

LUSC Coaches Meeting

Fall 2026 Season

K-2nd Diamond Program

September 2, 2026



Welcome to the Fall 2026 Season!

Thank you for being here!

Our Mission

To develop lifelong soccer players among Lexington youth



It takes a Club



Volunteerism

Strengthening our community by giving our time



Off the Ball

The work nobody sees, done anyway



Advocacy & Partnership

Championing the future of youth soccer in Lexington, together

In 2025 / 2026 season: **228 volunteers** & **32,000 hours**



Community Presence

World Cup Watch Parties

- **Over 20,000 people** attended this 11 day event (June 16-26) in Lexington town center, with over 6,000 at US vs Australia game.
- **LUSC** is a major community sponsor, with a dedicated soccer activity area.
- **Each day, over 100+ kids** had fun at LUSC soccer area with 2 goal posts and multiple fields for street soccer play.
- **LUSC manned 12 watch parties** (of 19), with over 20 ICs (coaches) and 50+ LUSC ambassadors giving quizzes, stickers, and refereeing soccer play.





World Cup Newsletter



NEED WRITERS
Invite your team to join!



2026 WORLD CUP



Favorite Soccer Players

By: Florence Ang



Based on surveys from LUSC soccer players and coaches

Favorite Soccer Teams

By: Florence Ang



Based on surveys from LUSC soccer players and coaches

Pressure

(continued)



Championship Memories





Community Presence

Please Join Us for **Night at The REVS**

- October 17th, 7:30 kickoff against Chicago Fire at Gillette Stadium with pre game tailgate with the LUSC community
- **Free player ticket!!**
- As event approaches, all LUSC players and parents will receive link to buy tickets
- LUSC has reserved parking lot for tailgate and pregame soccer
- Last spring LUSC had over 500 players and parents join!!!
- Be on the lookout for the email from New England Revolution in early September



FALL NIGHT AT THE REVS

10.17 VS CHICAGO FIRE

RALLY YOUR TEAMMATES, INVITE YOUR FAMILY,
SUPPORT OUR SOCCER COMMUNITY,
AND FILL GILLETTE STADIUM WITH LUSC PRIDE!

FREE PARKING & TAILGATING

**ALL LUSC REGISTERED
PLAYERS GO FOR FREE**



Community Presence

Help us with our social media!!!

- **Follow LUSC** on Instagram **@LUSCSOCCER** and Facebook **@Lexington United Soccer Club** for update and highlights of season
 - If coaches have goals, great plays and or photos they would like to share on our social media accounts, please DM our instagram account !!!
- We update registration dates, tryouts, and other helpful updates via our social media platforms, so please follow us



@LUSCSOCCER





Your Support Network – LUSC Board

LUSC BOARD MEMBERS

President	Sean Kennedy	president@lexingtonunited.org
VP Programs	Jon Trementoizzi	jon.trementoizzi@gmail.com
VP Admin	Sam Ang	vp-administration@lexingtonunited.org
VP Registration	Hannah Mamuszka	vp-registration@lexingtonunited.org
VP Marketing	Ben Myers	marketing@lexingtonunited.org
VP Schedules	Mihran Yenikomshian	vp-schedules@lexingtonunited.org
VP Equipment	Phil Porter	philip@porterbuild.com
VP Technology	Chuck Alexander	technology@lexingtonunited.org
Treasurer	Ravi Panchmatia	treasurer@lexingtonunited.org
Clerk	Aradhana Kuhn	aradhana.bhargava@gmail.com
Past Pres. & BAYS	Surya Singh	suryacsingh@gmail.com
General Members	Kathryn Ready	kathrynwil26@hotmail.com
	Alfredo Milan	alfredomilan@gmail.com
	John Truelove	john.truelove@gmail.com



Your Support Network – Division Directors

K-2 GRADE DIVISION DIRECTORS

Boys Kindergarten	Brendan Donahue	bdonahue@lexingtonunited.org
Boys Grade 1	TBD	TBD
Boys Grade 2	Tim Brosnan	timothy.brosnan@gmail.com
Girls Kindergarten	Kelsey Collins	k.c.st.andre@gmail.com
Girls Grade 1	Jose Rivera-Feliciano Jenna Galloway	rivera.feliciano@gmail.com galloway.jenna@gmail.com
Girls Grade 2	Ning Yu	ningyu2000@gmail.com



