



LUSC Coaches Meeting

Fall 2026 Season
3rd-8th Travel Programs
September 2, 2026





Welcome to the Spring 2026 Season!

Thank you for being here!

Our Mission

To develop lifelong soccer players among Lexington youth



It takes a Club



Volunteerism

Strengthening our community by giving our time



Off the Ball

The work nobody sees, done anyway



Advocacy & Partnership

Championing the future of youth soccer in Lexington, together

In 2025 / 2026 season: **228 volunteers** & **32,000 hours**



Community Presence

World Cup Watch Parties

- **Over 20,000 people** attended this 11 day event (June 16-26) in Lexington town center, with over 6,000 at US vs Australia game.
- **LUSC** is a major community sponsor, with a dedicated soccer activity area.
- **Each day, over 100+ kids** had fun at LUSC soccer area with 2 goal posts and multiple fields for street soccer play.
- **LUSC manned 12 watch parties** (of 19), with over 20 ICs (coaches) and 50+ LUSC ambassadors giving quizzes, stickers, and refereeing soccer play.





World Cup Newsletter



NEED WRITERS
Invite your team to join!



2026 WORLD CUP



2026 SUMMER NEWSLETTER

From LUSC President	pg. 3
Interview with new LUSC President	pg. 4
Lexington World Cup Watch Parties	pg. 5
What is World Cup?	pg. 7
World Cup Titles	pg. 8
Favorite Soccer Players	pg. 9
Favorite Soccer Teams	pg. 10
Skill, Effort, or Athleticism?	pg. 11
GoPlay UK Trip Goes Astray	pg. 13
Pressure	pg. 15
Championship Memories	pg. 17



Favorite Soccer Players

By: Florence Ang



Based on surveys from LUSC soccer players and coaches

Favorite Soccer Teams

By: Florence Ang



Based on surveys from LUSC soccer players and coaches

Pressure

(continued)

Silence
Disrupted by the sharp whistle
Run
Kick
The ball soars
Like it is flying
Right above the goalie
Right into the net
I see it first
Happiness fills me
Relief, joy, smiles
Hugs, high fives
We can do this!

Our team's kick
Top left corner
Right where the goalie wasn't
Score! 3-2
Miss, miss
Last shot of the game
All up to our mighty goalie
Bang!
All eyes on the ball
My whole team ROARS
We tackle our goalie to the ground
We did it.
Champions.



LUSC 2024 Girls

Championship Memories



LUSC 2011 Girls



Community Presence

Please Join Us for **Night at The REVS**

- October 17th, 7:30 kickoff against Chicago Fire at Gillette Stadium with pre game tailgate with the LUSC community
- **Free player ticket!!**
- As event approaches, all LUSC players and parents will receive link to buy tickets
- LUSC has reserved parking lot for tailgate and pregame soccer
- Last spring LUSC had over 500 players and parents join!!!
- Be on the lookout for the email from New England Revolution in early September



FALL NIGHT AT THE REVS

10.17 VS CHICAGO FIRE

RALLY YOUR TEAMMATES, INVITE YOUR FAMILY,
SUPPORT OUR SOCCER COMMUNITY,
AND FILL GILLETTE STADIUM WITH LUSC PRIDE!

FREE PARKING & TAILGATING

**ALL LUSC REGISTERED
PLAYERS GO FOR FREE**



Community Presence

Help us with our social media!!!

- **Follow LUSC** on Instagram **@LUSCSOCCER** and Facebook **@Lexington United Soccer Club** for update and highlights of season
 - If coaches have goals, great plays and or photos they would like to share on our social media accounts, please DM our instagram account !!!
- We update registration dates, tryouts, and other helpful updates via our social media platforms, so please follow us



@LUSCSOCCER





Your Support Network – LUSC Board

LUSC BOARD MEMBERS

President	Sean Kennedy	president@lexingtonunited.org
VP Programs	Jon Trementoizzi	jon.trementoizzi@gmail.com
VP Admin	Sam Ang	vp-administration@lexingtonunited.org
VP Registration	Hannah Mamuszka	vp-registration@lexingtonunited.org
VP Marketing	Ben Myers	marketing@lexingtonunited.org
VP Schedules	Mihran Yenikomshian	vp-schedules@lexingtonunited.org
VP Equipment	Phil Porter	philip@porterbuild.com
VP Technology	Chuck Alexander	technology@lexingtonunited.org
Treasurer	Tara Mathur	treasurer@lexingtonunited.org
Clerk	Aradhana Kuhn	aradhana.bhargava@gmail.com
Past Pres. & BAYS	Surya Singh	suryacsingh@gmail.com
General Members	Kathryn Ready	kathrynwil26@hotmail.com
	Alfredo Milan	alfredomilan@gmail.com
	John Truelove	john.truelove@gmail.com



Your Support Network – Division Directors

3rd-8th GRADE DIVISION DIRECTORS

Boys Grade 3	Hannah Mamuszka	hmamuszka@gmail.com
Boys Grade 4	Matt ODonnell	odonnell.matt@yahoo.com
Boys Grade 5	Vanita Srikanth	vanita.srikanth@gmail.com
Boys Grade 6	Aradhana Kuhn	aradhana.bhargava@gmail.com
Boys Grades 7 & 8	Jon Trementozzi Jeff Bettencourt	jon.trementozzi@gmail.com jeff.bettencourt@ovitas.com
Girls Grade 3	John Truelove	john.truelove@gmail.com
Girls Grade 4	Christine DeRosa	derosa08@gmail.com
Girls Grade 5	Lauren Noel	laurenemilynoel@gmail.com
Girls Grade 6	Heather Baker Nielsen	heather.baker.nielsen@gmail.com
Girls Grade 7 & 8	Phillipe Schenk Ben Myers	schenkpt@gmail.com benmyrs@gmail.com
Boys & Girls High School	Diane Pursley	registrar@lexingtonunited.org



Your Support Network – Staff / Volunteers

LUSC Staff and Volunteers	
Director of Coaching	Brendan Donahue
Asst Dir. of Coaching	TBD
Registrar	Diane Pursley
Schedules	Liz Bettencourt
Fields Coordinator	Liz Bettencourt
Equipment – Goals	Justin Whitehead
Equipment – Coaching	Hugo Valdovines
Referee Assignor	Christianne Mager
Head Referee Mentor	Bob Licht
Coach Mentor	Rick Tyson
TOPS Program	Paul Clough
Mentor Program	Phil Porter



Guest Player Policy: LUSC Guidance

- Our expectation is that this policy helps with the following:
 - Avoidance of canceling games due to low numbers during April school vacation week
 - Avoidance of playing short-handed and/or canceling games due to injuries and illness
- Please keep in mind that you are allowed to bring players up from a “lower” team, not bring players down from “higher” teams.
- Need to bring a two copies of the roster for the guest player’s original team

Please don’t abuse this policy - it is not intended to be used to gain a competitive edge



Agenda: 3rd-8th Grade Programs

Time	Topic	Presenter
7:15 – 7:25	Welcome to the Spring 2026 Soccer Season!	Sean Kennedy, President
7:25 – 7:30	Registrar Update	Diane Pursley, Registrar
7:30 – 7:40	Equipment Update	Hugo Valdovines, Equipment Coordinator
7:40 – 7:50	Field and Schedule Update	Liz Bettencourt, Schedules Coordinator
8:50 – 7:55	Goals Update	Justin Whitehead, Goals
7:55 – 8:05	Referee Update	Christianne Mager, Referee Coordinator Bob Licht, Referee Mentor
8:05 – 8:45	Travel Program – DOC Presentation	Brendan Donahue, Director of Coaching



Coach Development & Mentorship

New (or New-ish) to Coaching?

The CDM program is here to be a Resource for You - We are coaches who started waaay back in K-2 and recently “graduated” from U14

We are here to answer questions throughout the season on anything you need and can help with organizing an effective & enjoyable Game Day

For Grade 3 and 4 In town and Travel, we will have a pre season zoom to discuss game day planning

We are often on field if you ever have any questions

Feel free to reach out to Rick Tyson rickdtyson@gmail.com



Registrar Role Overview

- Point of contact for families with questions about programs, teams, uniforms, and refunds
- Manager of Team Snap registration and rostering
- Data manager for player evaluations and team formation
- BAYS point of contact for rosters, placement and waivers
- Massachusetts Youth Soccer Association (MYSA) point of contact
 - Coaching credentials
 - Affiliation reporting for LUSC general insurance
- Email Registrar@lexingtonunited.org if you have a question



MYSA Registration Information

All Coaches need a MYSA Credential and must wear to all games

Credentials are good for the soccer year (Fall 2026 through Spring 2027)

- **MA Safe Soccer** is a comprehensive Adult Registration process and training required for all adults working with children, required even if you completed a CORI for another organization.
- [Sports Connect](#) is the system Mass Youth Soccer (MYSA) uses to facilitate the credential process
- Start by [registering with MYSA](#) (required every soccer year- opened July 1)
- Order a CORI through MYSA (NOT US Soccer) if you are a new coach
 - Once accepted through MYSA, Registrar must verify before credentials are final
- Use the [US Soccer Learning Link](#) to complete the Concussion & Safesport Training
 - Safesport required annually, Concussion good for two soccer years
- Finally, check on Sports Connect to make sure you are all set. (I am happy to confirm for you)



