
- **Registration Checklist:**
https://www.mayouthsoccer.org/assets/61/6/adult_registration_-_checklist_2022.pdf

Here are some helpful video tutorials:

https://www.youtube.com/playlist?list=PL5qDX1oKtQ4XpE76yjVXkxM_2COySA3KQ

If you are having trouble with the training videos, or uploading your documents, please contact Safesport by clicking the link below:

<https://safesport.atlassian.net/servicedesk/customer/portal/4/group/9/create/32>



Equipment Update

- General

- Goalie gloves may be requested (Coach manages sharing/cleaning)
- Equipment bag and contents to be handled by coach only
- No equipment available from Diamond trailer

- Equipment bags

- Coaches keep equipment bag at the end of the season or pass on to the DD if they will no longer be coaching (DD pass to new team or head coach)
- Unused equipment will be re-used or recycled (contact Equipment Coordinator or drop off at Diamond on Saturday morning during the season)



Equipment Update

- Coaches meeting: DDs distribute equipment for the season
 - Game ball
 - Ice packs (4 per team)
 - Travel uniform kits/T-shirts sets for in-town G3/4
 - Coaching manuals (new coaches)
 - New equipment bags (for new coaches and G3 travel teams)
 - Coach T-shirt (size S , M, L, XL, 2XL, 3XL) - available at Diamond on Saturday mornings in-season
- Let your Division Director know of any equipment needs during the season:
 - Ball pump and/or needles
 - Medical kit
 - Replacement game ball
 - Goalie gloves, cones, ice packs
- Contact Registrar for reversible pinnies or travel uniform orders



Fields and Schedules Volunteers

LUSC Role

LUSC Volunteer

Game Schedule (Weekends)

Tara Mathur

Practice Schedule (Weekdays)

Liz Bettencourt

Fields Coordinator

Mona Potter

Questions? Find us on the “Contact Us” page of the LUSC website



Where can I find my team's schedule?

- **Game schedules** are on BAYS.com
- **Practice schedules** are on the “Weekdays” spreadsheet linked on the LUSC homepage under SCHEDULES

Practices start Tuesday, April 1st

Games start Saturday, April 6th



SCHEDULES

Spring 2023 Weekdays

Spring 2023 Saturdays

Spring 2023 Sundays



Fields used by LUSC

We do our best to schedule games on turf, but sometimes games have to be on grass due to field availability.

Turf fields

- Lincoln 1, 2, 3; and Center Track Field
- L2 and CTF have (automatic) lights

Grass fields

- Clarke, Harrington, Estabrook and Adams





The weather looks iffy. How do I know whether my field is open?

Check the LUSC homepage - it always has the most up-to-date info!

Updated by 2pm on weekdays / 7am weekends

Fields typically stay open in rain but close if there's lightning, or if a grass field is waterlogged.

- We do our best to email coaches affected by field closings
- We sometimes need to move things around – please be patient 😊

FIELDS	
UPDATED TUES AUG 30 12PM	
CENTER TRACK FIELD	OPEN
LINCOLN FIELDS	OPEN
ADAMS	OPEN
CLARKE	OPEN
DIAMOND	OPEN
ESTABROOK	OPEN
HARRINGTON 1	OPEN
HARRINGTON 2	OPEN
LCA	OPEN
MUZZEY	OPEN



The Practice Schedule

- Some weeks your regular practice field may be unavailable (eg due to LHS use). These dates are listed in **red** on the schedule →
- If your practice has a conflict, we will email you to suggest an alternate field

If another team needs to join you on a field, please be flexible!

FRIDAY	Lincoln 1 (TURF)	Lincoln 2 (TURF, LIGHTS)
	4.00 - 4.30pm	n/a
4.30 - 5.00pm	n/a	n/a
5.00 - 5.30pm	n/a	n/a
5.30 - 6.00pm	n/a	N/A 4/29, 5/13, 5/27 G6 Andrews G6 Shalabi B5 Agresta B6 Brandon
6.00 - 6.30pm	n/a	N/A 5/13, 5/27 G6 Andrews G6 Shalabi B5 Agresta B6 Brandon
6.30 - 7.00pm	n/a	N/A 5/13, 5/27 G6 Andrews G6 Shalabi B5 Agresta B6 Brandon



Golden Rules for Game Cancellling

1. **We generally only cancel a game if we absolutely must** (eg not enough players on a holiday weekend).
2. **The home coach is responsible for communicating that the game is cancelled.** To cancel a home game you must notify schedules@lexingtonunited.org; we will then cancel the game on BAYS and notify the ref.
3. **Cancel no later than Thursday 7pm,** otherwise clubs will be fined by BAYS.



How to Reschedule Games

Everything you need to know is on the **Rainouts & Reschedules page of the LUSC website!** <https://lexingtonunited.org/schedules/rainouts-reschedules/>

Rainouts & Reschedules

How to Cancel a Home Game

The home coach is responsible for cancelling the game, even if the away coach requests the cancellation. Please cancel as soon as you know you will not play the game, so we can notify referees.

1. [Click here](#) to email the Field Scheduler and Referee Coordinator to cancel your game. Please include original game date and time, coach name & division.
2. You will receive an email from BAYS confirming the cancellation.

How to Reschedule a Home Game

1. Check the [schedules](#) on the LUSC website to identify available days, times and fields. Things to consider:





Goals Update

- **See something**
 - You look at our goals more often than we do.
- **Say something**
 - Goals are inspected at the beginning of every season, but problems can develop any time.

goals@lexingtonunited.org



Each goal has a unique number at the bottom left front corner



Netiquette

- LUSC goals that are not anchored, have internal weights in rear crossbar.
- Internal weights affect how goals move and cause abrasion if the nets ride underneath





Goals Inventory

- 40 Goals
 - Adams (four 7v7)
 - Center (four 7v7, two 11v11)
 - Clarke (four 9v9; two 11v11)
 - Diamond (two 11v11)
 - Estabrook (two 9v9)
 - Harrington (four 9v9)
 - Lincoln 1 (four 7v7; two 11v11)
 - Lincoln 2 (four 9v9; two 11v11)
 - Lincoln 3 (two 11v11)
 - Muzzey (two 7v7)



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- Lincoln 2 (four 9v9; two 11v11)
- Lincoln 3 (two 11v11)
- Muzzey (two 7v7)

Seasonal Assessment:

- Minor Repairs
- Various Repairs (includes frame damage)
- Candidate for New Net
- Requires New Net

- Parts supply



Goals Inventory

- 40 Goals

- Adams (four 7v7)
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- Lincoln 3 (two 11v11)
- Muzzey (two 7v7)

Status for Spring 2024:

- 2 various, 2 new
- ready as of 3/25/24 9
- 4 various, 2 candidates (field is wet)
- 1 various, 1 candidate
- 2 TBD
- 2 various, 2 minor
- ready, 3/20/24
- ready, 3/20/24
- ready, 3/20/24, one small repair each
- 1 new, 1 candidate



Referee Update

Christianne Mager

Ref-Assignor@LexingtonUnited.org / (617) 642-0393

Bob Licht

Ref-Mentor@LexingtonUnited.org / (617) 721-9658

Please **RESPECT** the Referee!

The Referees are all doing their BEST!

BAYS Referee **Appreciation** Day: Saturday, **May 11th**, 2024



Referees (BAYS ZT Policy)

- **BAYS Zero Tolerance Policy**

All individuals responsible for a team and all spectators shall support the referee. Failure to do so will undermine the referee's authority and has the potential of creating a hostile environment for the players, the referee, and all the other participants and spectators.

Club officials/coaches are responsible for the behavior of their team's players and spectators.

1. **No one, except the players, is to speak to the referee during or after the game.**
Exceptions: Coaches may ask questions before the game, call for substitutions and point out emergencies during the game, or respond to the referee if addressed.
2. Absolutely no disputing calls, during or after the game, no remarks to the referee to watch certain players or attend to rough play. **NO YELLING at the referee, EVER**, and no criticism, sarcasm, harassment, intimidation, or feedback of any kind during or after the game.
3. Violators may be ejected and are subject to disciplinary action by the BAYS Sportsmanship Review Committee
4. If coaches would like to provide feedback to or about the referee, AFTER the game, log into the BAYS site and under MyBAYS should be an option to give "Game Feedback" with a form that goes directly to the home Ref Assignor as well as to BAYS Officials.
5. If spectators have questions regarding particular calls, rules, or a referee, or wish to give feedback regarding a referee, please contact your BAYS team coach. Coaches can file feedback reports with BAYS or speak with their club officials to get more guidance.



Referees (Important rules to know ...)

GREAT RESOURCE page on BAYS: <https://bays.org/book/game-rule-summary-chart>



- Please make yourself familiar with the **BAYS substitution**
 - **NO** Substitutions on **corner kicks or free kicks.**
 - PLEASE have your players ready at the half-field line.
- If the coach gets on the field to attend to an **injured player**, that player needs to leave the field – you can substitute a player in (so can the opponent – BUT only ONE player).
- A player receiving a **yellow card** must leave the field and can be substituted for at the referee's discretion. That player can return to the match again at any substitution opportunity.
- **Wear your MYSA credentials!**
- Don't enter the field unless the referee acknowledges it.
- **NO EARRINGS** allowed in soccer.