Your Support Network – Staff / Volunteers

LUSC Staff and Volunteers	
Director of Coaching	Brendan Donahue
Asst Dir. of Coaching	TBD
Registrar	Diane Pursley
Schedules	Liz Bettencourt
Fields Coordinator	Liz Bettencourt
Equipment – Goals	Justin Whitehead
Equipment – Coaching	Hugo Valdovines
Referee Assignor	Christianne Mager
Head Referee Mentor	Bob Licht
Coach Mentor	Rick Tyson
TOPS Program	Paul Clough
Mentor Program	Phil Porter



Agenda: K-2nd Diamond Program

Time	Topic	Presenter
6:00 – 6:05	Welcome to the Fall 2026 Soccer Season!	Sean Kennedy, President
6:05 – 6:10	Registrar Update	Diane Pursley, Registrar
6:10 – 6:15	Equipment Update	Hugo Valdovines, Equipment Coordinator
6:15 – 6:45	Diamond Program – Setting the Foundation	Brendan Donahue, Director of Coaching



Registrar Role Overview

- Point of contact for families with questions about programs, teams, uniforms, and refunds
- Manager of Team Snap registration and rostering
- Data manager for player evaluations and team formation
- BAYS point of contact for rosters, placement and waivers
- Massachusetts Youth Soccer Association (MYSA) point of contact
 - Coaching credentials
 - Affiliation reporting for LUSC general insurance
- Email Registrar@lexingtonunited.org if you have a question



MYSA Registration Information

All Coaches need a MYSA Credential to coach

- **MA Safe Soccer** is a comprehensive Adult Registration process and training required for all adults working with children, required even if you completed a CORI for another organization.
- [Sports Connect](#) is the system Mass Youth Soccer (MYSA) uses to facilitate the credential process
- Start by [registering with MYSA](#) (required every soccer year- opened July 1)
- Order a CORI through MYSA (**NOT US Soccer**) if you are a new coach
 - Once accepted through MYSA, Registrar must verify before credentials are final
- Use the [US Soccer Learning Link](#) to complete the Concussion & Safesport Training
 - Safesport required annually, Concussion good for two soccer years
- Finally, check on Sports Connect to make sure you are all set. (I am happy to confirm for you too)



MYSA/LUSC Resources

- [Adult Registration Process](#)
- [Adult Registration Video](#): 4 minute overview of the process
- [MYSA Registration Portal](#): Start here to register
- [US Soccer Safe Soccer Learning Link](#): Click here to start your training
- [US Soccer Help Guide](#)
- [Sports Connect Log-In](#): Check your credential status here
- [LUSC website page for basic coach credential information](#)
- [LUSC website page for new coach information \(regarding CORI verification\)](#)

Pro tip: Use the same legal name and email address for all accounts



Equipment Update

General

- Access to the Diamond trailer is limited to LUSC staff.
- Players are expected to bring their #3 ball to each session
- All coaches expected to wear the LUSC Coach T-shirt

Equipment bags

- Placed at the field marker for each team on the first day
- Return bags on the last day of the season
- Contents: Cones, pinnies and team ball

Kindergarten program

- A ball for each player new to the K program will be at the field marker.
- Extra new balls are in the trailer if team has more new K players than balls or for late new player registrations.



LUSC Coaches Meeting

Fall 2026 Season

September 2nd, 2026



I Appreciate You





Lexington United Soccer Club

To develop lifelong soccer players among Lexington youth.

We want every child:

- To be physically active
- To have fun playing the game of soccer
- To develop a comfort level with the ball at his/her feet
- To be allowed to make decisions with minimal instruction during the game segment
- To learn basic positional sense (covering space)



Why Kids Play

PLAY
is the work of childhood
Mr. Rogers

Why Kids Play

1. It's Fun!
2. To be with their Friends
3. Parents sign them up



The opportunity to compete is far more important than the result of the competition.



A Player Centered Approach

The main actor of the process is the player, not the coach, not the team, but the individual player.

Van Der Haegen





Top 5 Qualities Children Want in Their Coach

1. **Respect and encouragement**
2. **A positive role model**
3. **Clear, consistent communication**
4. **Knowledge of the sport**
5. **A good listener**

A. Visek- George Washington Study

Only 1 out 5 is sport specific





Welcome To Diamond- LUSC's Foundation



Windows of Learning





Development Curriculum Inputs





Foundational Skills



Things kids can learn:

1. Stopping and Starting
2. Changing direction at different angles
3. Using both feet
4. Pulling the ball back with the sole of the foot
5. Cutting and turning with the ball



