



LUSC Coaches Meeting

Spring 2025 Season
3rd-8th In-Town and Travel Programs
March 26, 2025





Agenda – 3rd-8th Grade Programs

Time	Topic	Presenter
7:30 – 7:40	Welcome to the Spring 2025 Soccer Season!	Surya Singh, President
7:40 – 7:45	Registrar Update	Angel Portella, Registrar
7:45 – 7:50	Equipment Update	Allison Clark, Equipment Coordinator
7:50 – 8:00	Field and Schedule Update	Liz Bettencourt, Schedules (Practices) Tara Mathur, Schedules (Games)
8:00 – 8:05	Goals Update	Sean Kennedy, VP Logistics
8:05 - 8:10	BAYS Abuse Prevention Initiative & Changes	Jon Trementozi, VP Programs
8:10 – 8:20	Referee Update	Christianne Mager, Referee Coordinator Bob Licht, Referee Mentor
8:20 – 9:00	Travel Program – DOC Presentation	Brendan Donahue, Director of Coaching



Welcome to the Spring 2025 Season!

Thank you for being here!

Our Mission

*To develop lifelong soccer players among
Lexington youth*



Opening Comments

My personal passion ... the answer to “why?”

Criticality of Teamwork



Competition drives continuous improvement



Activity → Fitness → Public Health

**GOOD
HEALTH IS
PUBLIC
HEALTH.**



Community Presence

Upcoming Events:

- Night at the Revs (NE Revolution) will be May 17th
 - Free ticket for player if you purchase via the link



@LUSCSOCCER





BAYS: Guest Player Policy - Rules

Guest player guidelines and limits:

1. Players should prioritize playing on their assigned team over being a guest player.
2. It is at the discretion of each club choosing to use Guest Players to determine if the club wants to limit the number of times a specific player may play as a guest player.
3. There are no Guest Players allowed in BAYS Playoffs, Presidents' Cup, or MTOC.
4. **Only four (4) Guest Players may play on one team in a given game.**

Recommended Player Count Limits when a Guest Player is used:

- Grades 3 and 4 and Grade 912 (7 v 7): 11 players
- Grade 5 and 6 (9 v 9): 13 players
- Grades 8 through 12/PG (11 v 11): 15 players



BAYS: New Guest Player Policy - Rostering

[BAYS Guest Player Policy](#) is in effect for the Spring 2025 season.

How is the Playing Up Process at the Game Field Handled?

The following needs to occur when a coach uses a Guest Player in their game.

1. The coach must provide the referee at the field with **two paper copies** of their official game roster and **two paper copies** of any official roster(s) listing any Guest Player(s).
2. Coaches are responsible for making sure that all players playing in the current game are listed with a unique jersey number, across all rosters, prior to providing the rosters to the referee.
3. **Coaches should write in the current Game ID# on all of the rosters handed to the referees.**
4. The referee should give the opposing coach a copy of all the rosters provided. The opposing coach should keep these rosters.





Guest Player Policy: LUSC Guidance

- Our expectation is that this policy helps with the following:
 - Avoidance of canceling games due to low numbers during April school vacation week
 - Avoidance of playing short-handed and/or canceling games due to injuries and illness
- Please keep in mind that you are allowed to bring players up from a “lower” team, not bring players down from “higher” teams.
- You can bring players up from a higher section, within the same division, if they are one grade younger.

Please don't abuse this new policy - it is not intended to be used to gain a competitive edge



Coach Development & Mentorship

New (or New-ish) to Coaching?

The CDM program is here to be a Resource for You - We are coaches who started waaay back in K-2 and recently “graduated” from U14

We are here to answer questions throughout the season on anything you need and can help with organizing an effective & enjoyable Game Day

For Grade 3 and 4 In town and Travel, we will have a pre season zoom to discuss game day planning

We are often on field if you ever have any questions

Feel free to reach out to Rick Tyson rickdtyson@gmail.com



Your Support Network – LUSC Board

LUSC BOARD MEMBERS

President	Surya Singh	president@lexingtonunited.org
VP Programs	Jon Trementoizzi	jon.trementoizzi@gmail.com
VP Marketing	Ben Myers	benmyrs@gmail.com
VP Admin	Serena Hadsell	hadsell22@gmail.com
VP Logistics	Sean Kennedy	vp-logistics@lexingtonunited.org
VP Registration	Hannah Mamuszka	vp-registration@lexingtonunited.org
VP Technology	Chuck Alexander	seegeealex70@gmail.com
Treasurer	Ravi Panchmatia	treasurer@lexingtonunited.org
Clerk	Jen Cunliffe	jencunliffe@gmail.com
General Members	Kathryn Ready	kathrynwil26@hotmail.com
	Phil Porter	philip@porterbuild.com
	Aradhana Kuhn	aradhana.bhargava@gmail.com
	Dave Parsons	dave.parsons@gmail.com
	Sam Ang	samuelang789@gmail.com
	Mihran Yenikomshian	mihran@gmail.com



Your Support Network – Division Directors

3rd-8th GRADE DIVISION DIRECTORS

Boys Grade 3-4 (in-town)	Vanita Srikanth	vanita.srikanth@gmail.com
Boys Grade 4	Aradhana Kuhn	aradhana.bhargava@gmail.com
Boys Grade 5	Jeff Bettencourt	jeff.bettencourt@ovitas.com
Boys Grade 6	Jon Trementozi	jon.trementozi@gmail.com
Boys Grades 7 & 8	Sam Agresta Hannah Mamuszka	svja1072@gmail.com hmamuszka@gmail.com
Girls Grade 3-4 (in-town)	Katie McCafferty	kathleenmccafferty@gmail.com
Girls Grade 4	Heather Baker Nielsen	heather.baker.nielsen@gmail.com
Girls Grade 5	Ben Myers	benmyrs@gmail.com
Girls Grade 6	Phillipe Schenk	schenkpt@gmail.com
Girls Grade 7 & 8	Lizbie Porter Chris Walsh	lizbie20@yahoo.com cpwalsh70@gmail.com
Boys Highschool	Cameron Moody	cameron_stuver_moody@yahoo.com



Your Support Network – Staff / Volunteers

LUSC Staff and Volunteers	
Director of Coaching	Brendan Donahue
Asst Dir. of Coaching	Tom Heimreid
Registrar	Angel Portella
Schedules: Games	Tara Mathur
Schedules: Practices	Liz Bettencourt
Fields Coordinator	Mona Potter
Equipment – Goals	Luis Melendez
Equipment – Coaching	Allison Clark
Referee Coordinator	Christianne Mager
Head Referee Mentor	Bob Licht
Coach Mentor	Rick Tyson
BAYS Representative	John Andrews
TOPS Program	Paul Clough
Mentor Program	Phil Porter



Technology Overview

Registration Management System

Club Info

You are currently logged in as a registrar for **Lexington United Soccer Club**

Club Admin


- Club Registrar
- Team Management
- Add Team
- Manage Coaches
- Coaches Bulk Update
- Manage Volunteers
- Member Maintenance
- Compare Season Registrations
- Auto-Removal Monitoring

Financial Reports

- Bookings Report
- Check Waiting Report

adminsports
admin portal

Lexington United Soccer Club

 **Lexington United Soccer Club**

Lexington United Soccer Club has partnered with AdminSports, the premier provider for registration and administration services, to process our registrations. If you have any questions please [contact us](#).


Returning User?


Login

First Time User?

Create an Account

Team Management System

 **Lancers**
BAYS Boys 5th Grade | Lexington United Soccer Club



Home

Roster

Schedule

Availability

Tracking

Invoicing

Statistics



Assignments

Roster

Add

Filter by Name...