Take a Photo



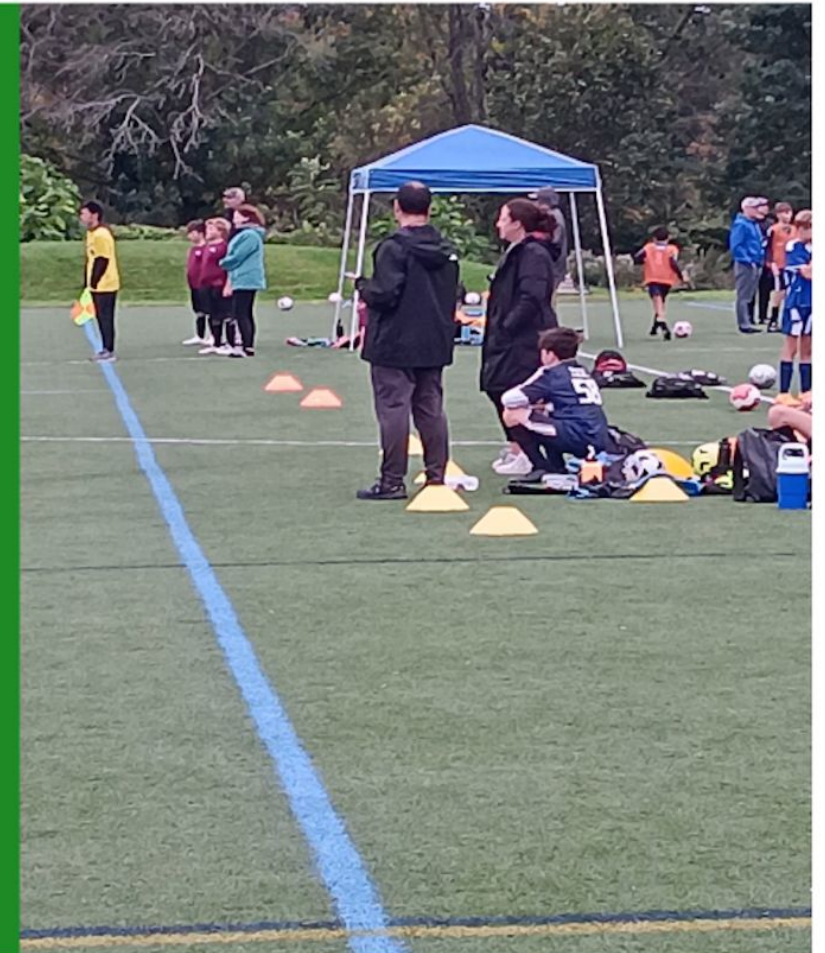
Referee Update

- BE **KIND** to the referee
- BE **SUPPORTIVE** at ALL times
 - **RESPECT** the referee

All referee feedback should go through Christianne & Bob



Game Day Protocols





4 Game Day Protocols

- 1. Coach should remain in the Coaching Area-** Although there is not an official coaching box, please remain on your half of the field and within 5 yards of your reserve players.
- 2. Do NOT have a coach behind the goalie-** Similar to not coaching the player on the ball, we need to let the goal keeper make decisions on when to come, when to stay based on what **they** see unfolding. Definitely feel free to coach your goalie, but please do so from the “Coaching area”.
- 3. Substitutes should ALWAYS enter the game from the half way line-** This is standard protocol in all leagues throughout US Soccer and one we really want our officials to enforce. It’s important that we have our players enter from this location **when the referee signals them to do so.** Players should not be charging onto the field until the referee permits them to do so and they should not be entering from their bench. This sounds easy enough, but it may take some discipline as a coach to get your players (particularly the young ones) to do so.
- 4. Place Bags and Water Bottles BEHIND the bench-** it is a safety issue having loose items along the sideline.

A deep blue night sky filled with numerous stars of varying sizes and brightness. A prominent, glowing blue nebula or galaxy structure stretches horizontally across the middle of the frame, adding a sense of depth and cosmic wonder.

“Explore the Space”

Bruce Dickinson



Cognition, Competence, Character



TOVO 3C Footballer

Cognition

Perception
Conception
Decision
(Deception)
Execution
Assessment

Competence

Ball Control
Movement
Position Play
Principles of Play
System of Play

Character

Positive
Respectful
Ambitious
Dedicated
Reflective
Resilient

Sleep

Study

Exercise

Nutrition

TOVO
— INSTITUTE —



Respect

- 1. Communicate your values***
- 2. Create a culture of acceptance***
- 3. Address inappropriate behavior immediately whenever possible***
- 4. Reach out to Division Director and LUSC President***
- 5. Learn and move forward***





Xavi



“The best players in this game watch the game, whereas the not so good players watch the ball.”

Geir Jorde-Sport Scientist

- In a 90 minute game Xavi checked his shoulder 804 times! 9 times per minute.
- 16 times per minute while the ball was “in play” (50 minutes).
- Scanned the field every 3 seconds!

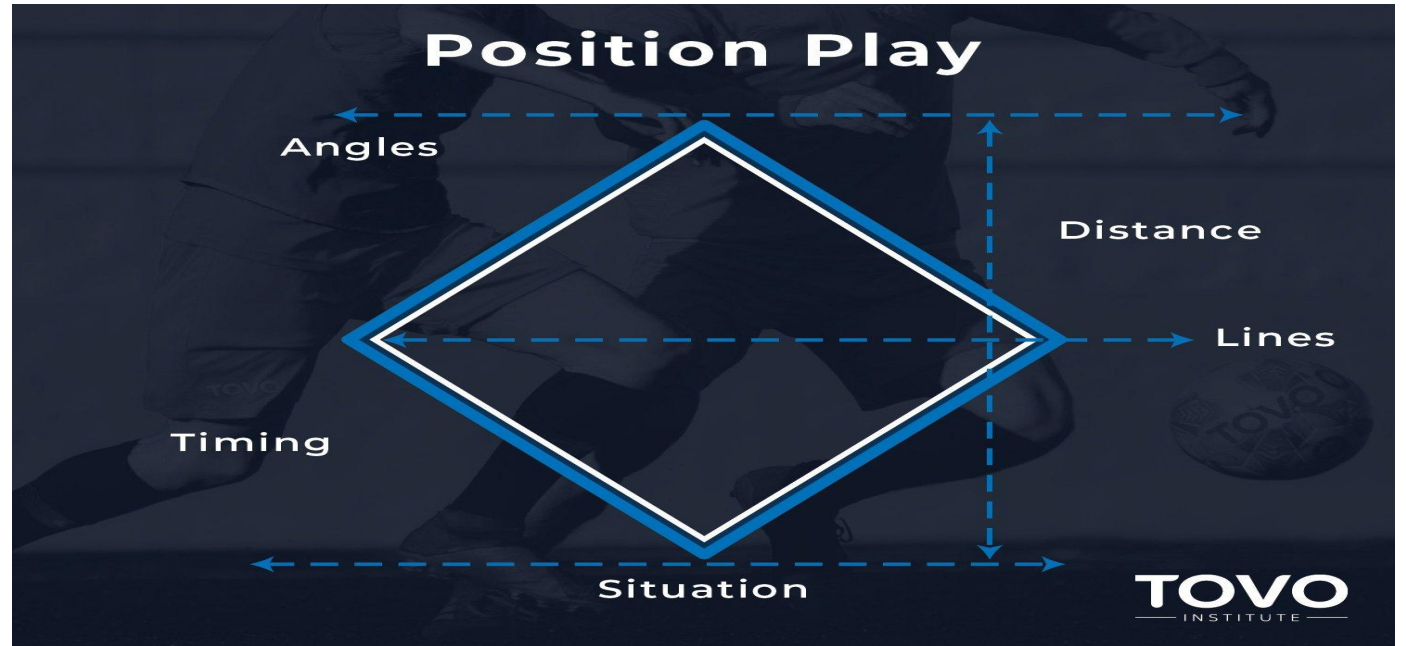


Baseline to Better





What is Positional Play?

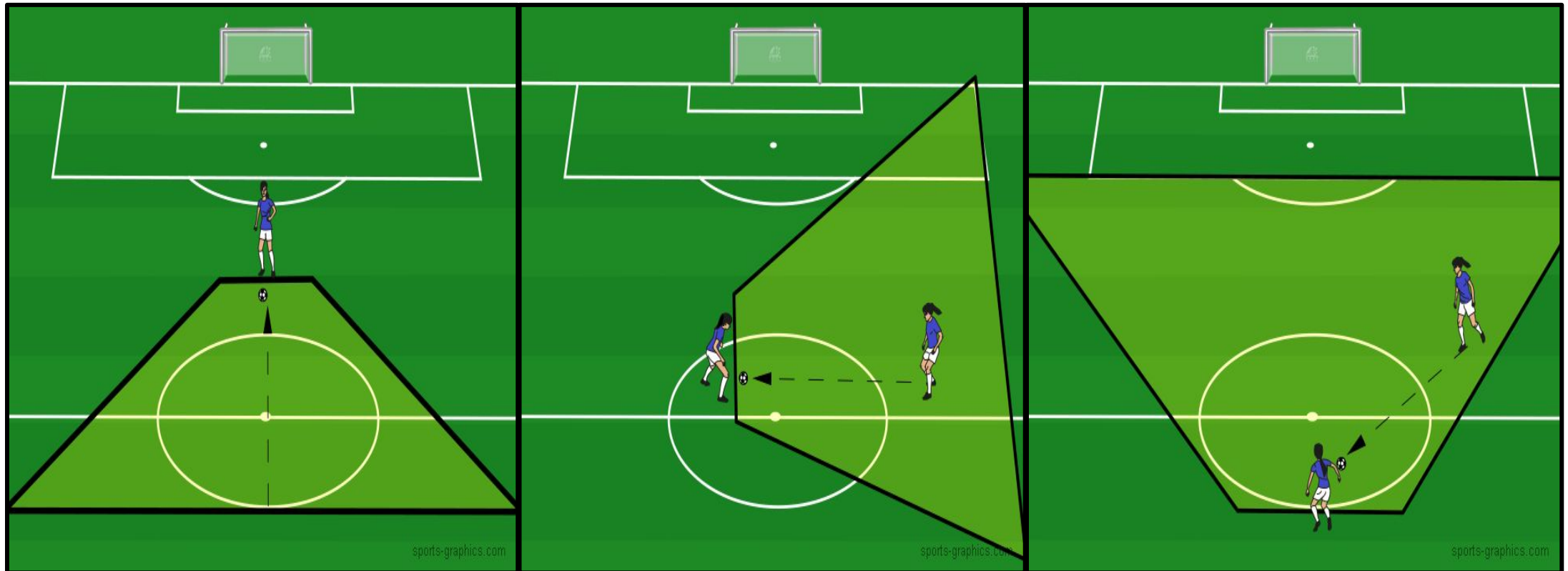


“Its final purpose is the player passing the ball enjoys two or three possibilities for playmaking”