MASSACHUSETTS
YOUTH SOCCER ASSOCIATION





Be Tosh Farrell not Will Ferrell





Fall 2026 Diamond Schedule

75 Minute Program

8:45 to 10:00am	8:30 am Coaching Demo	2nd Grade Boys
8:45 to 10:00am	8:30am Coaching Demo	2nd Grade Girls
8:45 to 10:00am	8:30am Coaching Demo	Kindergarten Boys
10:30 to 11:45am	10:15am Coaching Demo	1st Grade Boys
10:30 to 11:45am	10:15am Coaching Demo	1st Grade Girls
10:30 to 11:45am	10:15am Coaching Demo	Kindergarten Girls

Program will consist of 45 minutes of activities/30 minutes of games



Horn Schedule

The Horn should be blown at:

9:25am to end session 1 activities

10:00am to end session 1 games

**11:10 am to end session 2
activities**

11:45am to end session 2 games





Sample Schedule

Activity Fields (where your team should meet for this week):

- Asteroids Field A
- Battling Bears Field D
- Cobras Field C
- Dragons Field B
- Team Eagles Field E
- Firebirds Field H
- Geckos Field G
- Hurricanes Field F

Teams	Fields
Asteriods vs. Dragons	A & B
Cobras vs. Battling Bears	C & D
Eagles vs. Hurricanes	E & F
Geckos vs. Firebirds	G & H

Field Location:

Each week the players should report to the field that they are assigned to for the week.

Coaches will run the weekly activities at the home field and then play the game against the team next to them



Coaches to Do List

- Contact team prior to the start of the season (by 9/6 if possible)
- Let families know which field to report to
- Email Diamond layout to all families
- Create name tags for players
- Print Team Medical Information to have on site (don't share with families!)
- Steer families to the LUSC website for all cancellations





The Layout



100 ft



Dual Field

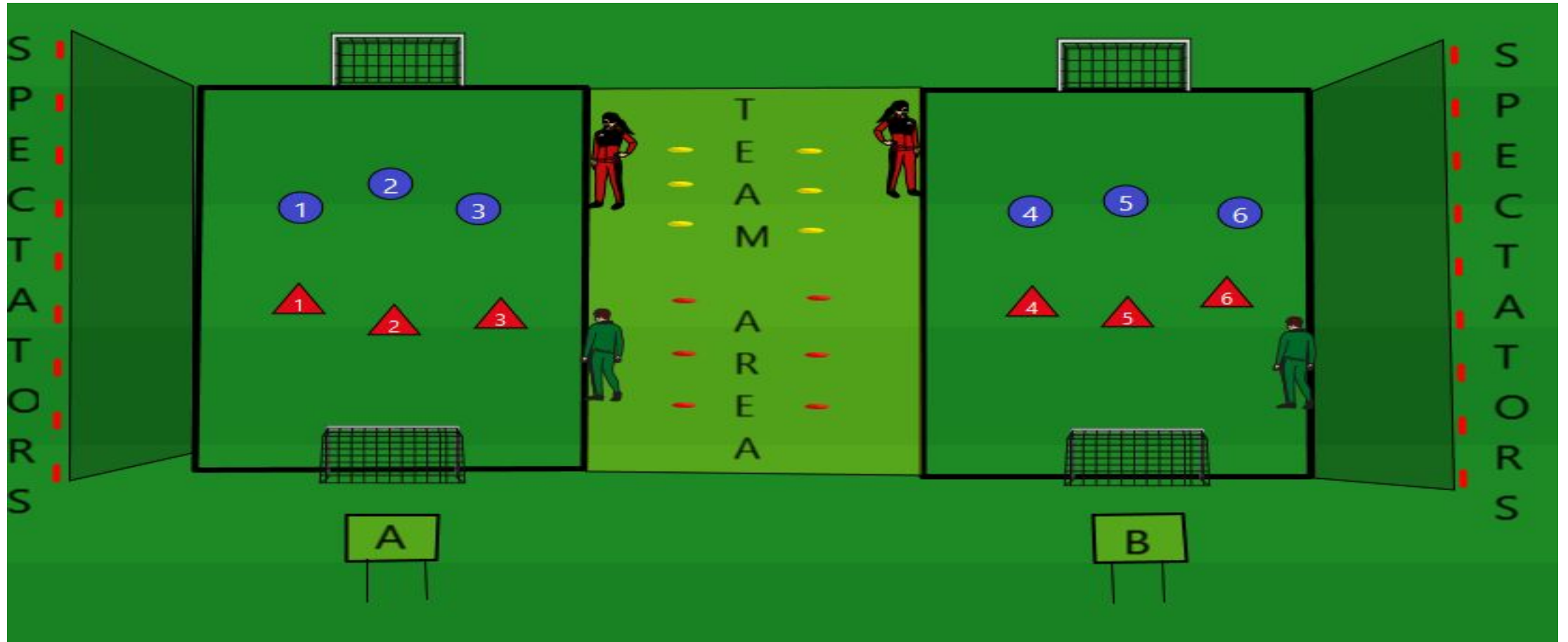
- If team A is scheduled to play team B, they will do so on both fields.
- **The area between the two fields is the designated coaching area** with the opposite side of the field being reserved for spectators.
- The coaching area allows the coach & players their own space and helps the players separate from their parents which is an important part of the developmental process.
- **Each team will be assigned a field to meet at where they will run their activities.** The team they will be competing against will be assigned the field next to them.