Clear

Name	Contact Info	# / Position
 Alexander Montgomery	Andrew Montgomery amontyboson@hotmail.com (781) 652-9567 Andrew Montgomery amontyboson@hotmail.com (781) 652-9567 - Cell Beverly Montgomery beverlyjmontgomery@hotmail.com	
 Atticus Colon	Jade DO odedaj@gmail.com (781) 964-5904 Jade DO odedaj@gmail.com (781) 964-5904 - Cell Louis Colon	



The LUSC Store



Lexington United
Soccer Club

*Developing lifelong soccer players
among Lexington youth*

Search this website



LUSC STORE

ABOUT LUSC

TEAM PROGRAMS

CLINICS

FAMILIES

COACHES

REFEREES

FIELDS

FIELDS

UPDATED WEDS JUNE 7

CENTER TRACK FIELD	OPEN
LINCOLN FIELDS	OPEN
ADAMS	OPEN
CLARKE	OPEN
DIAMOND	OPEN
ESTABROOK	OPEN
HARRINGTON 1	OPEN
HARRINGTON 2	OPEN
LCA	OPEN
MUZZEY	OPEN

LATEST NEWS

The LUSC Store is open for this Spring until 4/15



SCHEDULES

Fall 2023 Weekdays (coming soon)

Fall 2023 Saturdays

Fall 2023 Sundays

LUSC CODES OF CONDUCT

Parents & Caregivers

Coaches

Players



Volunteering in Adminsports

In order to be added to the LUSC coaches roster, you must be signed up as a coach in Adminsports:

1. Sign up while you are registering your child for soccer OR
2. Sign up after you've registered your child by logging into your account and clicking the blue "Volunteer" button next to your child's name.

My Participants

[+ Add a Participant](#)[Merge Participants](#)

Season	Registration	Team
Test Test edit Player History		
LPDA 24-25 (INVITE ONLY)	Register ▶	
Fall 24 In-Town 3rd-4th	✓ In Town Girls 3/4th Grade Receipt	No Team Assigned Volunteer Modify Registration
Fall 24 Travel 4th-8th	Register ▶	
Fall 24 In-Town K-2	Register ▶	
Fall 24 HS Travel	Register ▶	



MYSA Registration Information

All Coaches need a MYSA Credential

- **Thank you for coaching!**
- Register with MYSA in the Fall of every soccer year
 - Current, headshot-style photo
 - CORI and national background checks
 - SafeSport training, initial or refresher course
 - Concussion training, or upload a current certificate
 - CORI verification (one time)
- Passwords **MUST** be 7 or 8 characters and include one uppercase letter and one number.
- Use the same (legal) name and email for all accounts (MYSA, SafeSport, and Concussion).
- Use the [U.S. Soccer learning Center](#) for Concussion & Safesport Training.
- **Reminder to wear your credential to all games! Refs will be checking.**



MYSA Resources

MYSA Resources

- [Adult Registration Process](#)
- [COMPREHENSIVE - Adult Registration & Required Trainings Overview Video](#)
- [Adult Registration and Required Trainings - Fall 2024/Spring 2025 Video](#)

If you are having trouble with the training videos, or uploading your documents, please contact Safesport via the link below:

<https://safesport.atlassian.net/servicedesk/customer/portal/4/group/9/create/32>



MYSA Registration Information

Personal Info Applications Details **Certificates** Licenses Teams Events Referee Schedules

Get SafeSport Updates

Certificates

If you have available certificates, click on the image to upload or view a file

REMINDERS:

Use your full legal name and the same email address when setting up all soccer related accounts. This will ensure auto-uploading/verification when available.

If you are under the age of 18, a parent/guardian should check with your organization's Risk Manager on requirements.

SafeSport Abuse Prevention training (yearly requirement) taken any time in 2024 is good for the 2024-25 registration year.

Concussion training (two-year requirement) taken June 1, 2023, or later is good for the 2024-25 registration year.

If your SafeSport, concussion, or CORI Verification show as Verified (you see a check mark), no action is needed from you for this registration year. If you see a cloud with a upload arrow, you must complete that requirement.

SAFESPORT TRAINING INFORMATION - Through U.S. Soccer Learning Center (preferred) or through the U.S. Center for SafeSport directly; both have auto-approval capabilities with Sports Connect. Completing these courses will be noted in the Learning Center as part of Phase 1.

Do NOT submit a background checks through the U.S. Soccer Learning Center as these are not currently applicable to Mass Youth Soccer adult participants.

For the USSF LC training site, there is no actual certificate of completion to download so if your personal information does not match, the auto-approval/verification WILL fail; click [HERE](#) for more information.

To complete the required SafeSport Abuse Prevention Core or Refresher training through the [U.S. Soccer Learning Center](#) (USSF LC), click [HERE](#).

OR

Take the SafeSport Abuse Prevention Core or Refresher training through the Center, click on the Enrollment Key Link and either create an account or login:

<https://safesporttrained.org/?KeyName=tsVWe36Xa6PS3b5NzOug>

For more information on SafeSport training, access the help guide by clicking [here](#).

CONCUSSION TRAINING INFORMATION - Concussion awareness training is through the U.S. Soccer Learning Center (USSF LC (Preferred) - **or** - The Centers for Disease Control (CDC).

To take the USSF LC Introduction to Safe and Healthy Playing Environments concussion course, use the link below (*note: SafeSport training can also be taken in the USSF LC*).

[U.S. Soccer Learning Center Help Guide](#)

OR

This [CDC Concussion Training Help Guide](#) will show you how to create an account and provide you with the link to take the CDC training or, if you have an active account you can login. Once training is completed, you are required to return to this Certificate tab and upload the CDC Certificate of Completion.

CORI VERIFICATION INFORMATION (verifying person's legal first and last name and date of birth)

This is a one-time event (Mass Law), while CORI and National background Checks are processed every three years. If you are not CORI Verified, please print your CORI Acknowledgement form and contact your organization's Risk Manager.

[Click here for tutorial video](#) or [click here for written instructions](#).

Do NOT upload your CORI Acknowledgement form or your driver's license into your account. Your organization's Risk Manager will upload a Proof of Verification form and check you as CORI Verified.

Do NOT upload your CORI Acknowledgement form or your driver's license into your account. Your organization's Risk Manager will upload a Proof of Verification form and check you as CORI Verified.

SafeSport



Click to Upload

Uploaded:

Verified: Not Verified

Expires:

Concussion Certificate



Click to Upload

Uploaded:

Verified: Not Verified

Expires:

CORI Verified



Click to Upload

Uploaded:

Verified: Not Verified

Expires:



Rosters & Other Game Day Info

Please bring 2 rosters to every game - one for the ref and one for your opponent

- Make sure you sign your roster
- All players must be listed on the roster
 - New players must be approved by the league before they can participate
- Write your jersey numbers in for now
 - Add them to Team Snap and the Registrar can upload them to AdminSports
- You do not have to be listed as a coach on the roster
 - Anyone with up-to-date credentials can fill in as coach



Late Uniform Orders

Late Uniform Orders

Anyone who did not order a uniform by the Tricon can order from our overstock through the Tricon store.

The uniforms will be sent in the mail <https://lusc-spring25.itemorder.com/shop/home/>



Equipment Update

Equipment bags

- Equipment bag and contents should be handled by coaches only
- Coaches keep equipment bag at the end of the season or pass on to the DD if they will no longer be coaching (DD will pass to new team or head coach)
- Unused equipment will be re-used or recycled

Equipment bag contents

- Cones/Coaching Manual/Goalie gloves/12 single-color pinnies/medical kit/ball pump



Equipment Update

- **Coaches meeting: DDs distribute equipment for the season**
 - Game ball
 - Ice packs (4 per team)
 - T-shirts sets for in-town G3/4
 - Coaching manuals (new coaches)
 - New equipment bags (for new coaches and G3 travel teams (spring only))
 - Coach T-shirt (size S , M, L, XL, 2XL, 3XL) - available at Diamond on Saturday mornings in-season
- **Let your Division Director know of any equipment needs during the season:**
 - Ball pump and/or needles
 - Medical kit
 - Replacement game ball
 - Goalie gloves, cones, ice packs
- **Contact Registrar for reversible pinnies or travel uniform orders**



Contact info for Schedulers

LUSC Role

Game Schedule (Weekends)

Practice Schedule (Weekdays)

LUSC Volunteer

Tara Mathur / weekend-
schedules@lexingtonunited.org

Liz Bettencourt / weekday-
schedules@lexingtonunited.org



Where can I find my team's schedule?