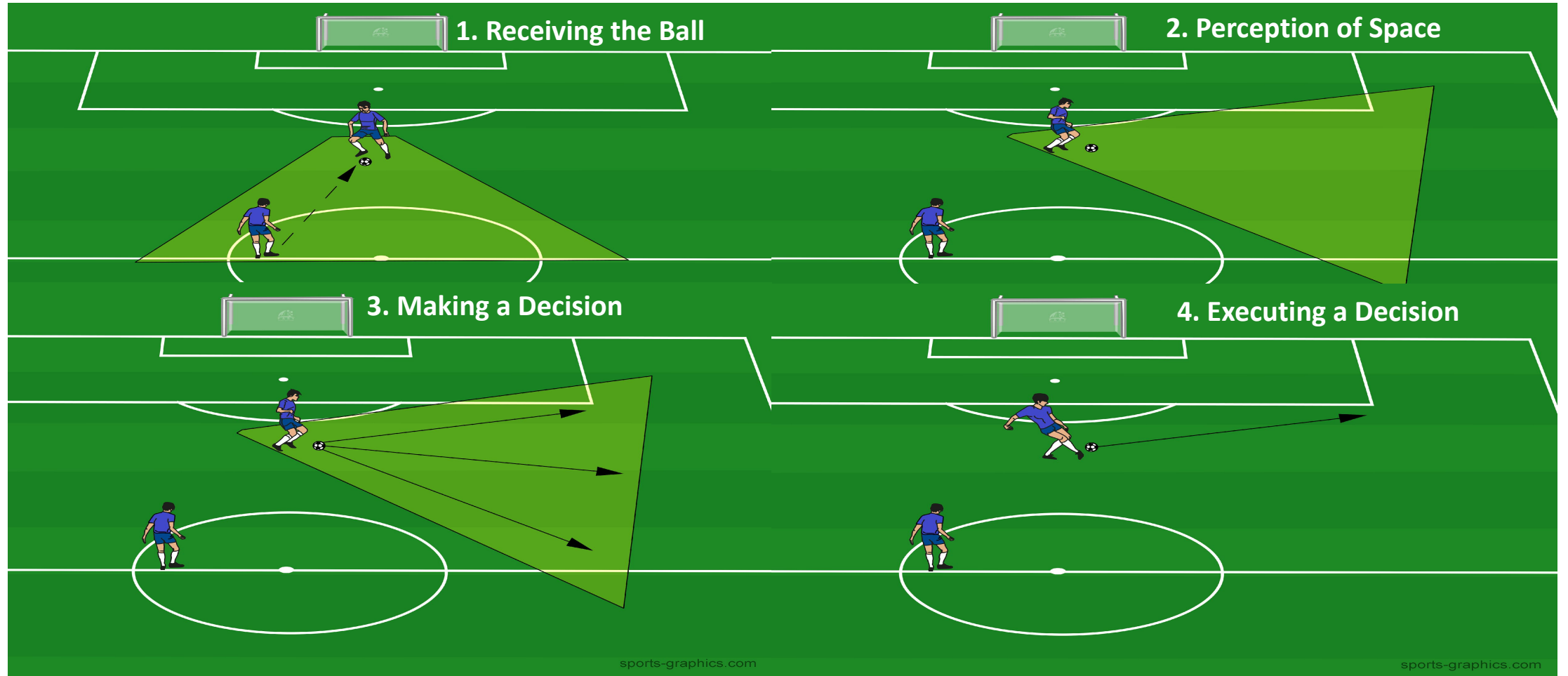
Improve Body Positioning

R. Jozek post 2010 WC Study- 58% of the time a Spanish player receives the ball facing forward, Croatia 38%. 32% of the time a Spanish player receives the ball in the direction where it came from, 63% of the time a Croatian player does so.



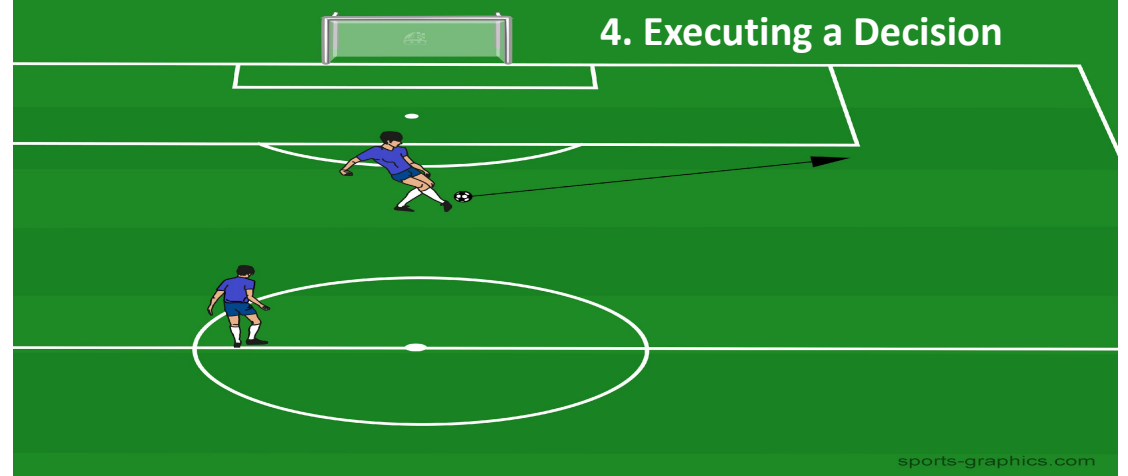
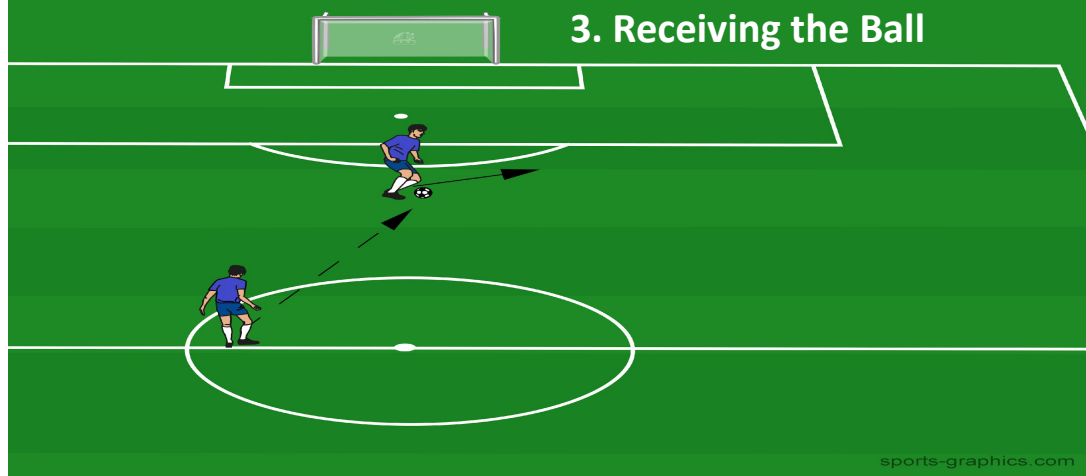
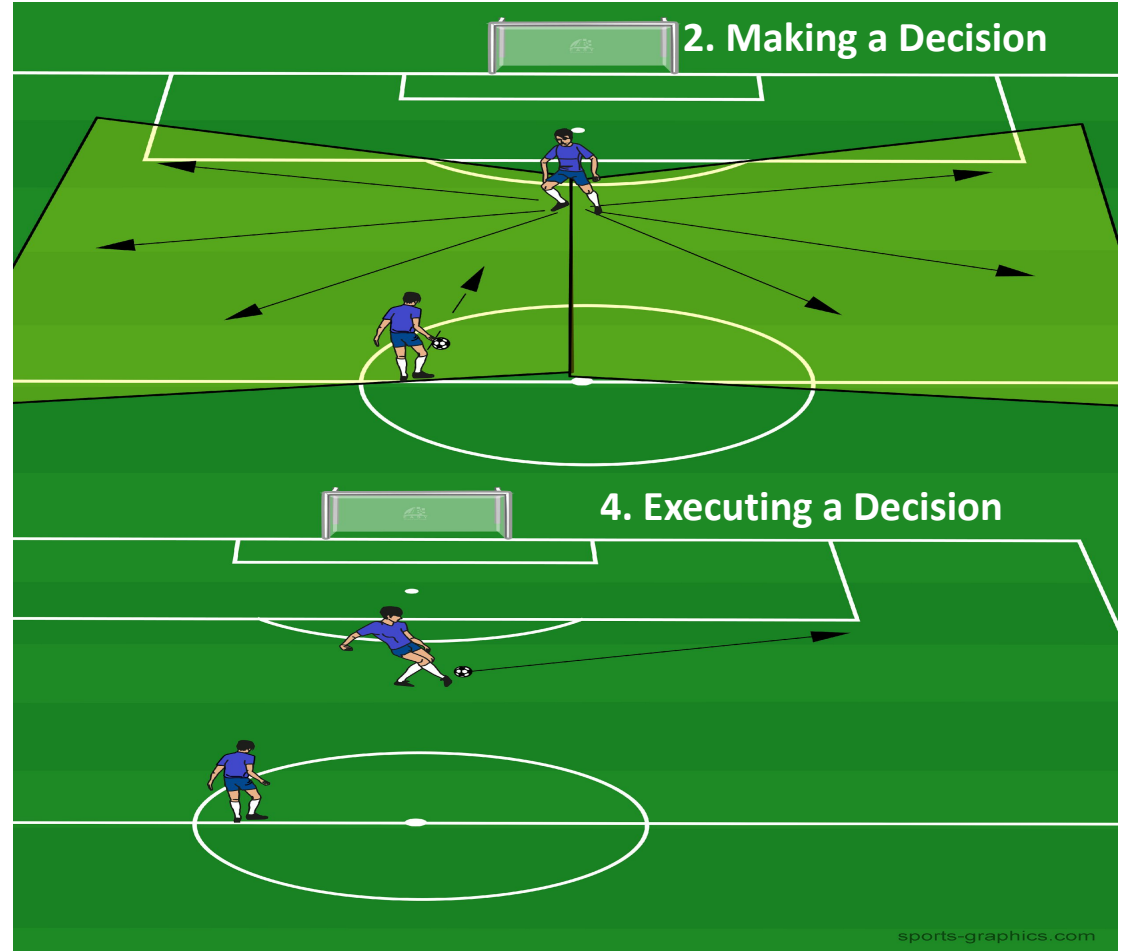
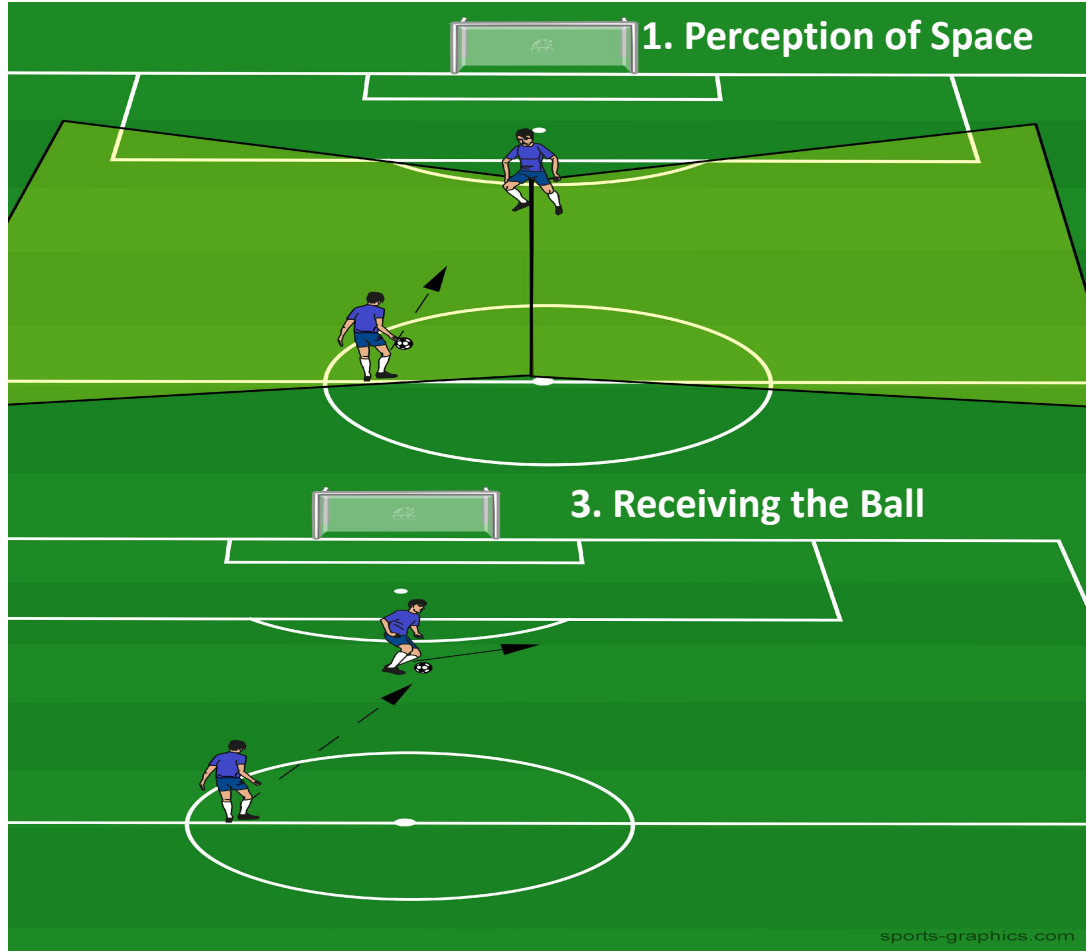