MYSA/LUSC Resources

- [Adult Registration Process](#)
- [Adult Registration Video](#): 4 minute overview of the process
- [MYSA Registration Portal](#): Start here to register
- [US Soccer Safe Soccer Learning Link](#): Click here to start your training
- [US Soccer Help Guide](#)
- [Sports Connect Log-In](#): Check your credential status here
- [Bays.org](#): website to access rosters, schedules, standings and more
- [LUSC website page for basic coach credential information](#)
- [LUSC website page for new coach information \(regarding CORI verification\)](#)

Pro tip: Use the same legal name and email address for all accounts



Rosters & Other Game Day Info

Please bring 2 rosters to every game: one for the ref and one for the other team

- All players must be listed on the roster with their birth month and year and their jersey number per BAYS
- Head coach must be listed on the BAYS website and also be on the roster
- All coaches listed on the roster must have 2026-27 coach credentials
- **NEW:** All MYSA badges have the Sportsmanship Statement on the backside of the badge for your convenience on game day



Late Uniform Orders

- After the initial order that was due in July, we order extra uniforms to keep in inventory for late orders primarily from families new to town
- Tricon works with families to make sure everyone has a uniform
- Start with the LUSC Store:
<https://lusc-spring-2026.itemorder.com/shop/home/>
- Contact email for families that need uniforms if the store sells out: teamstores@triconsports.com (or direct them to registrar)



Equipment Update

Equipment bags

- Equipment bag and contents should be handled by coaches only
- Coaches keep equipment bag at the end of the season or pass on to the DD if they will no longer be coaching (DD will pass to new team or head coach)
- Unused equipment will be re-used or recycled

Equipment bag contents

- Cones/Coaching Manual/Goalie gloves/12 single-color pinnies/medical kit/ball pump



Equipment Update

- **Coaches meeting: DDs distribute equipment for the season**
 - Game ball
 - Ice packs (4 per team)
 - Coaching manuals (new coaches)
 - New equipment bags (for new coaches and G3 travel teams (spring only))
 - Coach T-shirt (size S , M, L, XL, 2XL, 3XL) - available at Diamond on Saturday mornings in-season
- **Let your Division Director know of any equipment needs during the season:**
 - Ball pump and/or needles
 - Medical kit
 - Replacement game ball
 - Goalie gloves, cones, ice packs
- **Contact Registrar for reversible pinnies or travel uniform orders**



Contact info for Scheduler

LUSC Role

Scheduler

Console Admin /
Assistant to the Scheduler

LUSC Volunteer

Liz Bettencourt /
weekday-schedules@lexingtonunited.org

Jeff Bettencourt /
console-admin@lexingtonunited.org



Schedules

**Practices officially start the week of Sept 7.
Games start Saturday, Sept 12.**

- **Game schedules** are on BAYS.org, in TeamSnap and on the LUSC website.
- **Practice schedules** are on the “Fall 2026 Weekdays” link on the LUSC homepage and in TeamSnap.
- Both will be auto-synced to TeamSnap throughout the season.



SCHEDULES

Fall 2026 Weekdays

Fall 2026 Weekends

Fall 2026 Full



LUSC Console: Integrated Scheduling

TeamSnap, BAYS, GotSport (LPDA), MyRec (town fields system), and the field schedule on the LUSC website are all linked. When a game or practice is (re)scheduled the info will automatically flow through to TeamSnap.

- Coaches can update events (cancel, reschedule) via TeamSnap
- **Please do not delete events in TeamSnap**
- Practices and games are automatically synchronized
 - TeamSnap - every 30 minutes
 - BAYS - every 4 hours (30 minutes on weekends)
 - GotSport - every 2 hours (30 minutes on weekends)
 - MyRec - every hour (30 minutes on weekends)





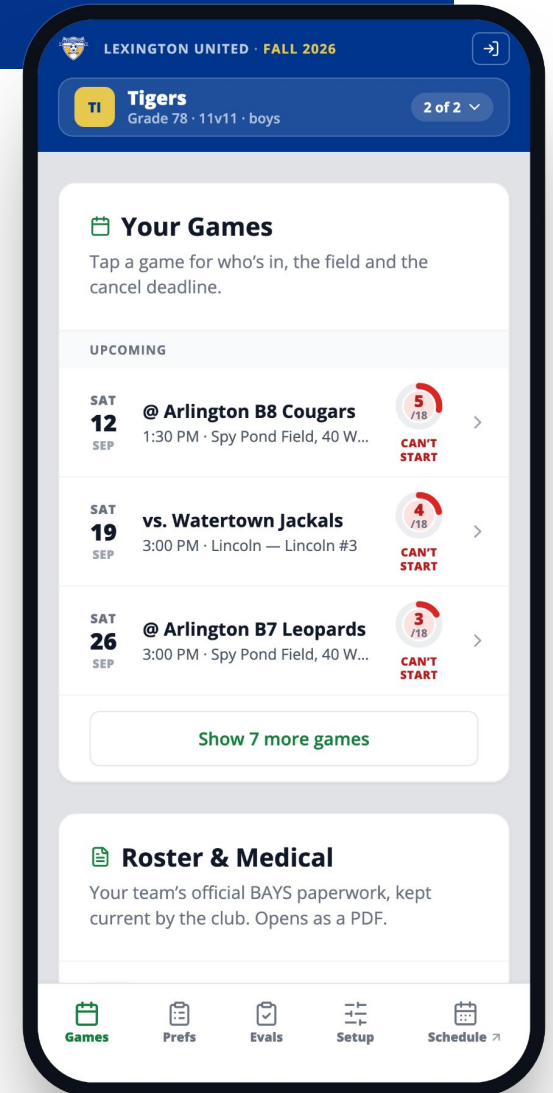
Introducing: LUSC Coach App

Coaches

- **Rosters and medical, always current.** Official BAYS paperwork, opened inside the app.
 - IMPORTANT: **You still must PRINT OUT 2 COPIES of your roster for each game**
- **Guest players.** The app knows the policy and offers only the teams you are allowed to borrow from (includes roster & medical access) + email for other coaches.
- **Cancel and reschedule a game.** Monitor RSVPs, cancel or find guest players. Poll your team for workable dates, confirm rescheduling, all through the app.
- **Arrival times, set by the coach.** For practices and for games.
- **Team evaluations.** The team evaluation form moves into the app. (Later this season)

DDs

- **Pro practice, week by week.** Choose which teams see it on their schedule for a given week, and change the duration.
- **One email to many.** Every coach in the division at once, or only the teams they pick.





LUSC Coach App

- Login with Google account or email.
 - Must use same email as registered in TeamSnap.
- Available on Desktop or Mobile
 - Install as 'App' for easy mobile access:



<https://console.lexingtonunited.org>





Reasons to Cancel a Game

1. Not enough players available (even with the Guest policy)

Check in with your team about their availability on the following Saturdays:

- *September 19 - long weekend for Yom Kippur*
- *October 10 - Columbus Day weekend*

2. Field closed due to unplayable weather or wetness

- *This decision will be made by LUSC*

NOTE: The App will email you 4 days prior to the game if your RSVPs are low.

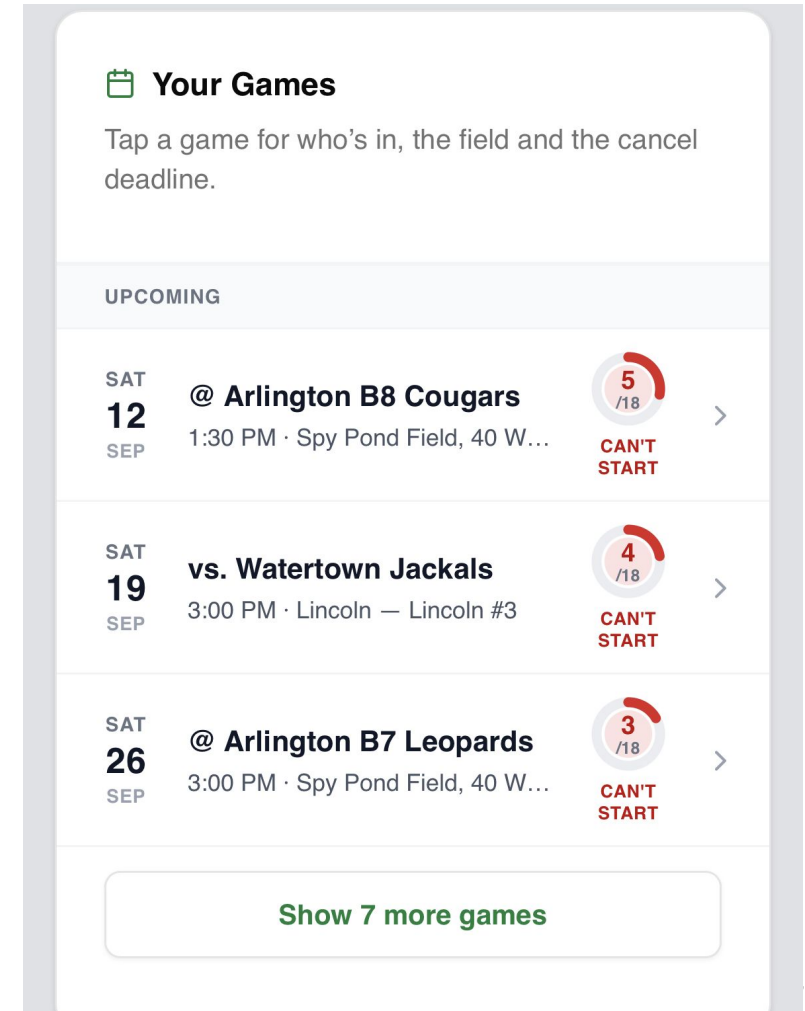




Canceling and Rescheduling a Game

- Use the LUSC Coach App or Website
- Games will appear in your app (switch between teams if you coach multiple teams)
 - Upcoming games show with RSVP counts from TeamSnap showing if you have enough players to field a team.
- **Please cancel as soon as possible and no later than 4pm Thursday, otherwise LUSC gets fined.**

(It's the responsibility of the other team to cancel an away game.)