Practices start the week of March 31

Games start Saturday, April 12

- **Full game schedules** will be on BAYS.com (the league website) soon
- **Practice schedules** are on the "Spring 2025 Weekdays" spreadsheet linked on the LUSC homepage under SCHEDULES



SCHEDULES

[Spring 2024 Weekdays](#)

[Spring 2024 Saturdays](#)

[Spring 2024 Sundays](#)



Fields used by LUSC

Lincoln 1/2/3 and Center Track fields are turf; all other fields are grass.

We host 200+ home games each season.

We schedule games on turf whenever possible, but some games have to be on grass due to field availability.





The weather looks iffy. How do I know whether my field is open?

Check the LUSC homepage - it always has the most up-to-date info!

Updated by 2pm on weekdays / 7am weekends

- We will email coaches for fields closed late
- Please be patient if we need to move things around if fields are wet 😊
- If you're at Clarke or Adams, we may ask you to use another field on wet days.

FIELDS	
NO UPDATES UNTIL SEPT 3, 2024	
CENTER TRACK FIELD	OPEN
LINCOLN FIELDS	OPEN
ADAMS	OPEN
CLARKE	OPEN
DIAMOND	OPEN
ESTABROOK	OPEN
HARRINGTON	OPEN
MUZZEY	OPEN



The Practice Schedule

The Practice Schedule is on the “Spring 2025 Weekdays” spreadsheet linked under SCHEDULES on the LUSC homepage

There may be some dates where your regular practice field is unavailable. These are shown as **N/A** on the schedule →

- If your practice has a conflict, we will email you to suggest an alternate field
- If another team needs to join you on a field, please be flexible!

THURSDAY	Lincoln 1 (TURF)	Lincoln 2 (TURF, LIGHTS)
4.00 - 4.30pm		
4.30 - 5.00pm		
5.00 - 5.30pm		
5.30 - 6.00pm		N/A 9/5 Boys LPDA Juniors, BU11 and BU12
6.00 - 6.30pm		N/A until 6:15 9/5 Boys LPDA Juniors, BU11 and BU12
6.30 - 7.00pm		Boys LPDA Juniors, BU11 and BU12
7.00 - 7.30pm		BU13, BU14
7.30 - 8.00pm		BU13, BU14
8.00 - 8.30pm		BU13, BU14
8.30 - 9.00pm		until 9:00 9/5



April Break

- **Lexington will not host any home games on Saturday, April 19 due to Lex250.** If you have a home game scheduled for that day it will need to be either rescheduled or relocated.
- **There will be games on April 26** - please check in with your players about their availability



How to Cancel a Home Game

1. To cancel a home game, email weekend-schedules@lexingtonunited.org

1. Please cancel no later than Thursday 7pm before the game



How to Reschedule a Home Game

1. **Check the schedules** on the LUSC website to see available fields, days, and times
2. **Confer with the opposing coach** and agree on a day and time
3. **Email weekend-schedules@lexingtonunited.org** with the info so we can make the change official

More details are on the LUSC website



Goals Inventory

- 40 Goals
 - Adams (four 7v7), Waldorf School owns the two 11v11
 - Center (four 7v7, two 11v11)
 - Clarke (four 9v9; two 11v11)
 - Diamond (two 11v11)
 - Estabrook (two 9v9)
 - Harrington (four 9v9)
 - Lincoln 1 (four 7v7; two 11v11)
 - Lincoln 2 (four 9v9; two 11v11)
 - Lincoln 3 (two 11v11)
 - Muzzey (two 7v7)



Goals Update

See Something, Say Something

- Goals are inspected at the beginning of every season, but problems can develop any time.
- You look at our goals more often than we do.
- If you see something amiss, please email goals@lexingtonunited.org



Each goal has a unique number at the bottom left front corner



Netiquette

- LUSC goals that are not anchored, have internal weights in rear crossbar.
- Internal weights affect how goals move and cause abrasion if the net rides underneath when moved





Volunteer Opportunities

Join the Goals Management Team!

- Seeking a Goal's Coordinator to manage goal efforts
- Seeking (2) Goals' Technicians to help keep goals in order

Reach out with interest/questions >>>





U.S. Soccer Referee Abuse Prevention (RAP)



PENALTY OVERVIEW

The Penalties Matrix defines consequences associated with physical and non-physical offenses against Referees.

NON-PHYSICAL OFFENSES of gross misconduct, abuse, and / or assault

NON-PHYSICAL*	MIN. GAMES	TIME
Insulting, Belittling, Insinuating or Taunting Behavior Undermining Referee Authority	2	
Harassment, Intimidation, Retaliation, Abusive, or Threatening (Non Physical) Language	4	
Aggression, Attacking, Derogatory, Cyberbullying, Doxing or Threatening (Physical / Violence) Language	6	6 - 24 Months
Offensive or Discriminatory Act	10	12 - 24 Months

PHYSICAL OFFENSES of gross misconduct, abuse, and / or assault

PHYSICAL*	MIN. GAMES	TIME
Minor or Slight Deliberate Touching	3	1 - 6 Months
Pushing, Grabbing, Pulling, Squeezing, Pinching, Lightly Slapping, Use of Object in Non Striking Manner, or Physical Property Damage	10	6 - 24 Months
Hitting, Punching, Elbowing, Kicking, Biting, Spiting, Choking, Tackling, Throwing or Use of Object or Any Part of Body (Forearm, Knee, Head) in a Striking Manner		12 Months - Lifetime

(*) **Disclaimer:** These are only a few examples of abuse – other actions or statements may also fall into this category.

KEY PENALTY FACTORS

- Single offenses are at **minimum the prescribed game penalty or time penalty** for non red zone offenses
- Penalties can be **both game and time depending on severity / circumstances**
- Second time offenders receive **double punishment**
- Third time offenders receive a **lifetime ban**
- More than one offense at the same time is **at least the punishment for the most serious offense**
- Offenses against minors are automatically subject to a **“minor multiplier” resulting in triple punishment**
- **One offense warning per league** to be managed by states and leagues collaboratively
- Game consequences are **inclusive of 1 game penalty for any red cards given**
- Optionality for **50% penalty for first offense from a minor**

Please follow your current reporting structure – updated reporting procedure will be a part of Phase 3.

U.S. Soccer [video](#) briefly outline the new program and penalties



Pre-Game Sportsmanship Change

Mass Youth Soccer is making several changes to the pre-game in order to better address sportsmanship:

- 1) Team **handshake** will now take place **before the game**
- 1) A representative from the **home team** will read a **sportsmanship statement** to all players/spectators
- 1) Refer to MYSA email for procedural specifics
- 1) How we see this working on the field:
 - a) After coin toss...when referee ready for teams to take field, referee blows the whistle, teams assemble for hand shake, home team reads statement, handshake commences, teams take the field



Pre-Game Sportsmanship Statement

Welcome everyone! Today, we are here to have fun playing soccer. BAYS and Mass Youth Soccer wants us to play safe and play fair.

- 1. Poor sportsmanship** is not allowed, and can have consequences. All players should enjoy soccer without distracting behavior, or bad behavior from anyone, including grown-ups!
- 2. Referee** can stop the game if there are threats, discrimination, or if anyone enters the field without permission.

Let's have a positive soccer experience for everyone. Let's play safe, play fair, and have fun!



Referee Update

Christianne Mager

Ref-Assignor@LexingtonUnited.org / (617) 642-0393

Bob Licht

Ref-Mentor@LexingtonUnited.org / (617) 721-9658

Please **RESPECT** the Referee!

They are learning. They make mistakes. They are trying their best.
Soccer is their PASSION. Let's keep it that way.