Typical Progression





Proper Progression

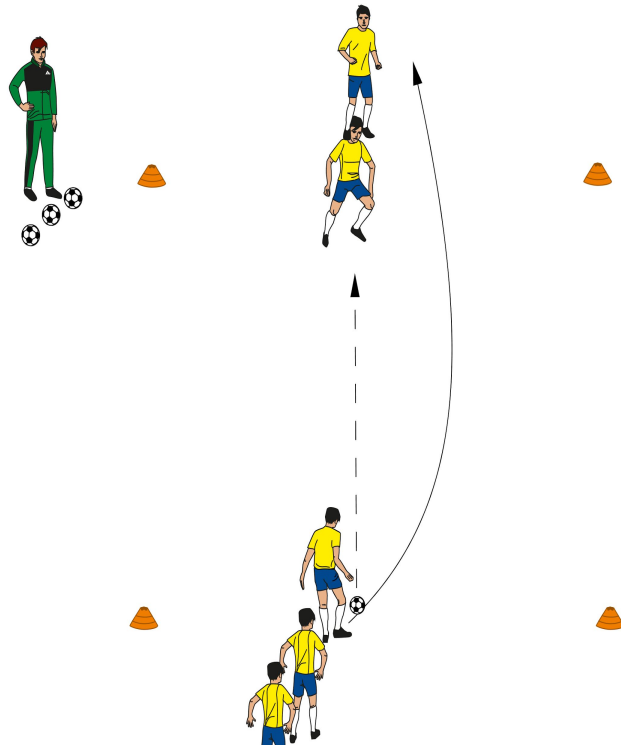




Pass with Purpose, Receive with Intent

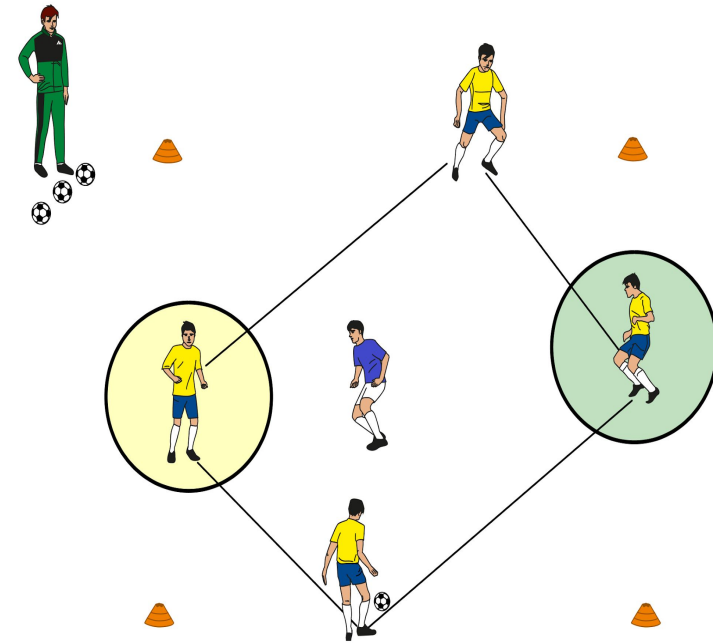
Questions to Consider:

- Where do I pass it?
- When do I pass it?
- Why do I pass it?
- How do I pass it?
- Do I keep it?