Rescheduling a game

Home vs. Away

- Home Games
 - MUST use app to propose and accept a time
- Away Games
 - Can use app to poll your team for times
 - Any update to game in BAYS will clear extra holds



@ Arlington B8 Cougars AWAY

Sat, Sep 12 · 1:30 PM

🕒 1:30 PM – 2:50 PM

📍 Spy Pond Field, 40 Wellington St, Arlington, MA 02476

⚠️ CAN'T FIELD A TEAM

5 of 18 in · 1 maybe · 12 no reply

2 more players needed just to start (minimum 7).

Only Arlington B8 Cougars' coach can cancel this game officially.

vs. Watertown Jackals HOME

Sat, Sep 19 · 3:00 PM

🕒 3:00 PM – 4:20 PM

📍 Lincoln — Lincoln #3

⚠️ CAN'T FIELD A TEAM

4 of 18 in · 14 no reply

3 more players needed just to start (minimum 7).

Cancel by Thu 6:00 PM

🔄 Cancel / reschedule



Rescheduling a game

vs. Watertown Jackals · Sat, Sep 19 · 3:00 PM

**Short on players?
Add guest players.**

BAYS lets you play up to four guest players from other LUSC teams. Cancelling costs everyone a game and a field — it is the last resort, not the first.

Teams you may pull guest players from

[See guest players](#)

[Never mind](#) [Continue cancelling →](#)

[Show 7 more games](#)

Every cancellation request provides a reminder about guest players and shows teams you can borrow from, including availability.

Hint: Use email button to email guest player coaches

▼ **Guest Player Rosters** 3 of 4 teams

Teams you may pull guest players from

CHECK AVAILABILITY FOR A GAME (optional)

Sat, Sep 19 · 3:00 PM vs Watertown Jackals ▼

A team already playing at that time can't lend you a player. The order below is still strongest-first — conflicts are marked, not moved.

Up to **4 guest players** per game, and none in the playoffs. A guest may play up a section or one grade group, never down.

[BAYS Guest Player Policy](#) ↗

YOUR GRADE GROUP · SAME SECTION OR WEAKER

Magic 4 / Q1 **UNAVAILABLE · PLAYS 3:00 PM**

Updated Aug 29, 2026

Roster Medical

[Show 3 more from Grade 6](#)

[Games](#) [Prefs](#) [Evals](#) [Setup](#) [Schedule ↗](#)



Rescheduling a Game

Provide a reason and confirm the cancellation.

Home Games:

- Canceling through the App will alert Liz and Christianne, who will cancel with BAYS/Referees.

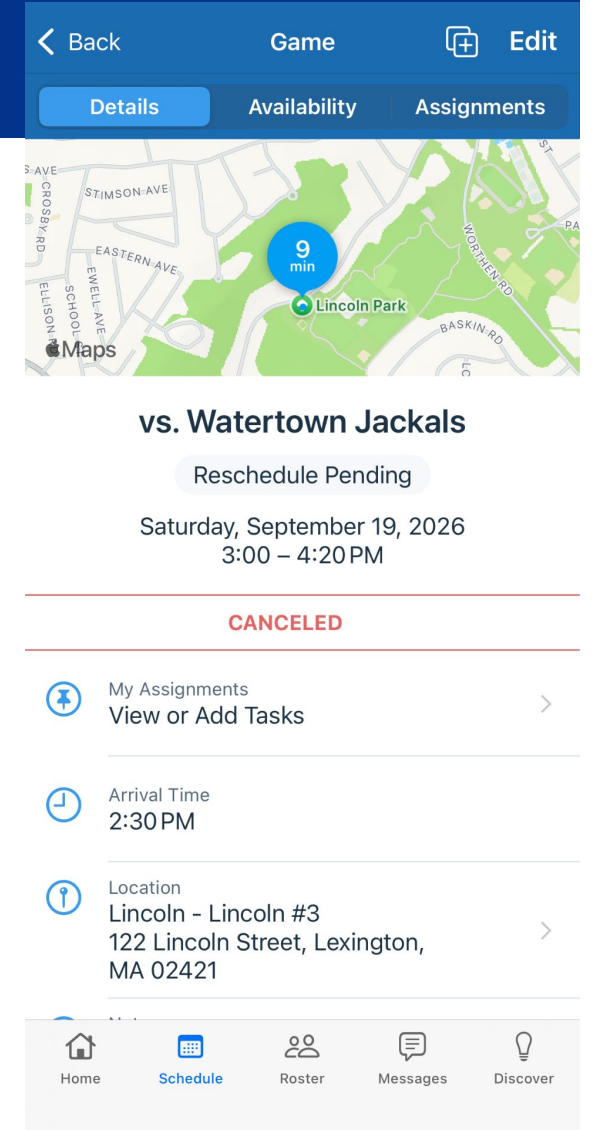
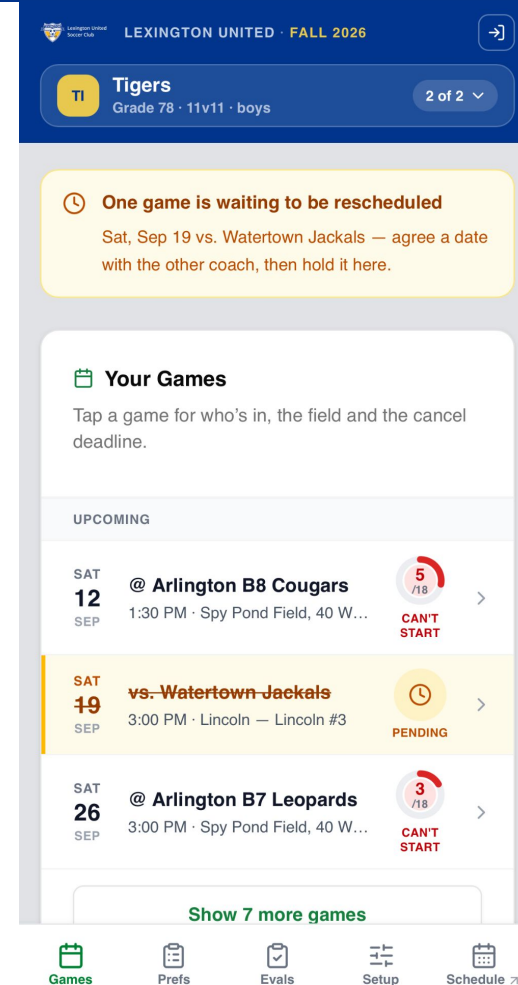
Away Games:

- Away coach is responsible for cancelling with BAYS.