ALL referee feedback should go through Bob & Christianne

BAYS Referee **Appreciation** Day: Saturday, May 17th, 2025



Game Day Protocols



A man with short grey hair and sunglasses stands on a grassy field. He is wearing a white soccer jersey with a dark horizontal stripe across the chest and dark shorts. He has a watch on his left wrist and a small object in his left hand. The background is a blurred green field under a cloudy sky. The entire image has a blue tint.

Game Day: The Coach as Problem Solver

*Don't point out problems without
offering potential solutions*



Observe and Adjust



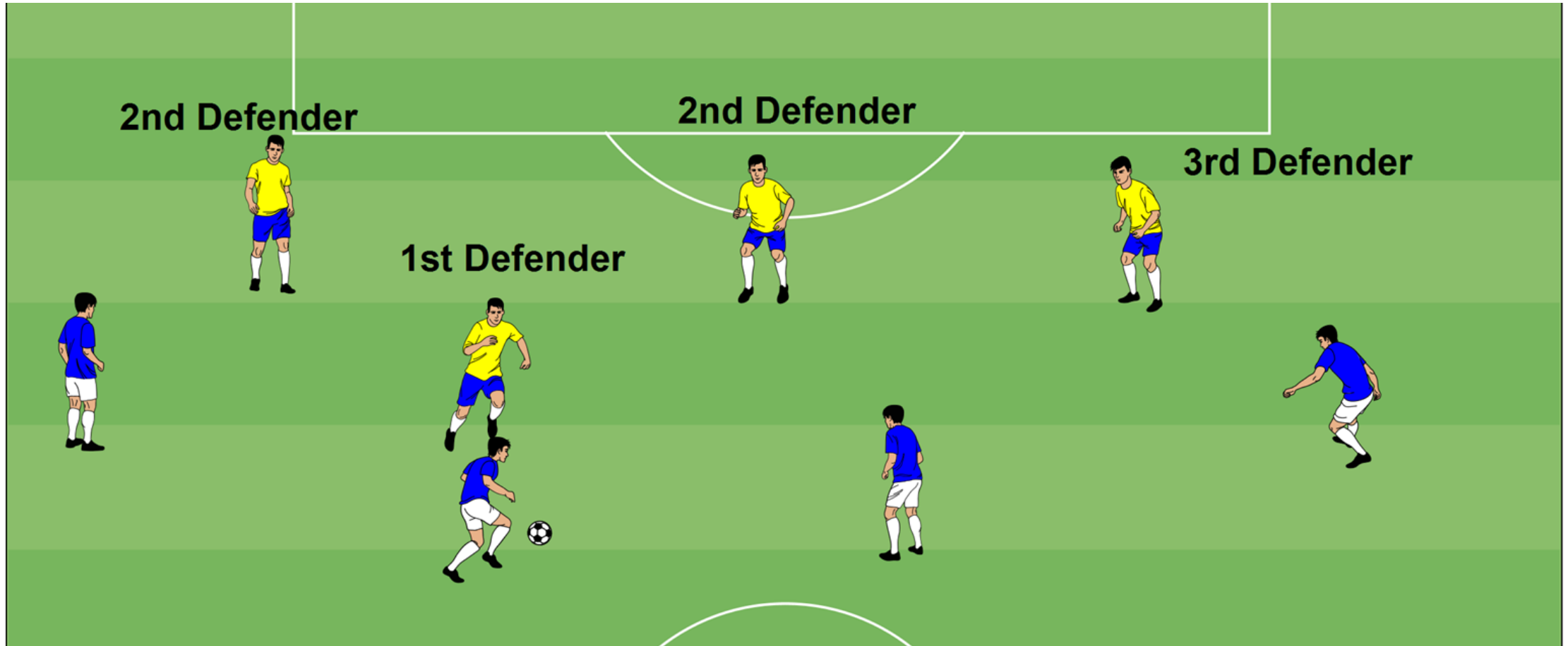
MONTH: _____

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