Line Passing

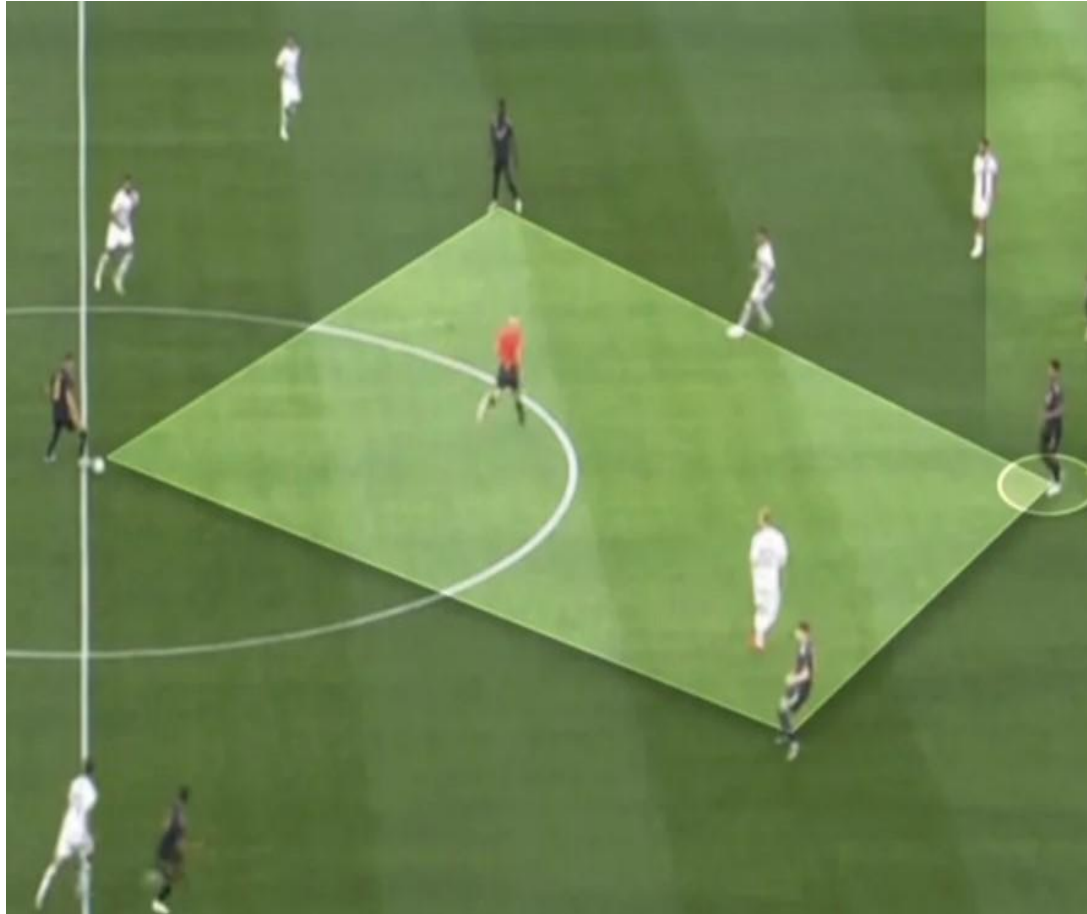
OR



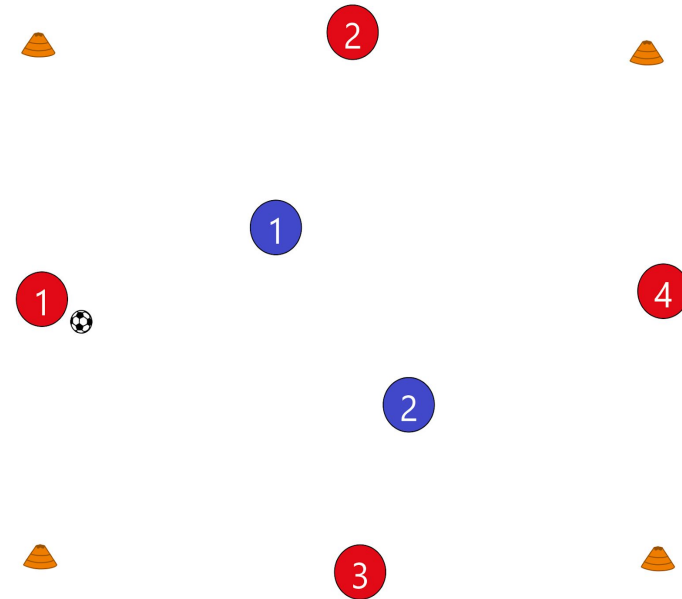
4v1 Rondo



4v2 Rondo

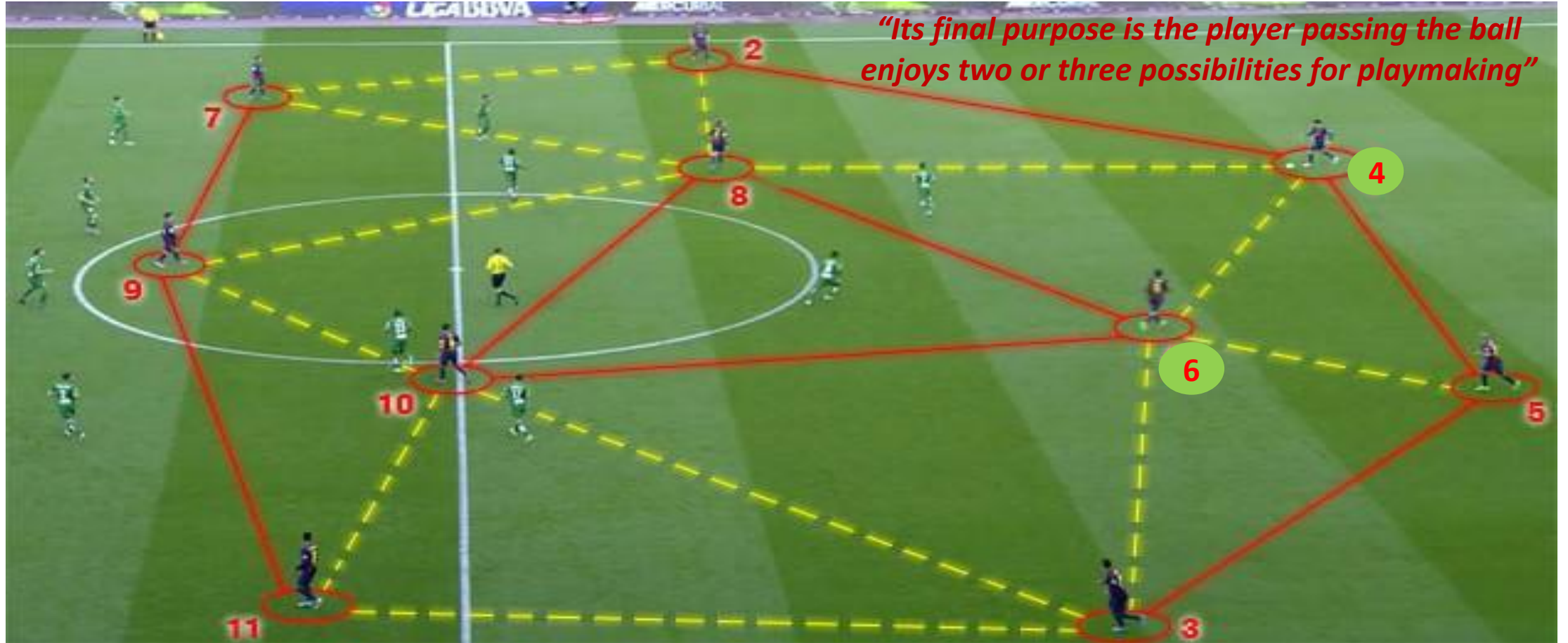


Is it real to the game?



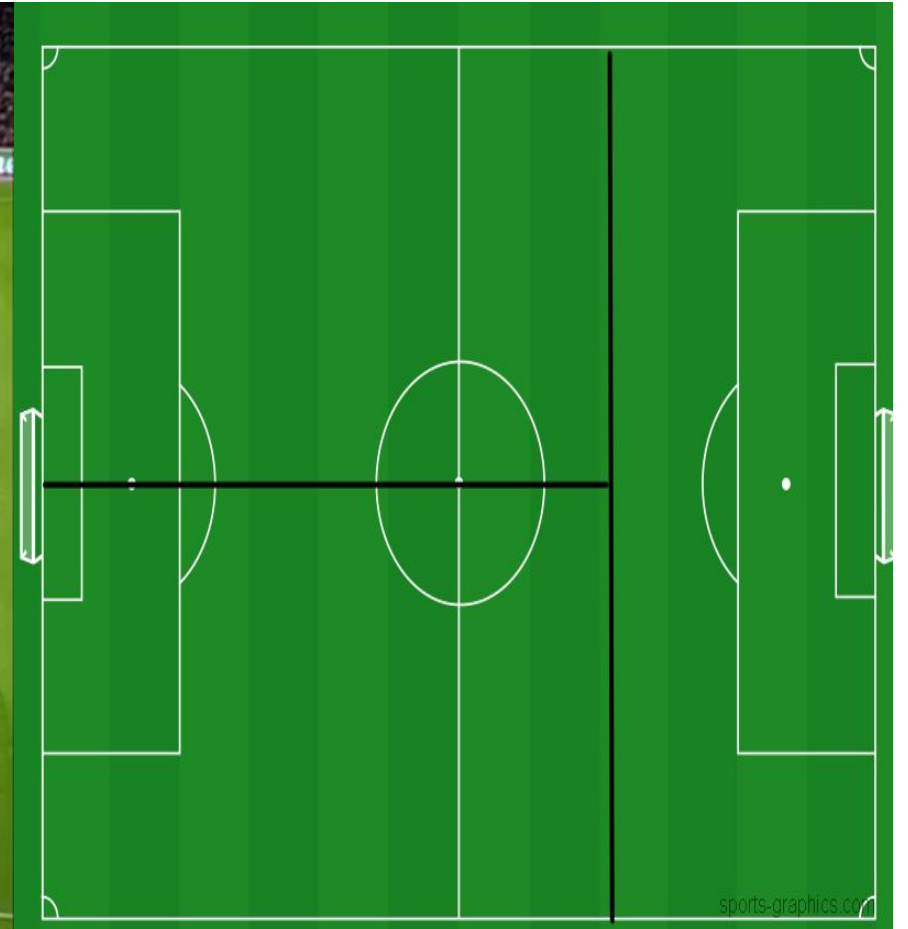
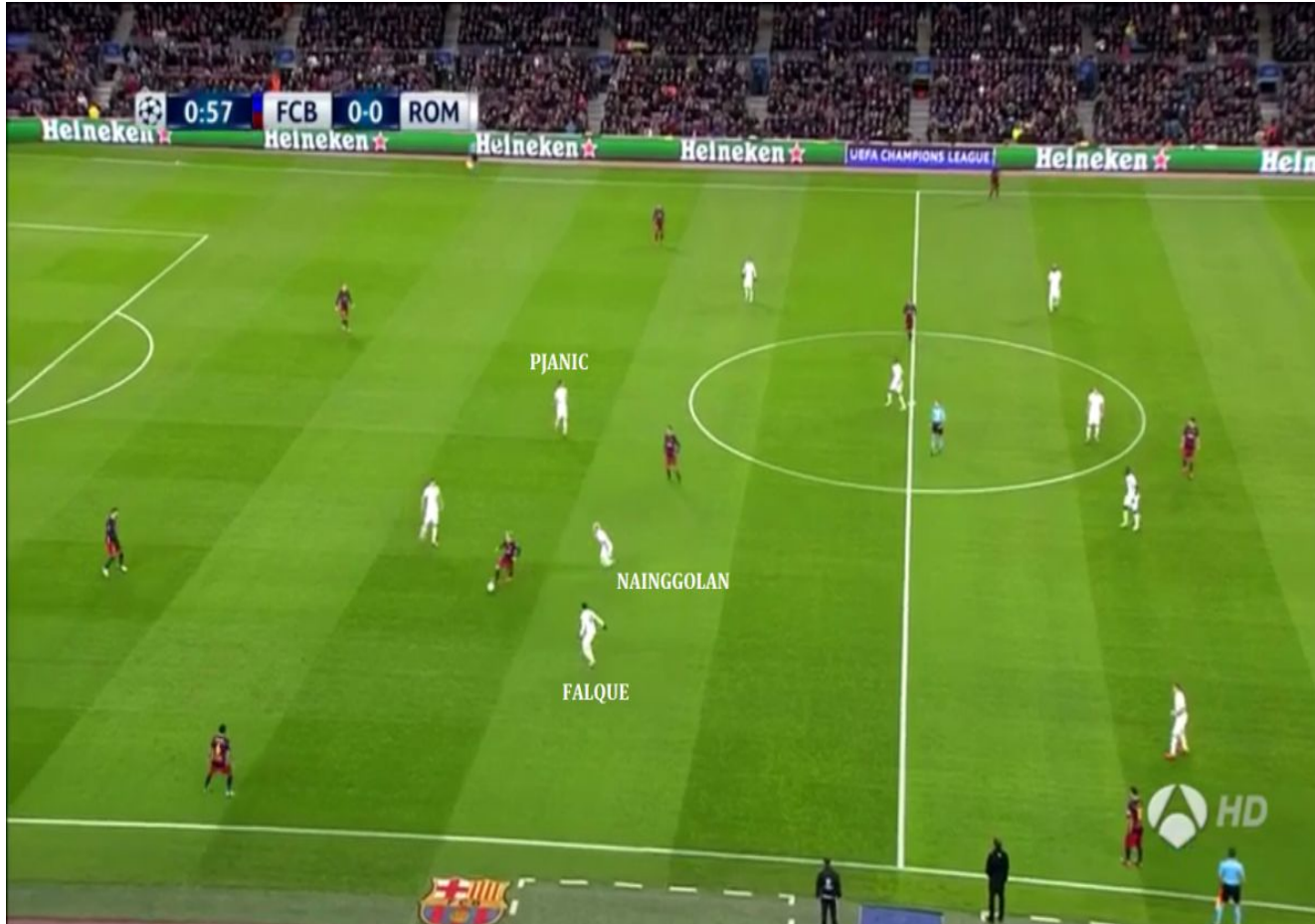