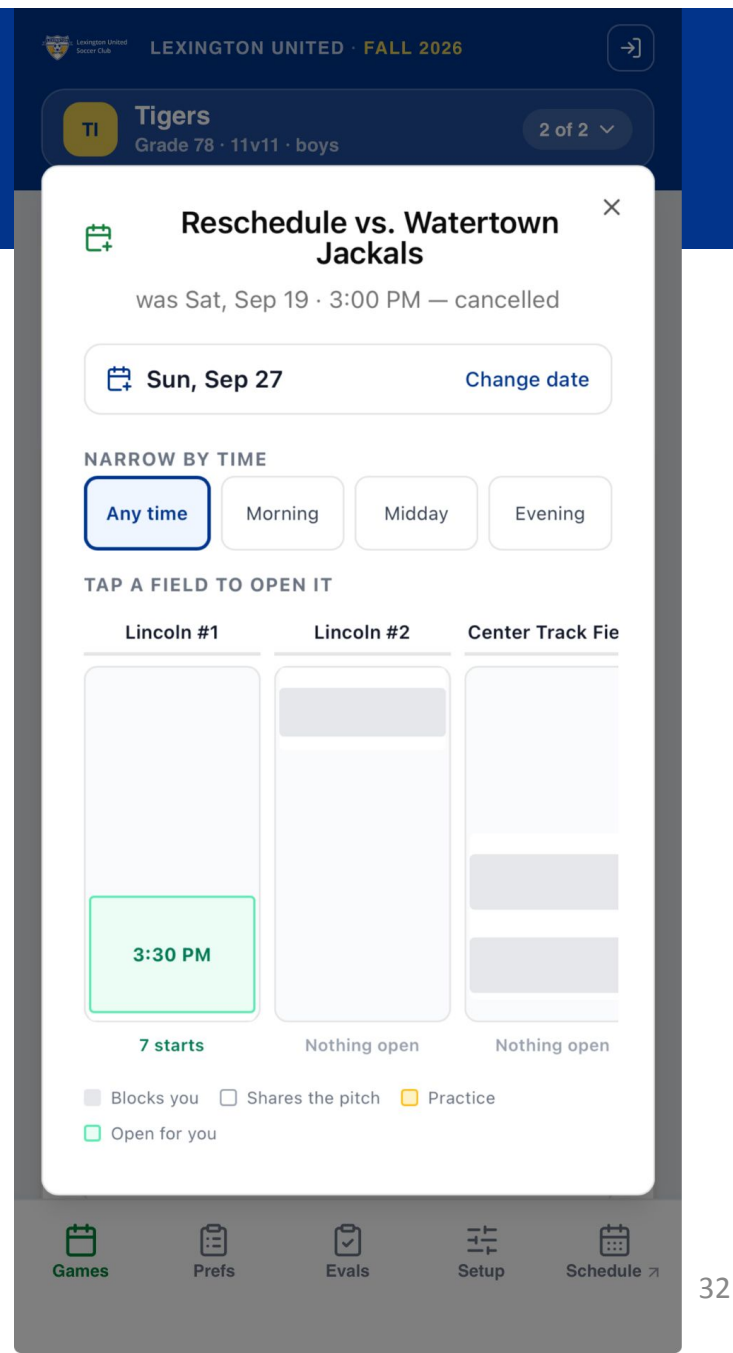
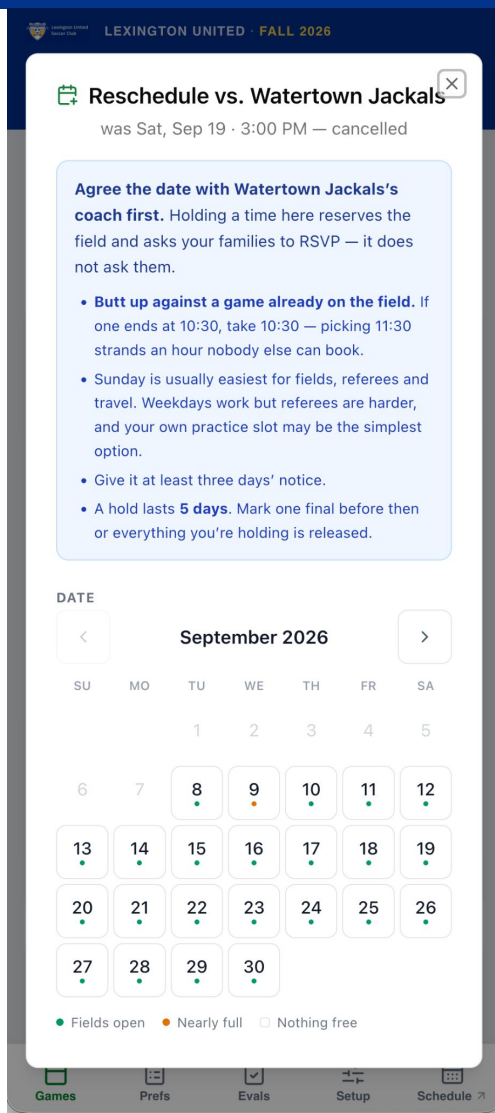
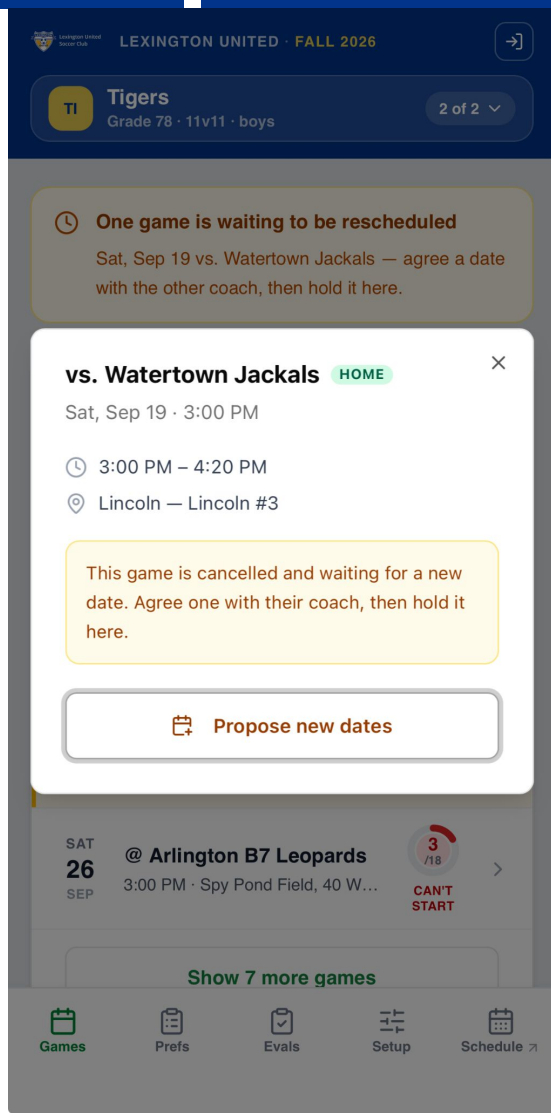
Rescheduling a Game

Game will show as Canceled in TeamSnap with 'Reschedule Pending' badge.





Rescheduling a Game





Rescheduling a Game

LEXINGTON UNITED · FALL 2026

Reschedule vs. Watertown Jackals ×
was Sat, Sep 19 · 3:00 PM — cancelled

Sun, Sep 27 [Change date](#)

< All fields

Lincoln — Lincoln #1
Your game needs 1h 20m

OPEN · 2H 50M

CHOOSE A START

3:30 PM — 6:20 PM

3:30 PM

6 other starts

Take a start that butts up to a booked game — picking the middle of a window strands time nobody else can book.

Games Prefs Evals Setup Schedule

LEXINGTON UNITED · FALL 2026

Reschedule vs. Watertown Jackals ×
was Sat, Sep 19 · 3:00 PM — cancelled

Lincoln — Lincoln #1
Your game needs 1h 20m

OPEN · 2H 50M

CHOOSE A START

3:30 PM — 6:20 PM

3:30 PM

3:45 PM 4:00 PM 4:15 PM

4:30 PM 4:45 PM 5:00 PM

Fewer times

Take a start that butts up to a booked game — picking the middle of a window strands time nobody else can book.

Games Prefs Evals Setup Schedule

LEXINGTON UNITED · FALL 2026

Reschedule vs. Watertown Jackals ×
was Sat, Sep 19 · 3:00 PM — cancelled

Lincoln — Lincoln #1
Your game needs 1h 20m

OPEN · 2H 50M

Sun, Sep 27 · 3:30 PM Lincoln #1

Hold this date

Hold it and make it final

Not sure yet? Just hold it — your families can RSVP to both dates in TeamSnap and you pick the winner later.

Hold this date

- Adds an event to TeamSnap as a proposed game and asks players to RSVP via TeamSnap
- Can hold up to 2 dates per game



Rescheduling a Game

TeamSnap shows as
'Proposed' with note
asking for RSVPs

Ask (beg) your team to
RSVP

**Proposed dates are held
for 5 days**

LEXINGTON UNITED · FALL 2026

Reschedule vs. Watertown Jackals

was Sat, Sep 19 · 3:00 PM — cancelled

⌘ 4 days left to pick a date — once you and the other coach agree, mark it final so the game coordinator can file it with BAYS. Holding another date gives you more time.

YOUR HOLDS 2 of 2 used

AS IT STANDS **CAN'T FIELD A TEAM**

4 of 18 in · 14 no reply

Sun, Sep 20 This one

5:00 PM – 6:20 PM · Lincoln — Lincoln #1

GOOD TO GO — 1 SUB

12 of 18 in · 6 no reply

Sun, Sep 27 This one

3:30 PM – 4:50 PM · Lincoln — Lincoln #1

SHORT — NO FULL SIDE

10 of 18 in · 8 no reply

You're holding the maximum of 2 dates. Release one to choose a different slot.

Back Game Edit

Details Availability Assignments

Maps

vs. Watertown Jackals

Proposed

Sunday, September 20, 2026
5:00 – 6:20 PM

Going Maybe No

My Assignments
View or Add Tasks

Location
Lincoln - Lincoln #1
122 Lincoln Street, Lexington,
MA 02421

Notes
Possible date for the rescheduled game
vs Watertown Jackals. Your coach is
choosing between a couple of options
— please RSVP so they know who can
make it.