**3 weeks
And
10 minutes**



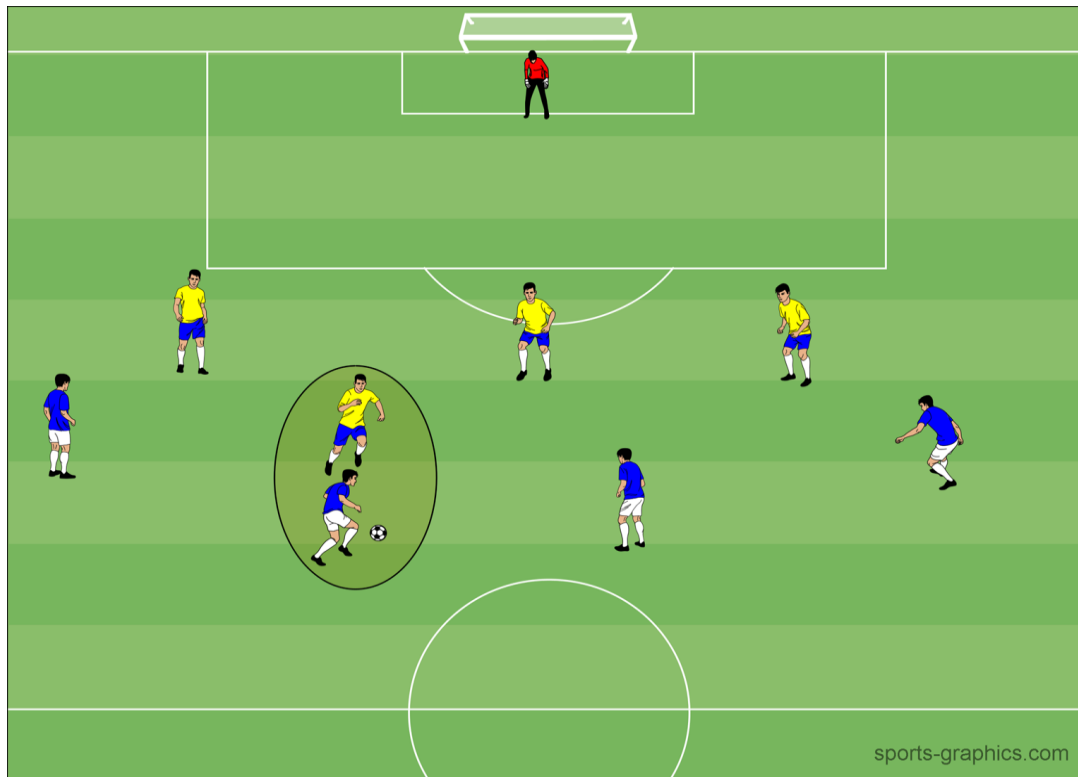
Terminology



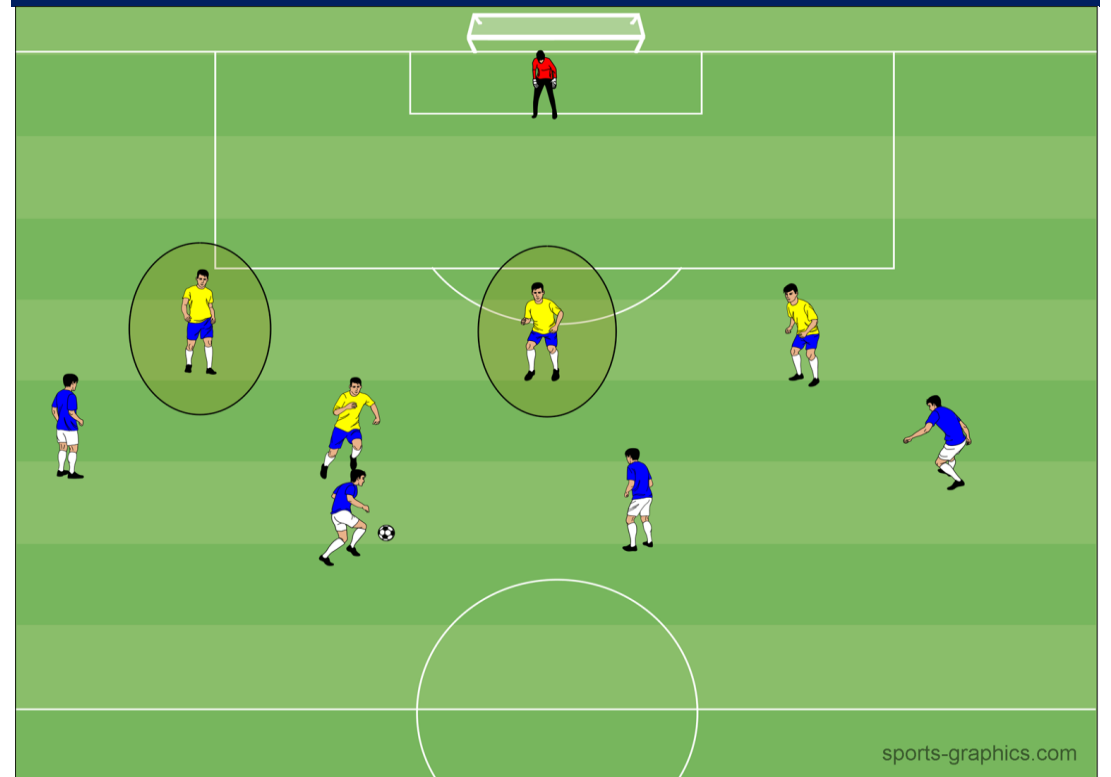


Pressure Cover

Pressure



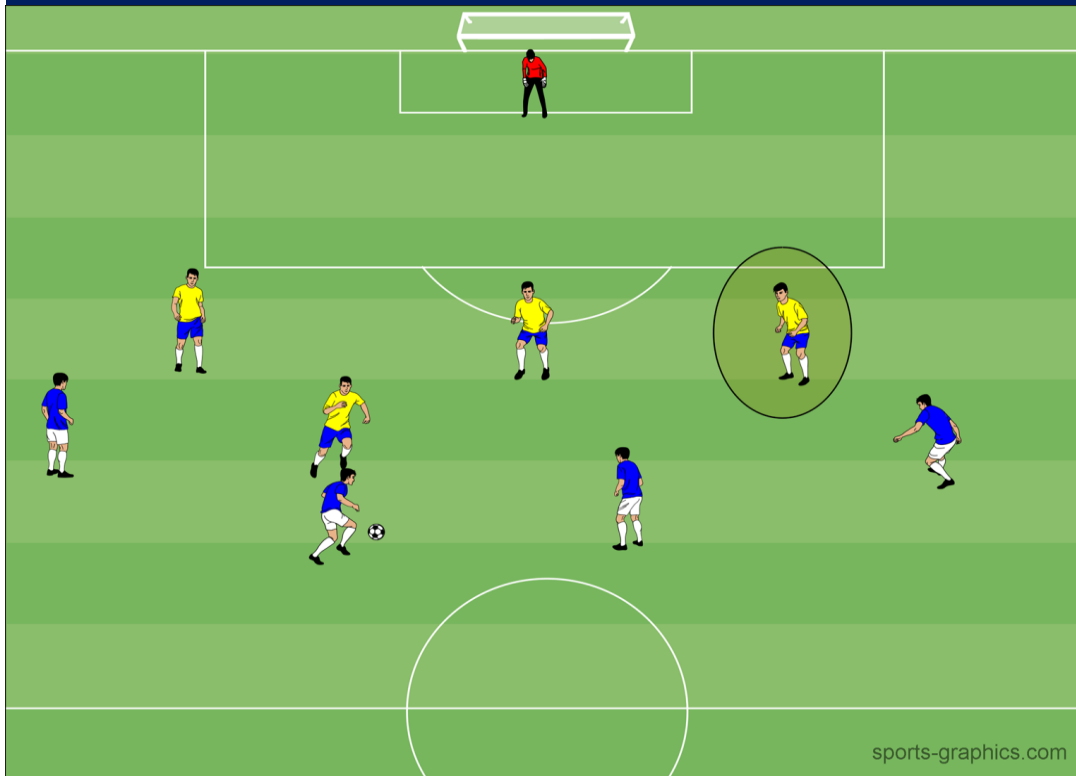
Cover



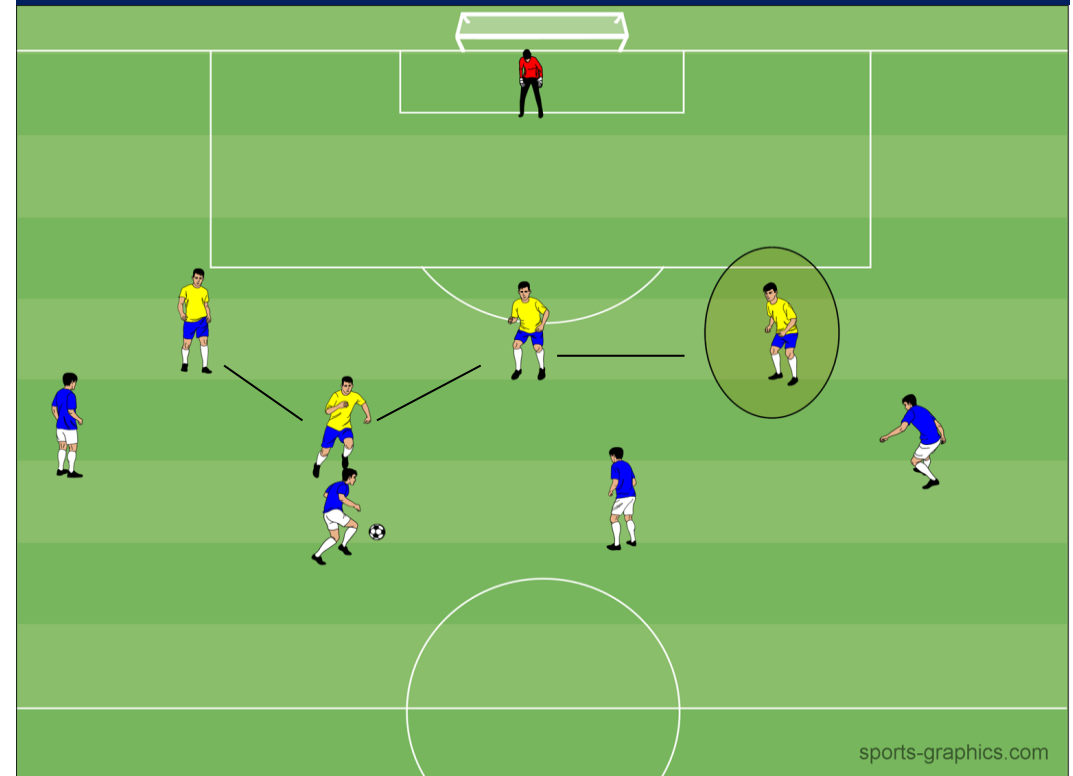


Pressure Cover Balance

Balance

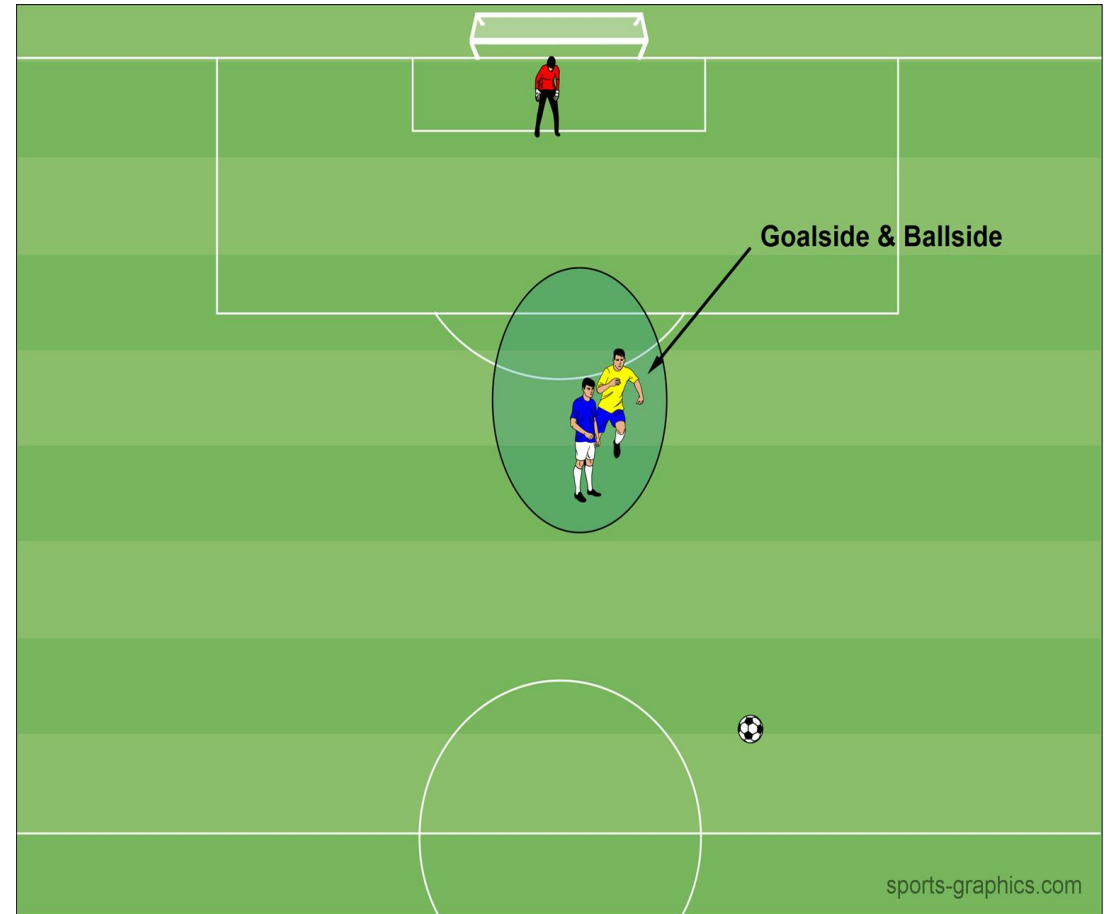
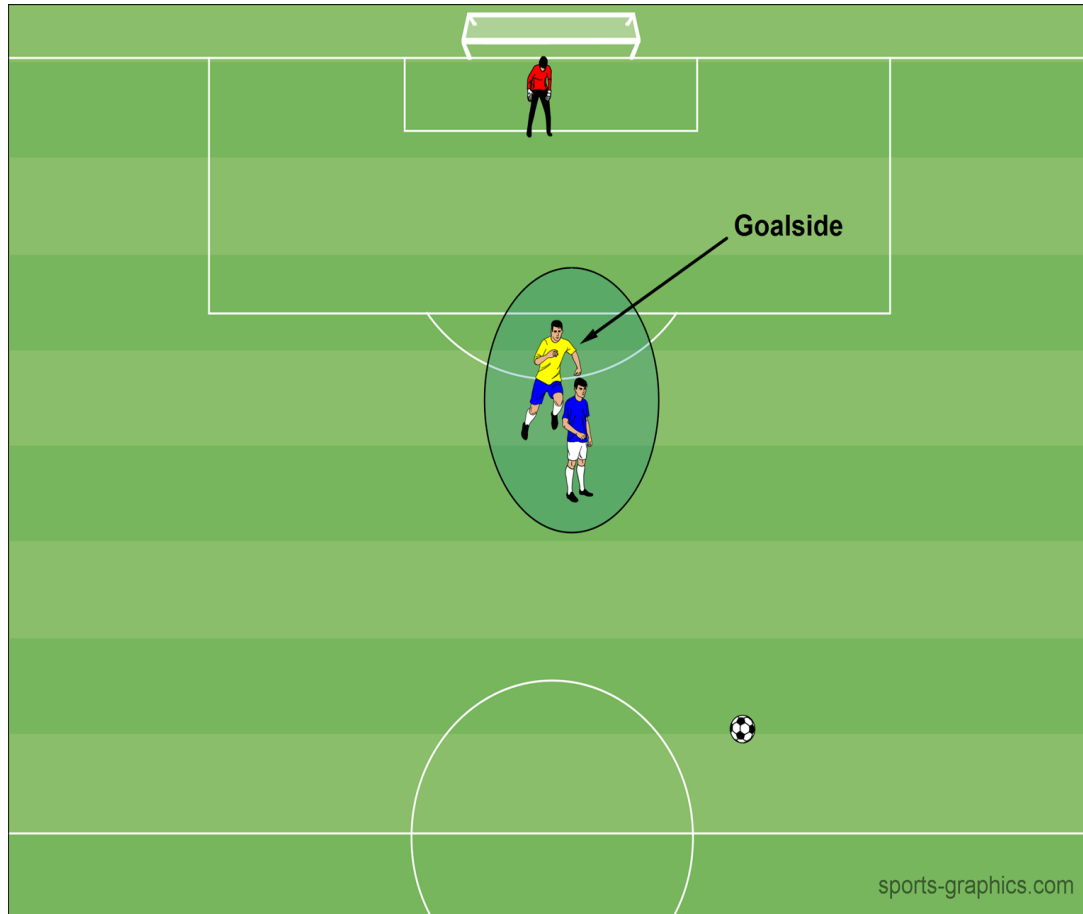