Triangle Creation



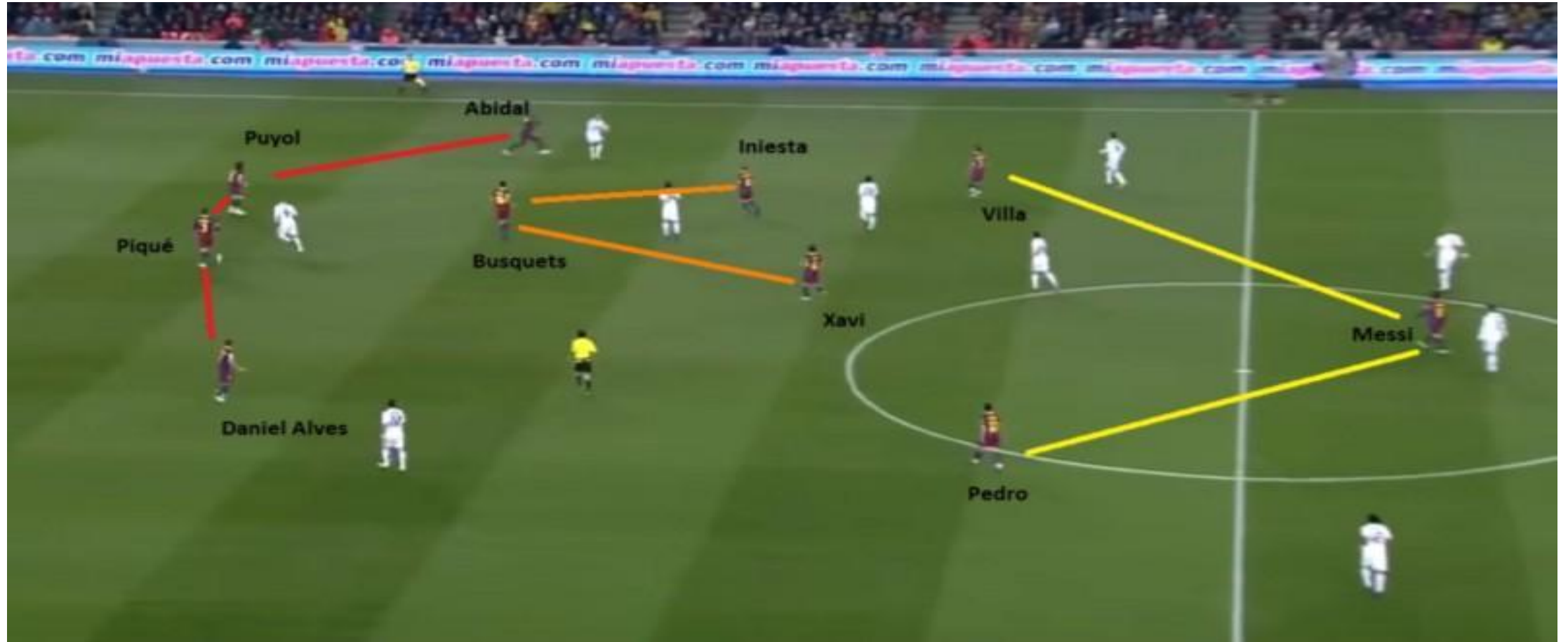


Space Creation





Space Reduction



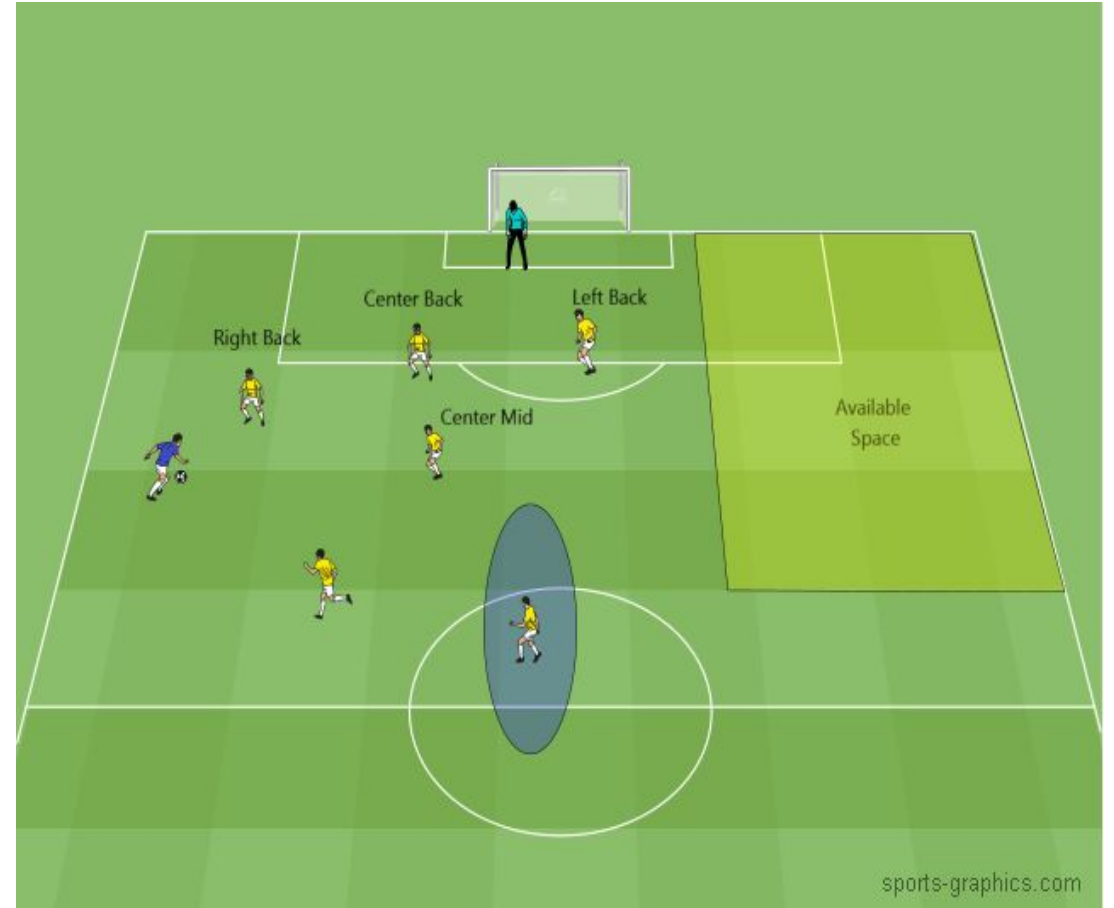


Applying Pressure



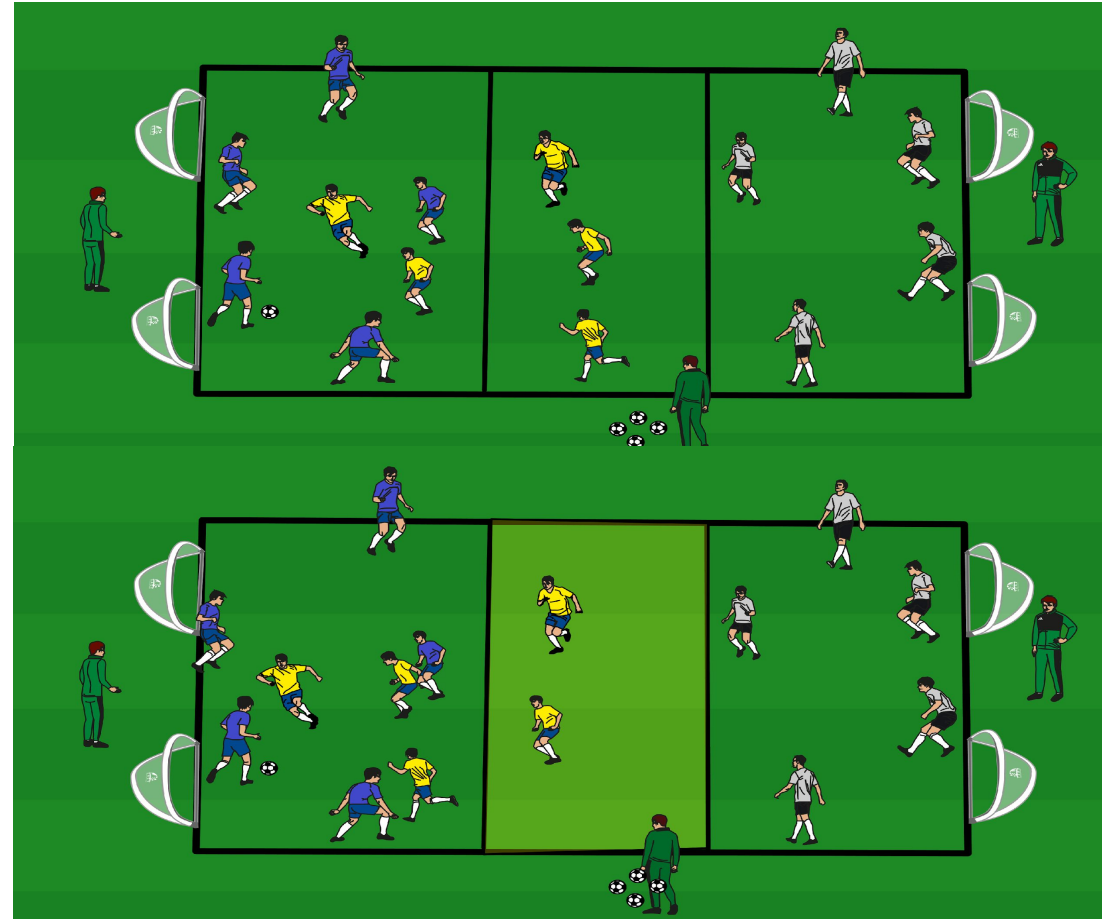