Opponent
Watertown + Add

Home Schedule Roster Messages Discover



Rescheduling a Game

- Public Schedule will show as a 'proposed' game
- Other teams are not able to use that spot until resolved
- Proposed games are only held up to 5 days

Need something special (non-standard field/time, more time to RSVP): contact Liz at schedules@lexingtonunited.org

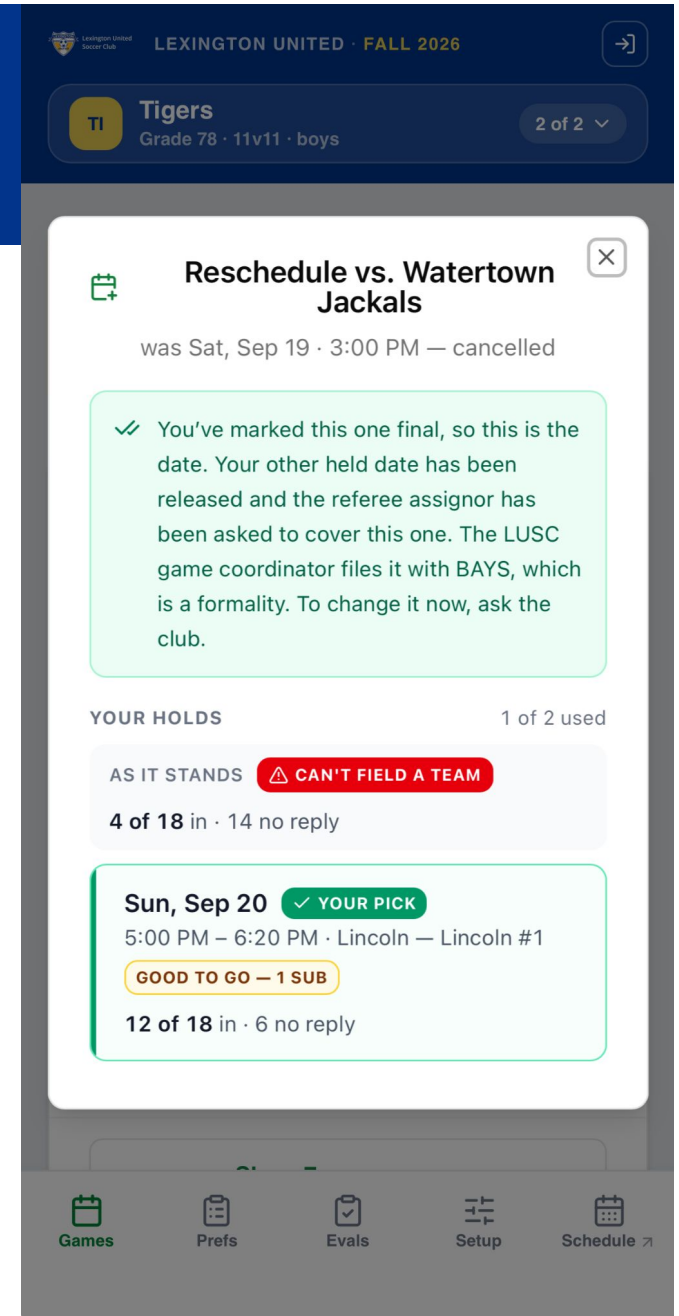
1:15 PM	
1:30 PM	
1:45 PM	
2:00 PM	
2:15 PM	
2:30 PM	
2:45 PM	
3:00 PM	
3:15 PM	
3:30 PM	
3:45 PM	
4:00 PM	
4:15 PM	
4:30 PM	
4:45 PM	
5:00 PM	
5:15 PM	
5:30 PM	
5:45 PM	
6:00 PM	

HOLD
3:30 PM-4:50 PM
B78 - Tigers
proposed



Rescheduling a Game

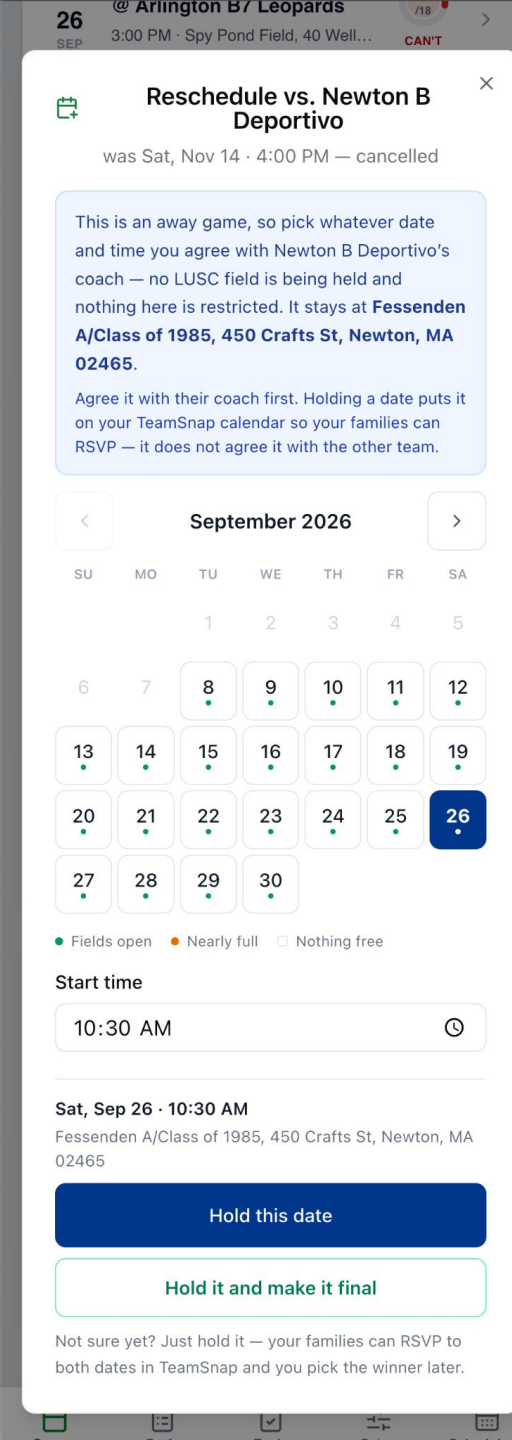
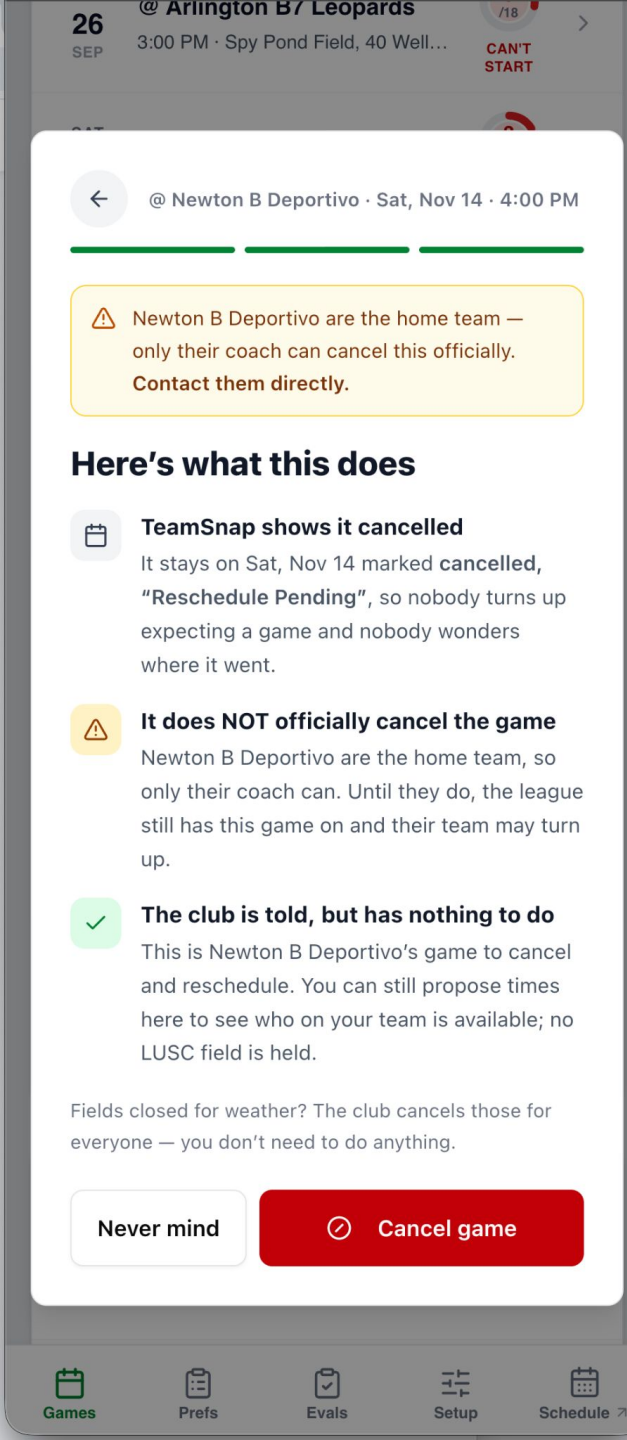
- Once you have agreed on a rescheduled game time:
 - Push 'This one' button to select
 - Other game holds are released at that time
- Liz and Christianne are notified automatically
 - TeamSnap will update (remove the 'Proposed' label) once BAYS officially updates the game





Away Games

- You can use the system to poll your players for rescheduled games
 - Up to 6 proposed slots
 - No expiration
- You do not **have to** do anything for **AWAY** games
 - BAYS will automatically update the game when game is updated.



[illegible]



The weather looks iffy. How do I know whether my field is open?

The LUSC homepage always has the most up-to-date info!