Connected



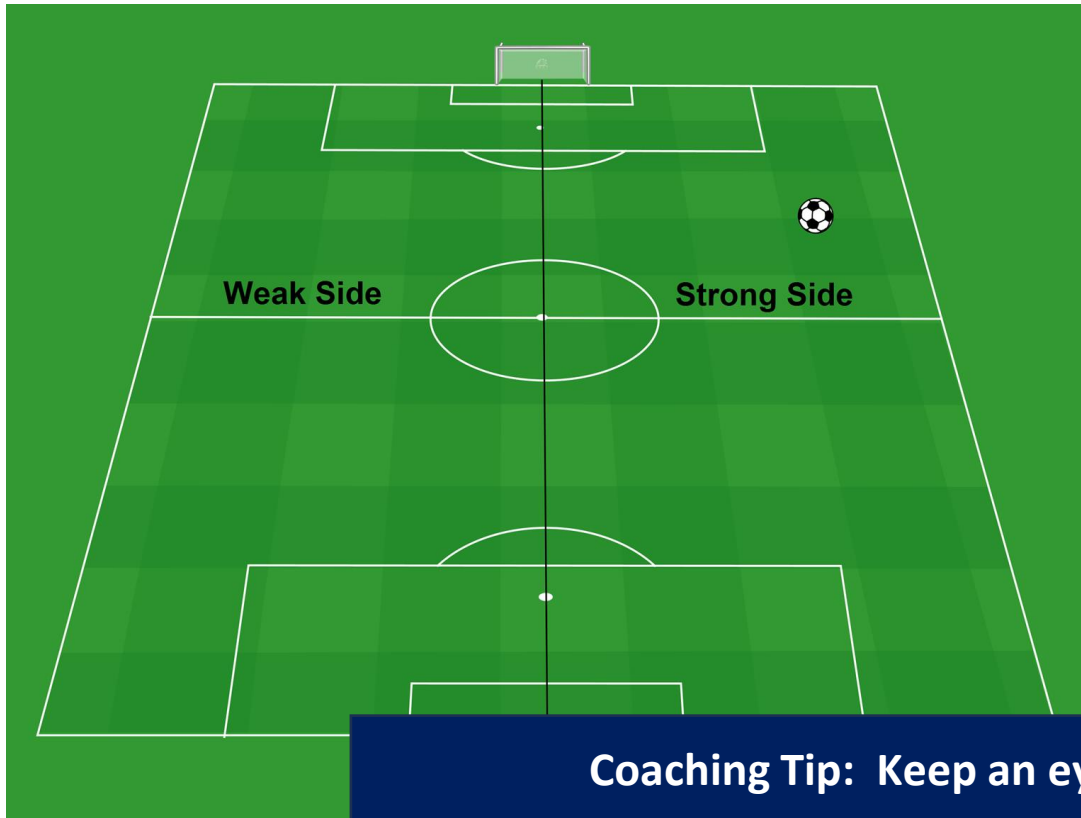


Goalside/Ballside





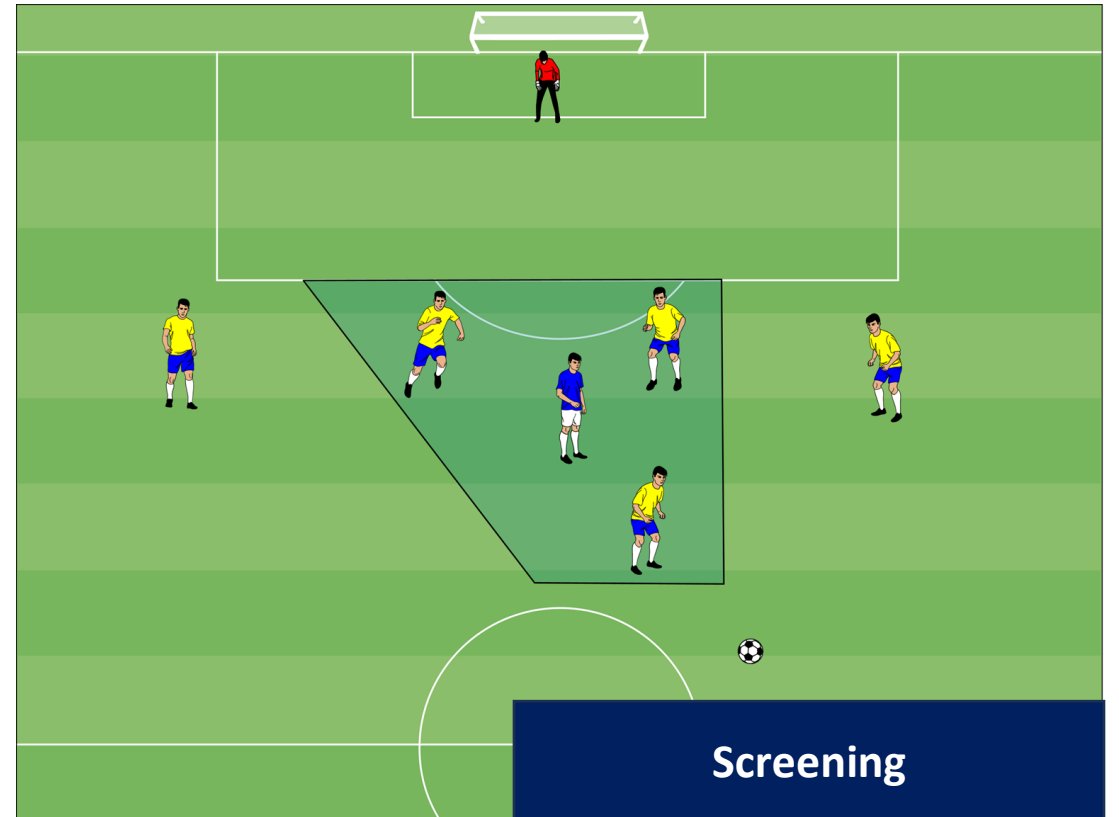
Strong Side vs Weak Side



Coaching Tip: Keep an eye on the weakside!



Key Spots to Observe





The Loop



You CANNOT improve technique on game day!

You CAN improve team structure!

Focus on what you can do, not what you can't.

DON'T COACH THE PLAYER ON THE BALL

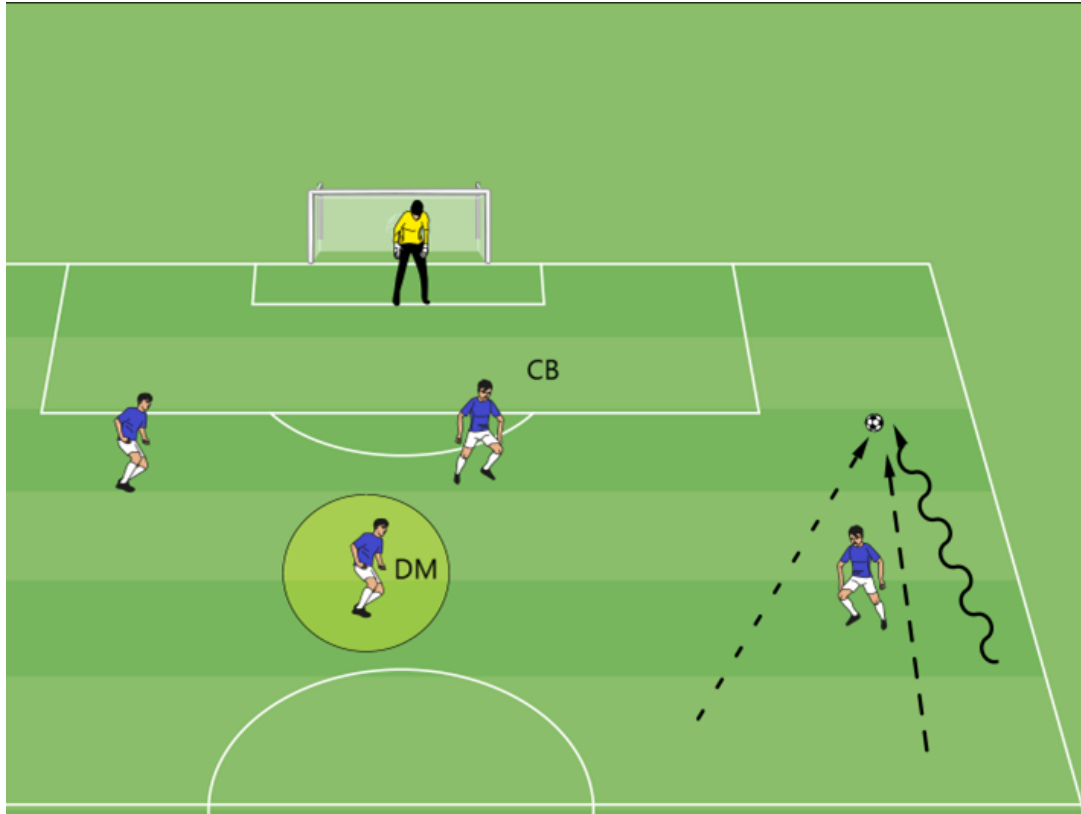


Utilize Your Staff





Common “What If” Scenario?