Recommended- The players should remain on the same field throughout the game segment and not flip from field to field.





Kindergarten 3v3 Dual Field



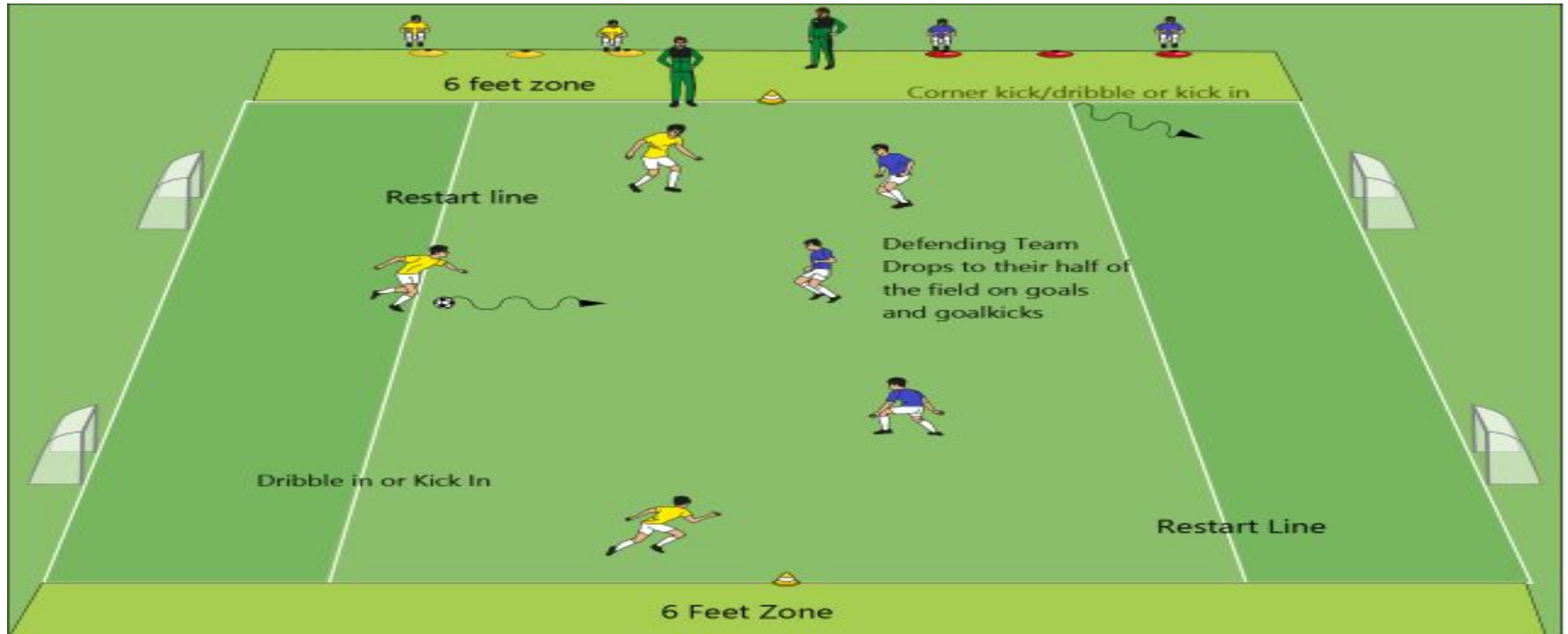


Kindergarten Rules

- **The Game is 3v3!** Please do NOT add players into the game.
- **Kick ins or dribble ins** (no throw ins)
- Scoring team drops to their own half of field after a goal is scored
- **No Corner Kick's**- ball over the end-line is always re-entered by the defensive team
- **3 Goal Margin Rule-** team trailing by a 3 goal differential can add a 4th player
- No Scores are kept!
- No Standings are kept!