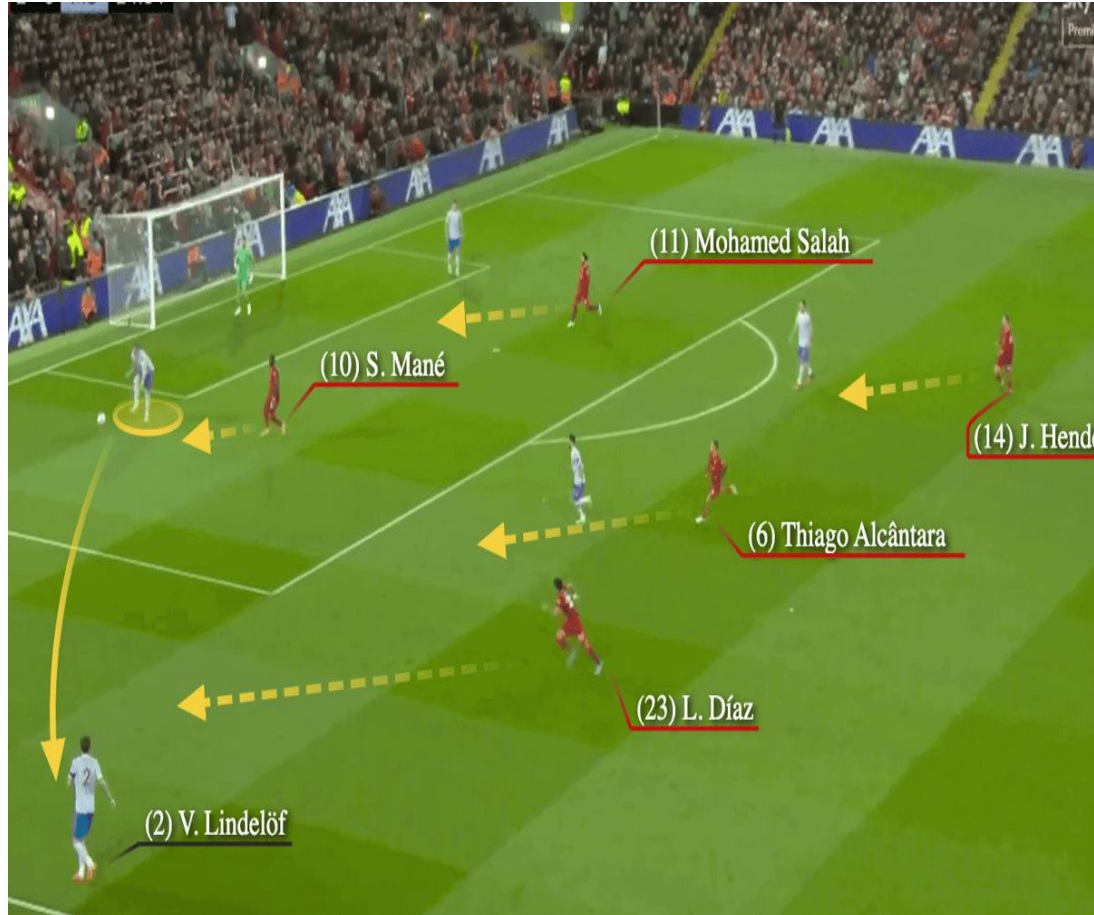


Strong Side vs Weak Side



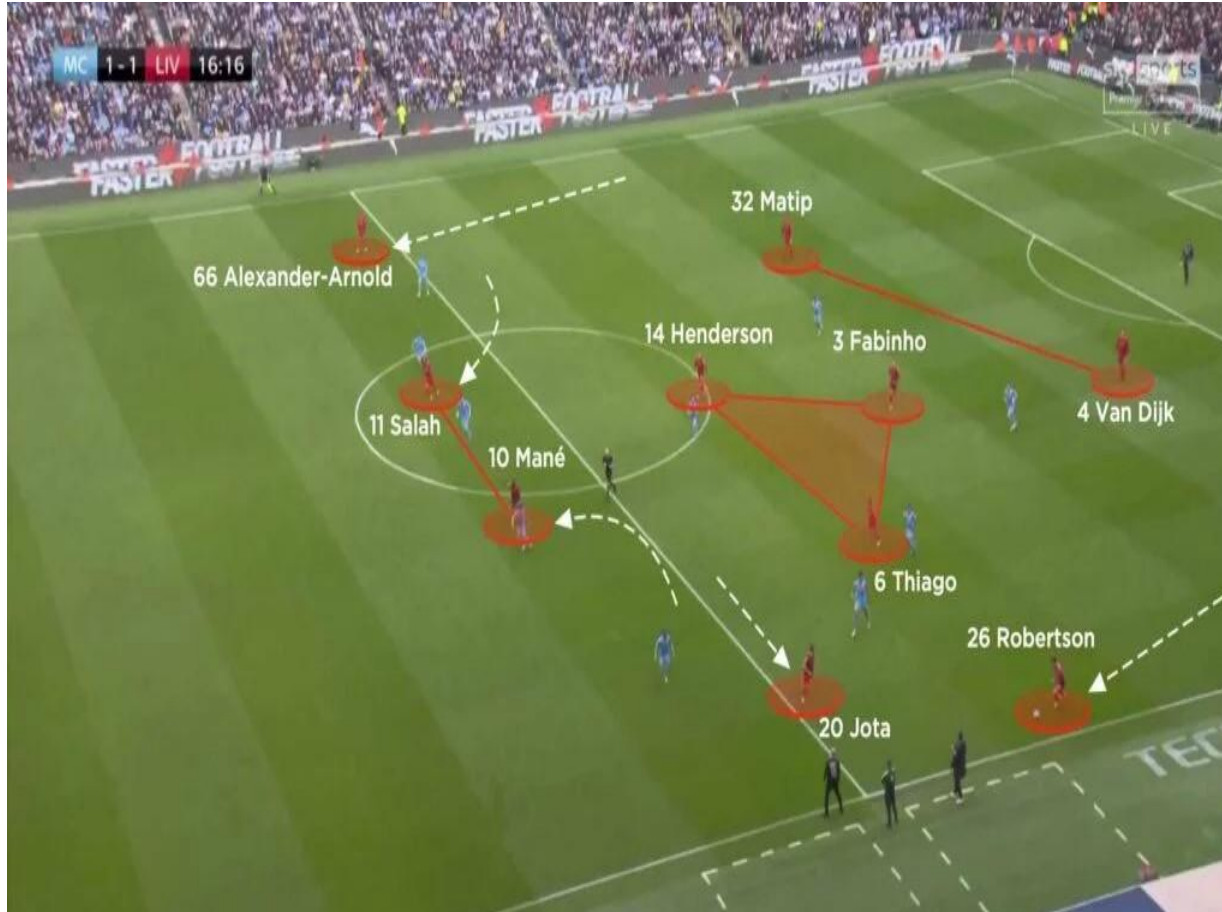


High Press (Move as a Unit)





High Block (Space in Behind)