Ball Played Behind the Outside Back

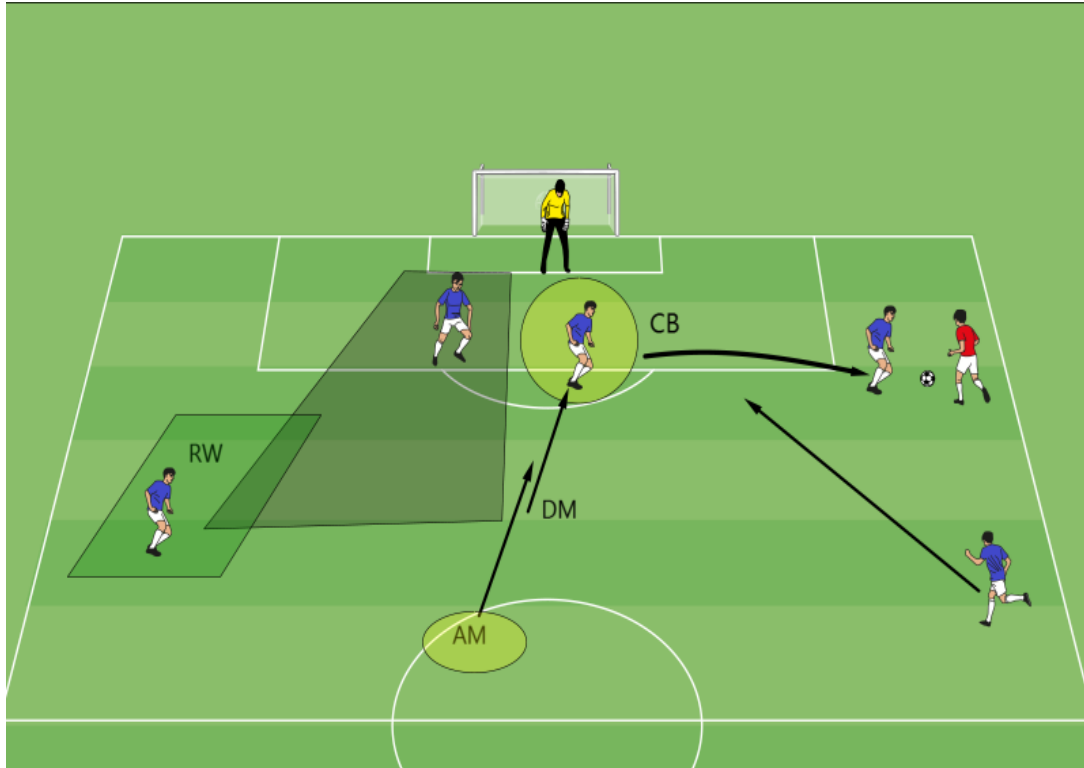
Reality- “Billy is getting killed out there”.

True, but not helpful!

Question- How can we help Billy?



Potential Solution



If the Center Back decides to vacate the middle to cover the wing, how do we react?

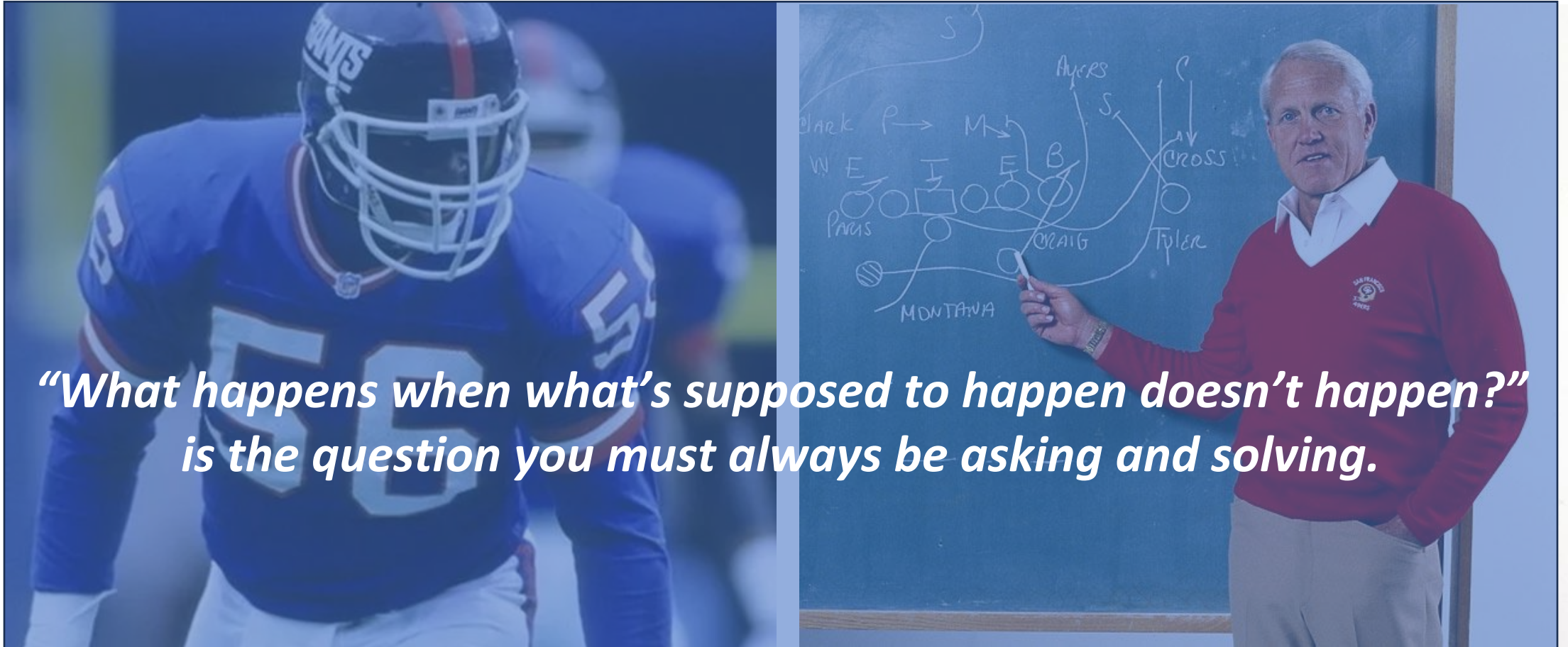
Does the Central Midfielder drop in?

Does the Right Back slide over and fill? If so, how does the winger react?

What do you want to see happen? If you don't know, how will the kids?



Game Changer



***“What happens when what’s supposed to happen doesn’t happen?”
is the question you must always be asking and solving.***



Changing a Formation



Narrowing the gap:

1st match: Aztec 7, LPDA 0

2nd match: Aztec 4, LPDA 1

3rd match: Aztec 2, LPDA 0

Final match: Aztec 2, LPDA 2



K-4-3-1



I decided to move to a 4-back system for a couple of reasons:

- I knew we would be a little fatigued from our morning match and thought that four at the back would provide a bit of stability.
- I also didn't want to change center backs half-way through the game since that is a big challenge for any team let alone a U12 side.
- My hope was by adding an extra center back it would allow for Frankie and Michael to push higher up the field and aid our attack.
- By establishing width through our outside backs, it allowed for the midfield to play a bit narrower. This allowed us to win more balls centrally and control the middle of the field.



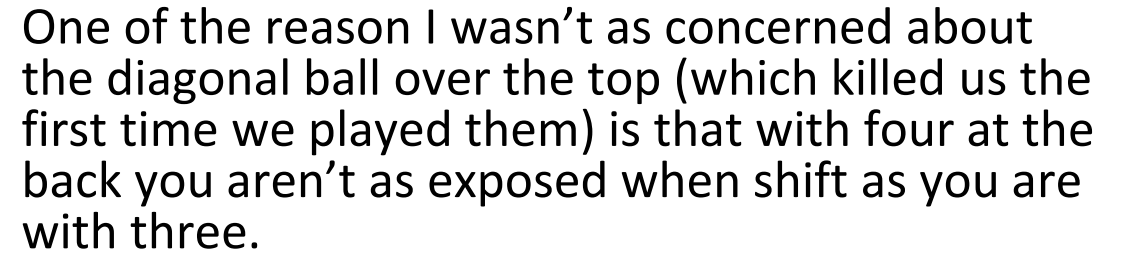
The Plan



My preference is to defend inside out. Eliminate spaces that the opposing team can play through and make them play around you where you can recover.

My hope was to **try to halve the field** and shift our right attacking mid out to pressure and the left attacking mid to take away the closest of the two defensive CM's.

Could we attack the space behind their left back once we gained possession?



At the outside back we did really well in 1v1 situations which allowed our CB's to stay central and not get drawn wide to provide cover. This provided us with good numbers in the box to crowd out spaces when things did break down.

Brayden's ability to help protect the backline and his general work-rate and positioning was outstanding and exactly what you want from that position.



BC vs Northeastern Rematch





This is What's Happening & Why





How Can I Help My Team?





Decision





Be Present- Leave the Office Behind





Final Thought- Excellence

Do the best you can, with what you have, in the present moment.

- *Mark Bennett, former UK Special Forces, Master Coach*

Thank You



Developing lifelong soccer players among Lexington youth