Updated by 2pm on weekdays / 7am weekends

- When the town closes fields, we will cancel affected practices and games in TeamSnap.
- When conditions are iffy and no decision is made, please be patient. You may be contacted about moving things around. 😊

FIELDS	
NO UPDATES UNTIL SEPT 3, 2024	
CENTER TRACK FIELD	OPEN
LINCOLN FIELDS	OPEN
ADAMS	OPEN
CLARKE	OPEN
DIAMOND	OPEN
ESTABROOK	OPEN
HARRINGTON	OPEN
MUZZEY	OPEN



LUSC Console

If you run across problems - let us know!

Weekday-Schedules@lexingtonunited.org

Console-Admin@lexingtonunited.org

Thank you!



Goals Update

See Something, Say Something

- Goals are inspected at the beginning of every season, but problems can develop any time.
- You look at our goals more often than we do.
- If you see something amiss, please email goals@lexingtonunited.org



Each goal has a unique number at the bottom left front corner



Netiquette

- LUSC goals that are not anchored, have internal weights in rear crossbar.
- Internal weights affect how goals move and cause abrasion if the net rides underneath when moved





Referees



PLEASE REMEMBER that:

- * Soccer is a game**
- * The players are often children**
- * Referees are human**
- * Mistakes will be made by coaches, players & referees**
- * Without a referee there is no game**
- * Spectators & coaches should create a positive environment for players & referees**



REFEREES: What BAYS asks Coaches to do

- Follow the Pre-Game Sportsmanship process for reading out the BAYS Sportsmanship Statement which can be found here: [BAYS Sportsmanship Statement and Process](#)
- Continue to focus on being **positive role models** for your players, providing encouragement and constructive guidance.
- **Refrain from directing ANY challenging, harassing, or disrespectful comments to the referees per the [Referee Abuse Prevention Policy](#)**
- Follow the MA Youth Soccer Code of Conduct that pertains to coaches <https://www.mayouthsoccer.org/codes-of-conduct/>
- Have a plan to [avoid running up the score](#) if your opponent is less competitive.
- Use your Game Feedback function in My BAYS->Coach/Manager menu to report issues or concerns not addressed during the game.
- Hold a preseason expectation-setting meeting with your team players and parents **since coaches are responsible for the behavior of their team and their team's spectators at the game.**
- Confirm that all are aware of the MA Youth Soccer Player, Parent, and Coach Codes of Conduct: <https://www.mayouthsoccer.org/codes-of-conduct/>
- Become more familiar with the [BAYS Rulebook](#). A lot of issues stem from coaches and players not being familiar with **our BAYS League Rules of Competition.**



Referees

Christianne Mager Ref-Assignor@LexingtonUnited.org / (617) 642-0393

Bob Licht Ref-Mentor@LexingtonUnited.org / (617) 721-9658

Please **RESPECT** the Referees!

We ask that the LUSC community join together to help us make the youth soccer experience the best it can be for all of our players, coaches, referees, clubs, parents, and fans.

To provide an atmosphere of good sportsmanship to encourage all to compete, learn, and enjoy the game of soccer.

All referee feedback should go through Bob & Christianne

BAYS Referee **Appreciation** Day Fall'26: Saturday, **October 17th**

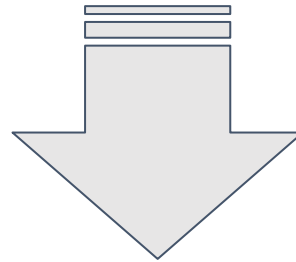


Misconduct Not Directed to Referees

All Coaches, players, and parents/spectators shall follow the BAYS and Mass Youth Soccer Codes of Conduct.

Misconduct violations during the game must be addressed.

When any misconduct, **NOT DIRECTED AT THE REFEREE**, is reported



The REFEREE Must STOP the GAME

Coaches should say: **“REF, Inappropriate Incident Report”**



***“The Opportunity to Compete is Far More Important than
the Result of the Competition.”***

By
Brendan Donahue
Lexington United Soccer Club
Director of Coaching
September 2nd 2026

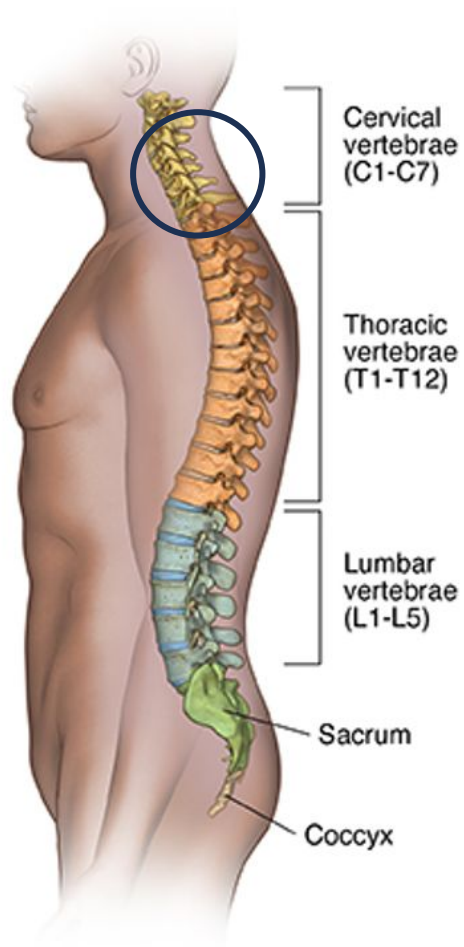


I Appreciate You





Transverse Myelitis



Inflammation of the spinal cord, where the immune system targets the myelin sheath (nerve insulation) causing spinal cord damage. The inflammation disrupts communication along the spinal cord, potentially causing paralysis, along with motor and sensory issues. TM is considered an autoimmune condition, where the body mistakenly attacks the spinal cord.

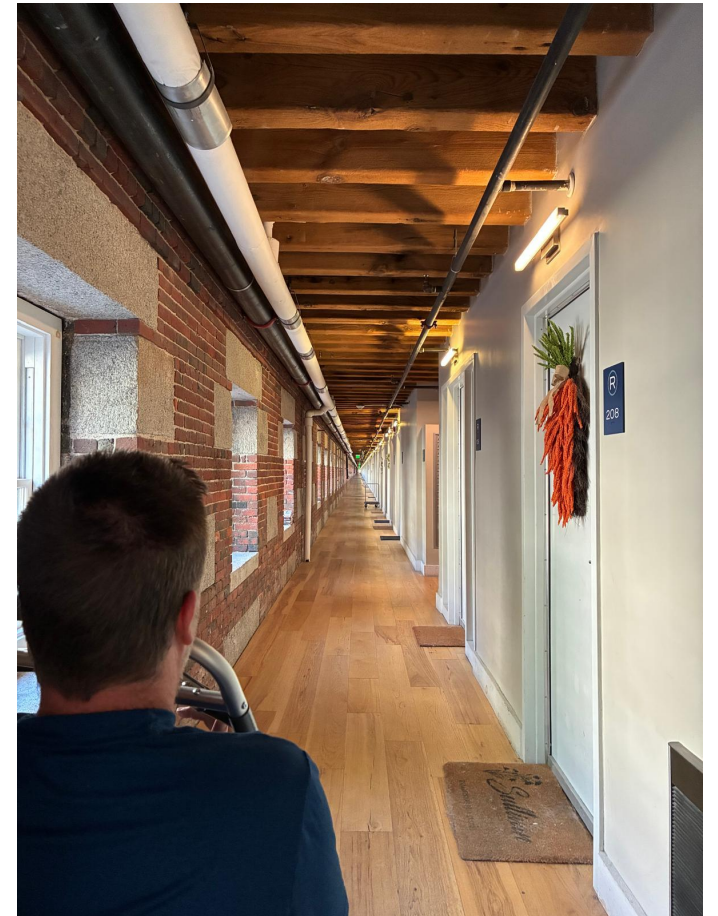


Baseline (Starting point)





to Better (Do the Work)





5:00 to 7:00am

A photograph of a man with long hair and a beard, singing passionately into a microphone. The image is overlaid with a semi-transparent blue filter. The text "Turn the Page" is written in white, italicized font across the middle of the image.