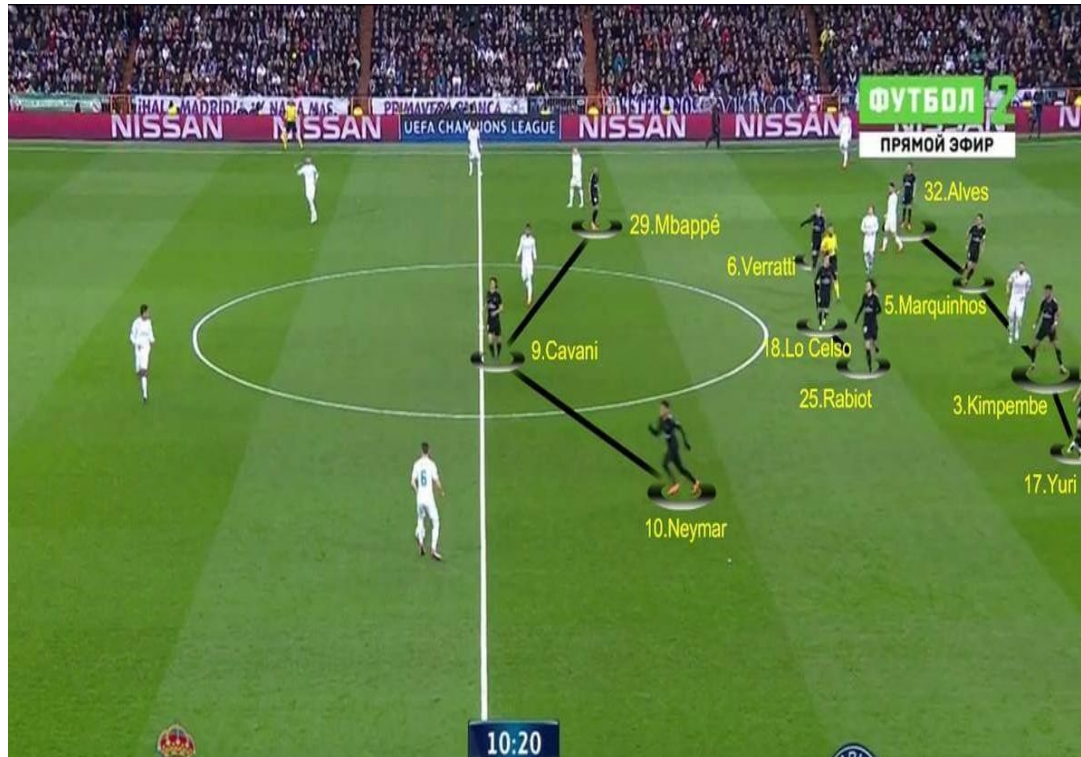


sports-graphics.com

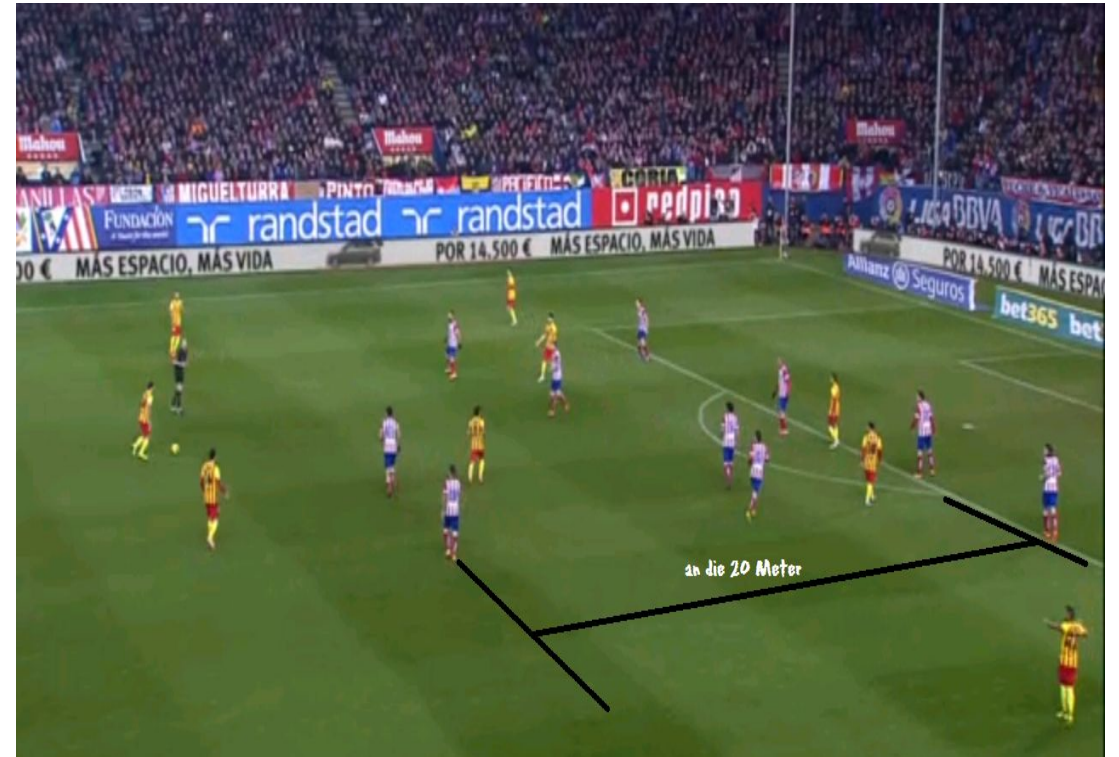


Compactness

Play around not through



Play In front not in behind



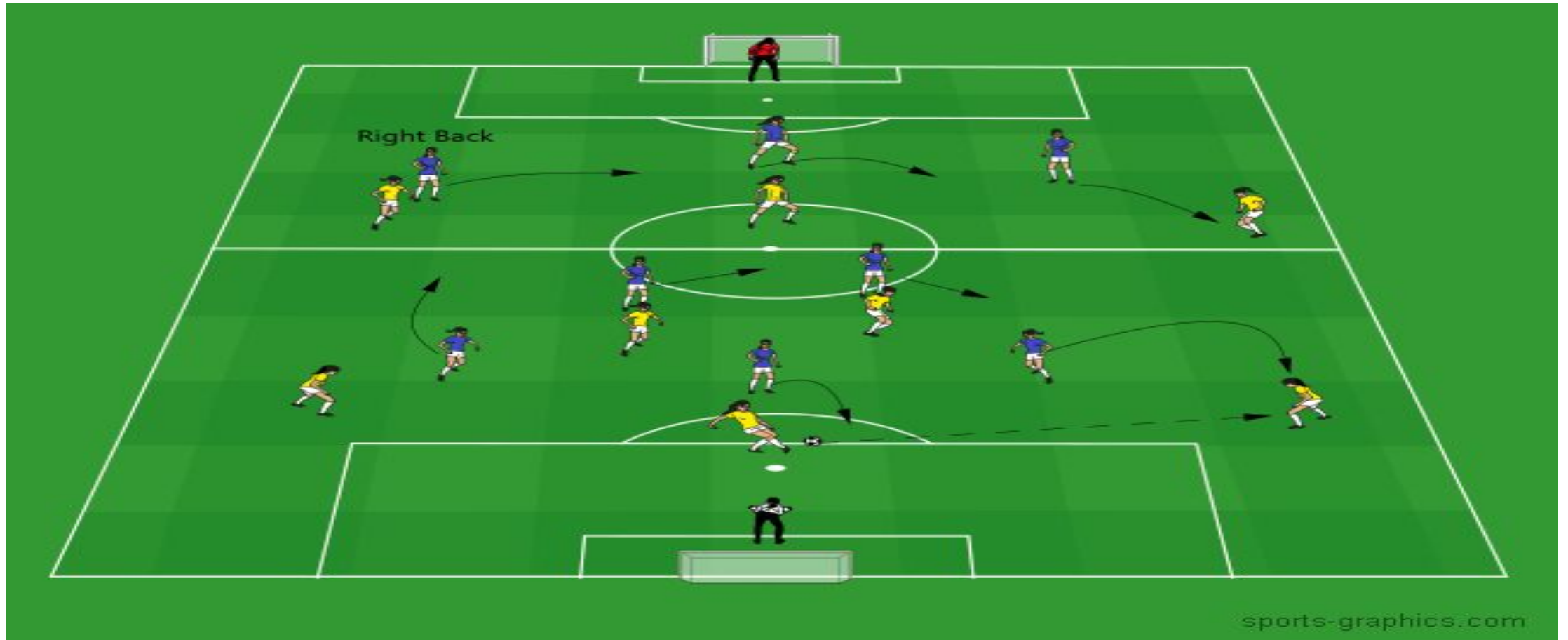


9v9 Teaching Positions





9v9 RB "Move as the Ball is Traveling"





9v9 RB or CB?



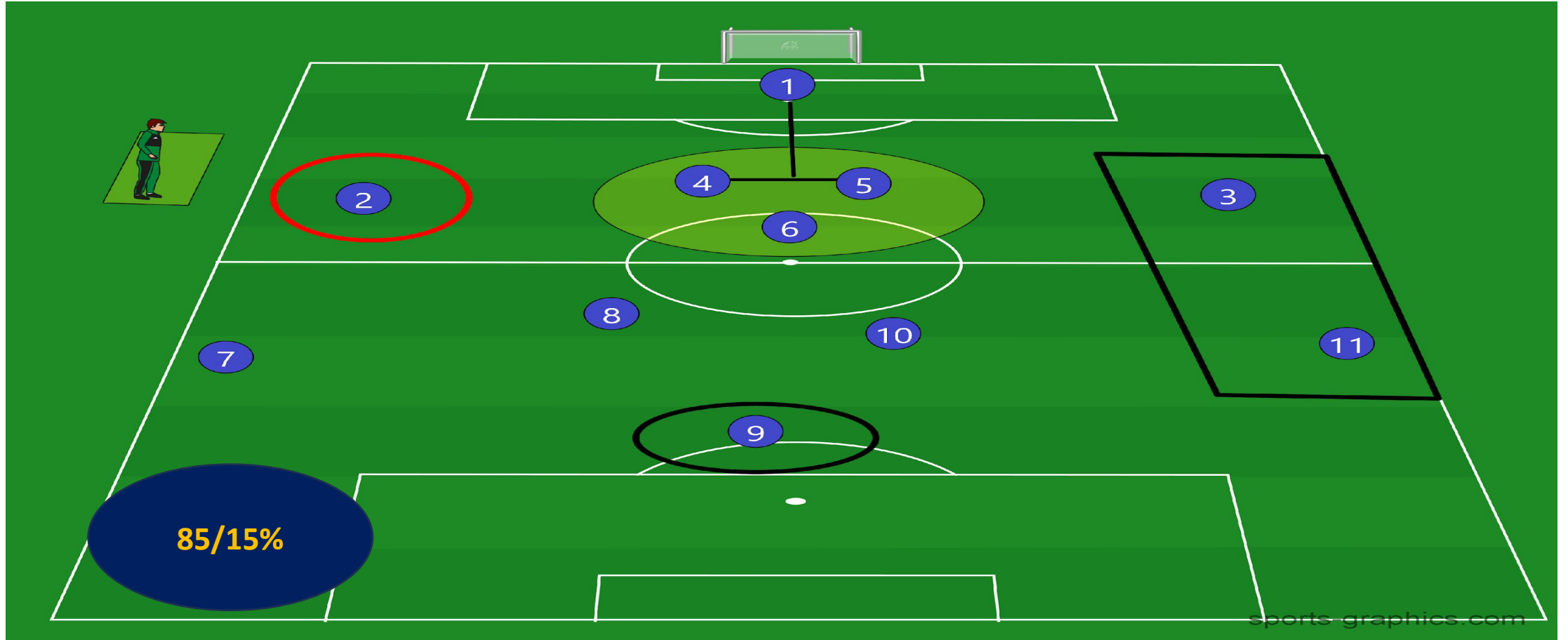


9v9 RB Common Mistake!





Key Spots to Observe



A vertical rectangular image of a starry night sky. The background is a deep, dark blue, densely populated with numerous small, bright white and light blue stars. A prominent, glowing blue nebula or galaxy structure stretches horizontally across the middle of the frame, with a brighter, more intense blue core. The overall effect is a vast, cosmic scene. Centered over this scene is the text "Enjoy the Journey" in a white, elegant, italicized serif font.

Enjoy the Journey

Thank You



Developing lifelong soccer players among Lexington youth