Turn the Page



Go Again





Support





Bridges





Be a Role Model

*The most powerful leadership tool
we all have is our own example.
John Wooden*





Getting Started

***“Give the most important message at the start of training when everyone is able to process all of the words and instructions.”
-Jurgen Klopp***





Prioritize the Individual Check-in



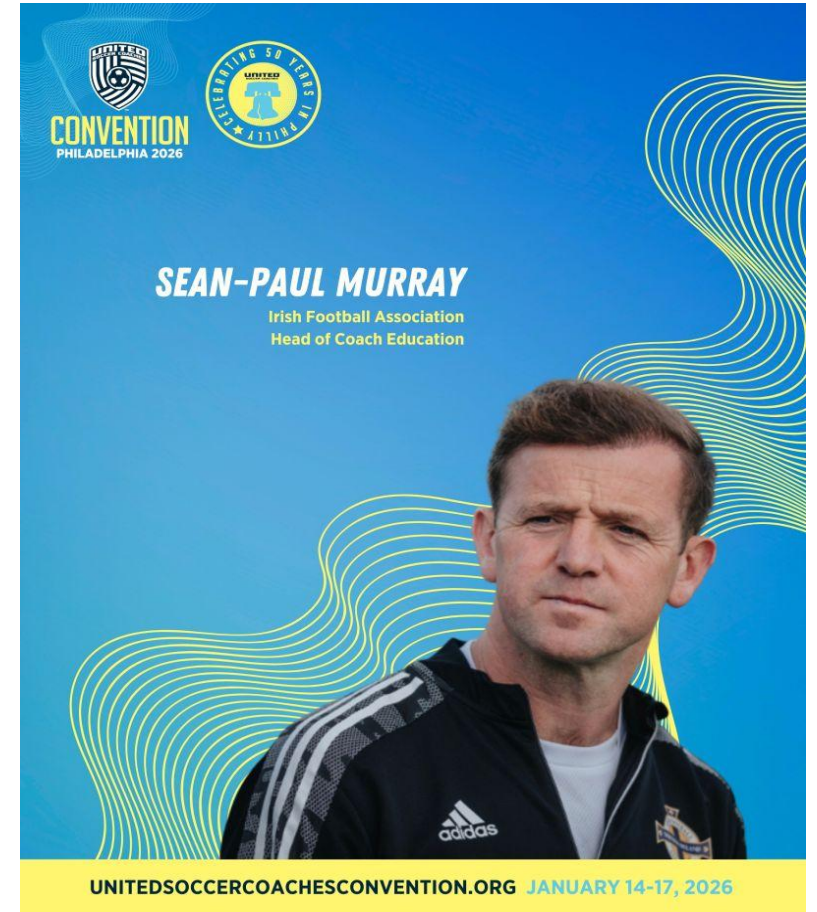


Irish FA

A session should have:

- One Clear Intention
- Problems Designed by the Game
- Decisions Owned by The Players
- Mistakes Expected and Explored
- Behaviors you want should start to appear over time without the coach's input

“Player behavior is information not disobedience”





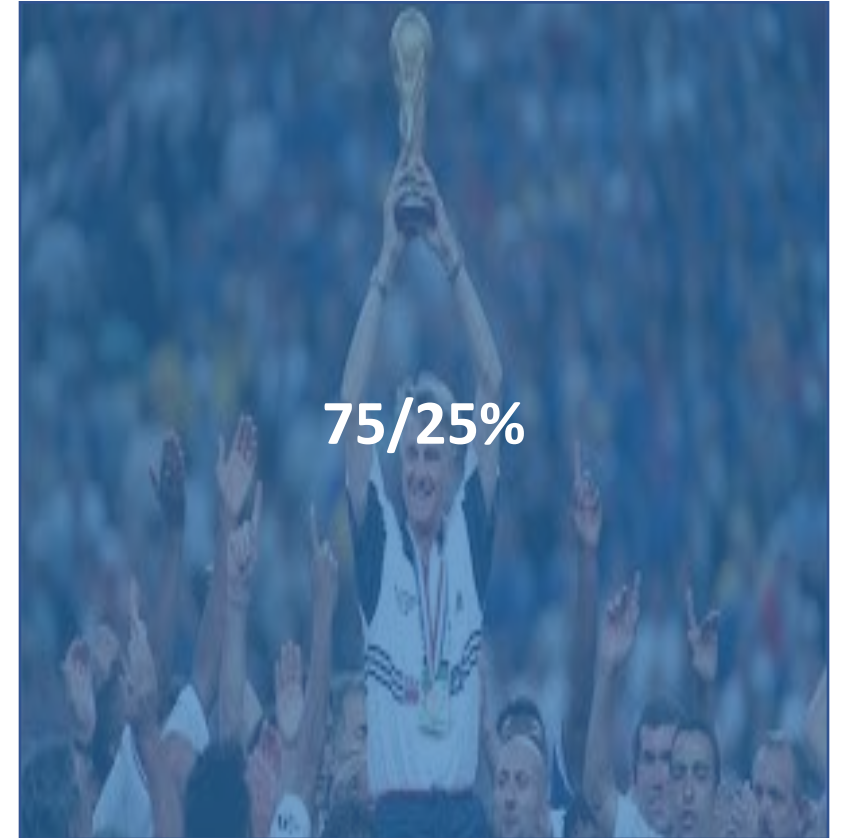
Team Practice Considerations

Ask yourself:

What do I want to accomplish today?

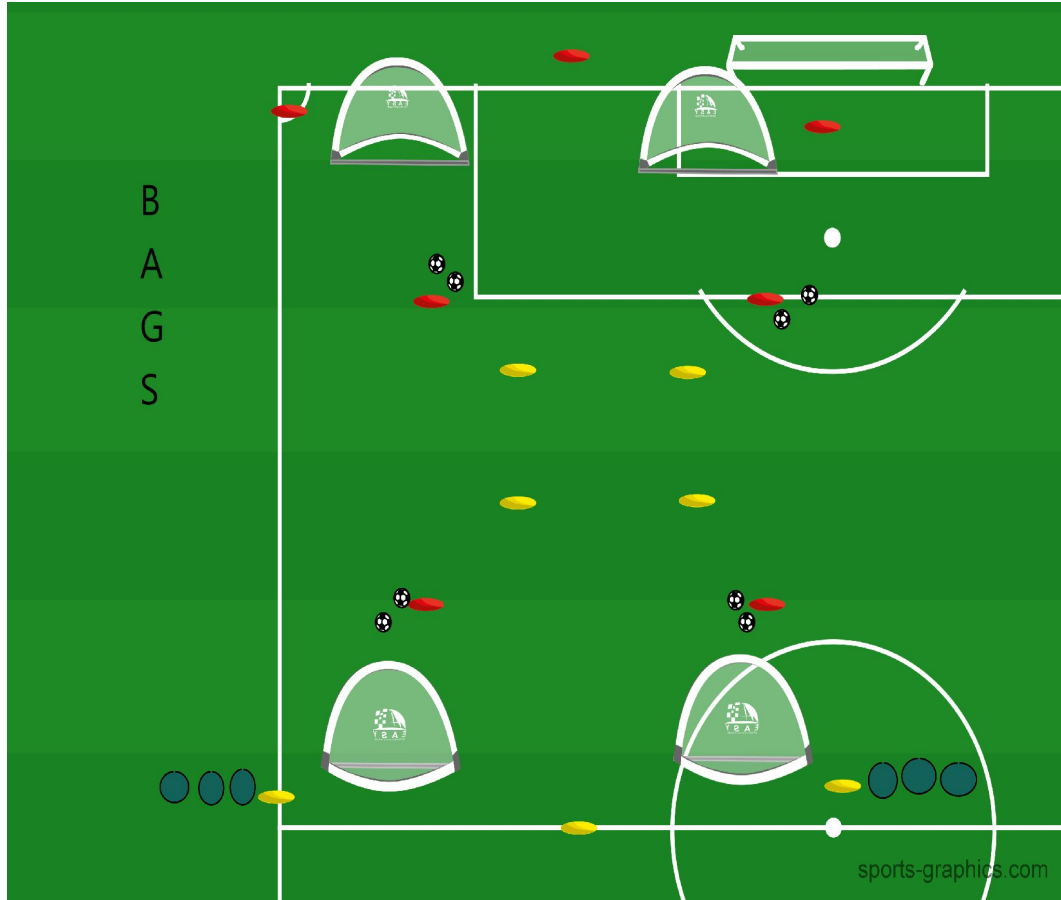
1. Set priorities and choose a topic
2. Progress simple to complex
3. Make it directional
4. Allow for extended play

Structured, but messy





Coaches Controllables



Restrictions

Ex. Dick Bate

- One touch if you can
- Two Touch if you have to
- Three touch if you MUST



Coach as Problem Solver

*Don't point out problems without
offering potential solutions*



Game Day Loop



You CANNOT improve technique on game day!

You CAN improve team structure!

Focus on what you can do, not what you can't.

DON'T COACH THE PLAYER ON THE BALL



Moments of the Game

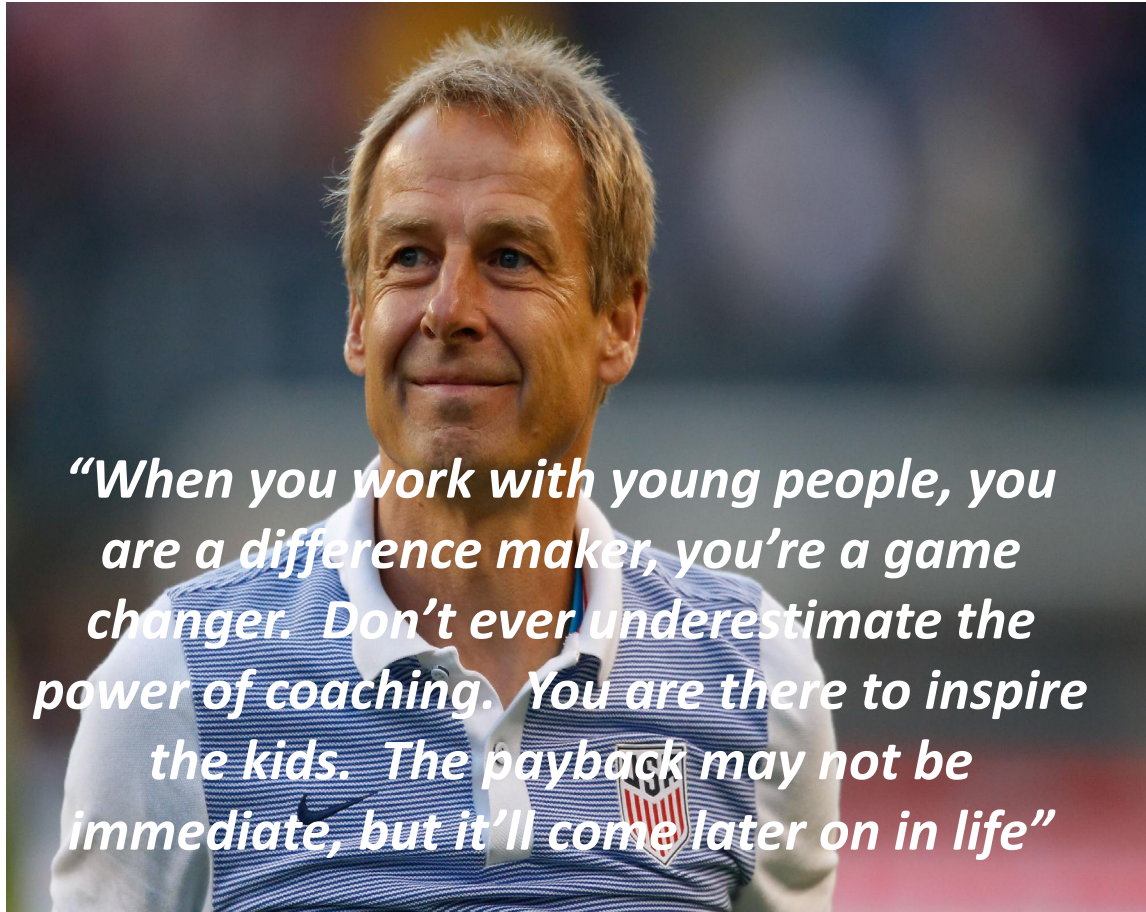
- When we have the Ball
- When we lose the Ball
- When our opponent has the Ball
- When we regain the Ball

Can you observe one phase ahead?





Observe and Adjust



MONTH: _____						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

**3 weeks
And
10 minutes**



In Game Coaching Roles

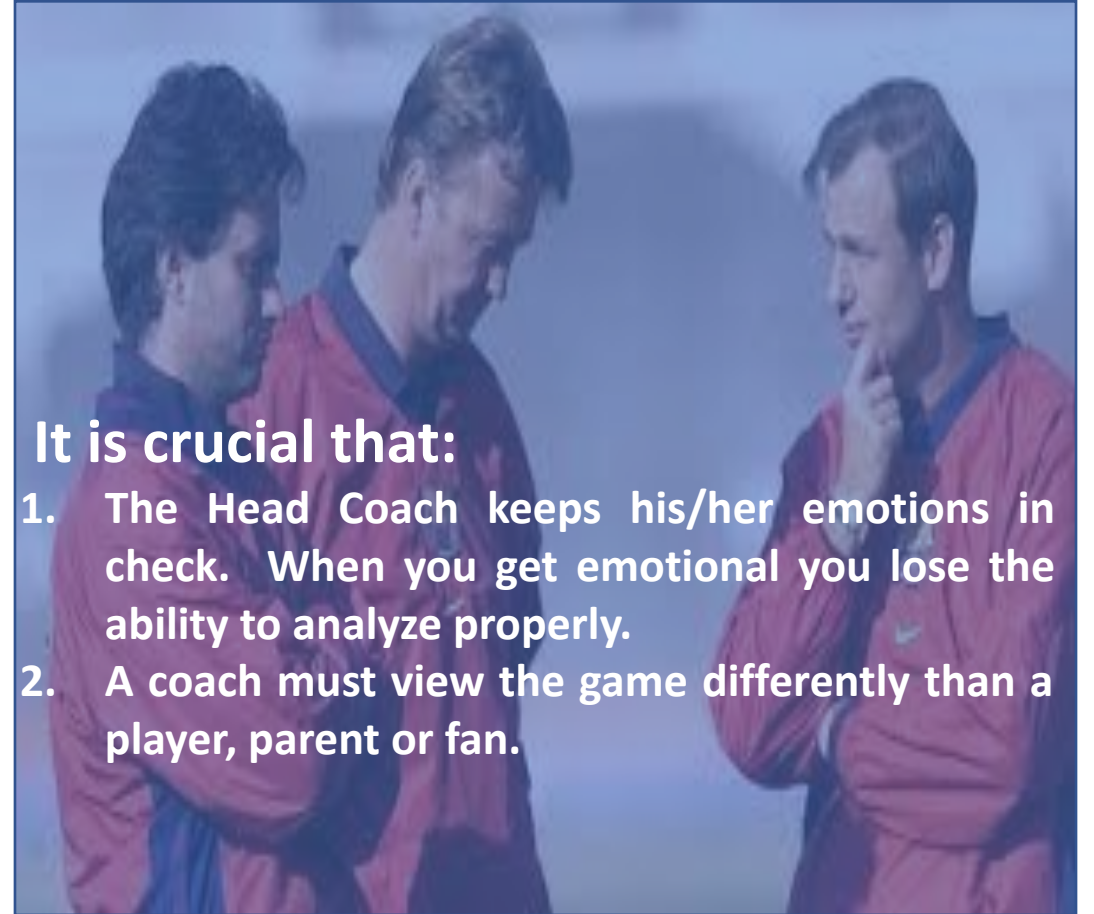
Define & Share Responsibilities

Who does what?

- Observe how your team is playing
- Observe how the opponent is playing
- Observe the distance between your Goalkeeper and the backline
- Observe the distance between your CMF and the backline
- Manage the bench
- Substitutions
- In game feedback

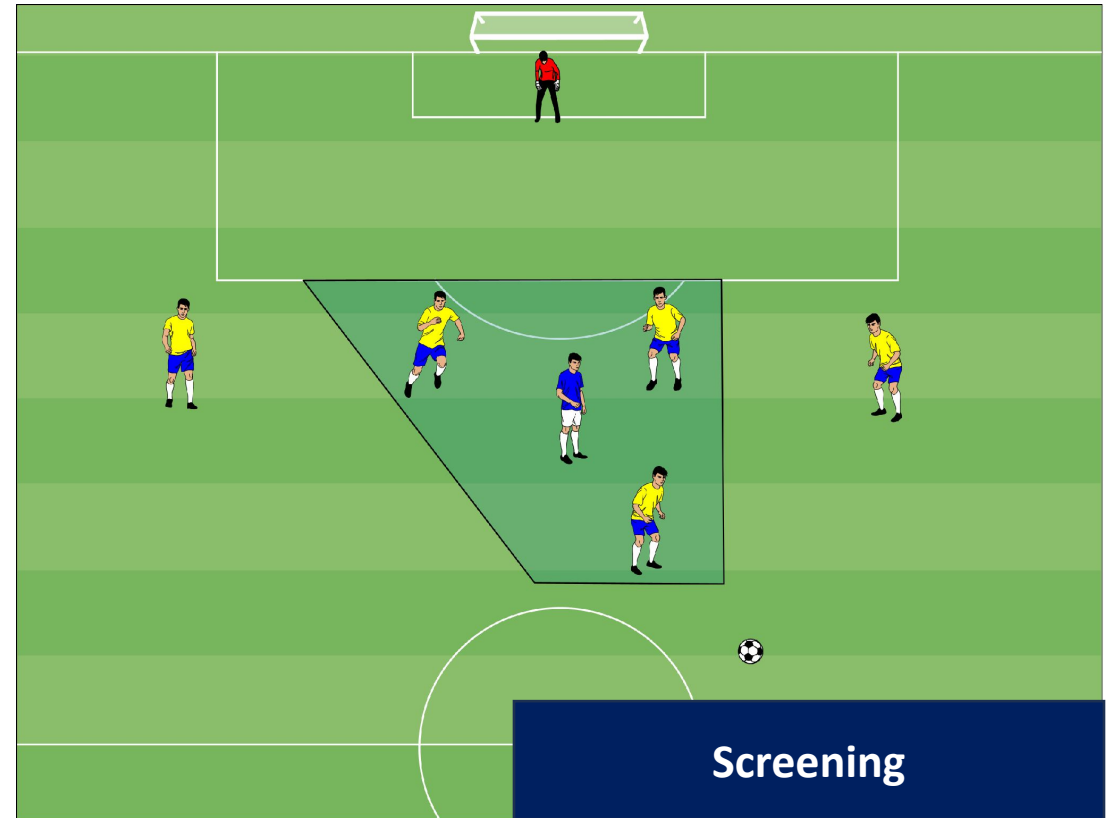
It is crucial that:

1. The Head Coach keeps his/her emotions in check. When you get emotional you lose the ability to analyze properly.
2. A coach must view the game differently than a player, parent or fan.





Key Spots to Observe





Respect

- 1. Communicate your values***
- 2. Create a culture of acceptance***
- 3. Address inappropriate behavior immediately whenever possible***
- 4. Reach out to Division Director and LUSC President***
- 5. Learn and move forward***





Closing Thought

“There are two games in football: one is reflected on the scoreboard; the second is your way- your identity. The first one you can lose, but the second one never, ever. It’s the identity that counts.”

- Jurgen Klopp



Time





Q&A

Thank You



Developing lifelong soccer players among Lexington youth