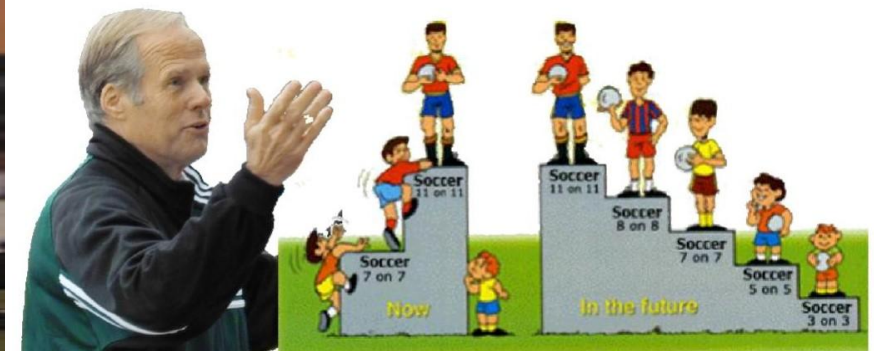
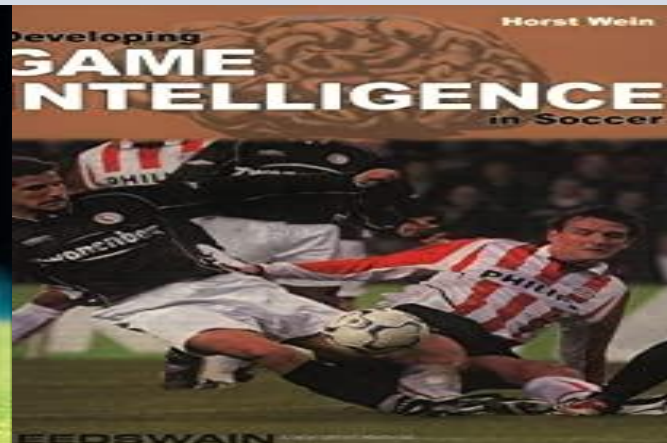
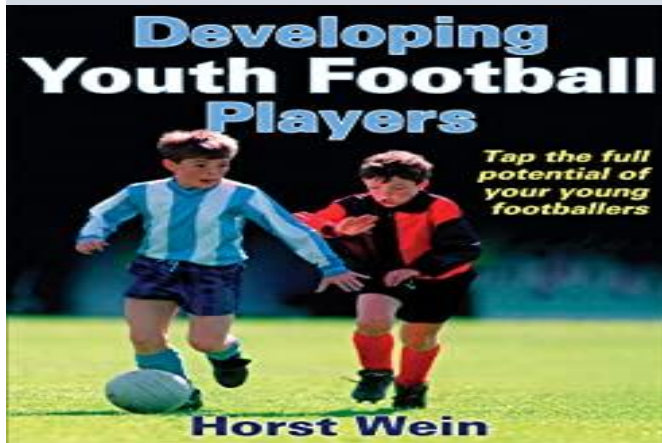
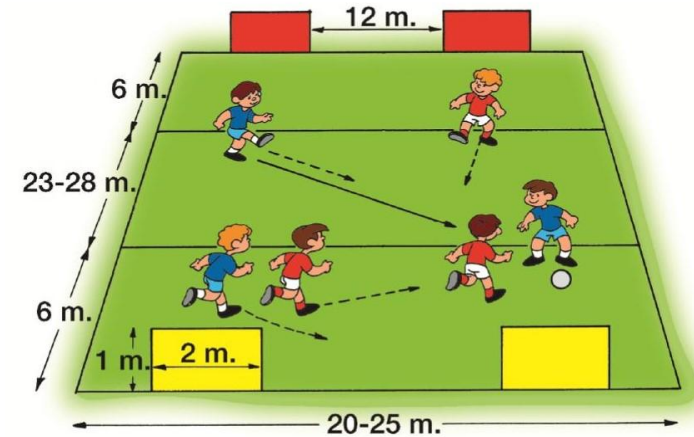
1st Grade Format





Why 3v3 to 4 Goals

- The 3v3 to 4 goals format is one of the best exercises for players to learn to “read the game” and make decisions without coaches telling them what to do.
- In 3v3 the defense cannot defend both goals equally. This should, in time, teach the players to recognize the 2v1 situation and which goal is the best one to attack.



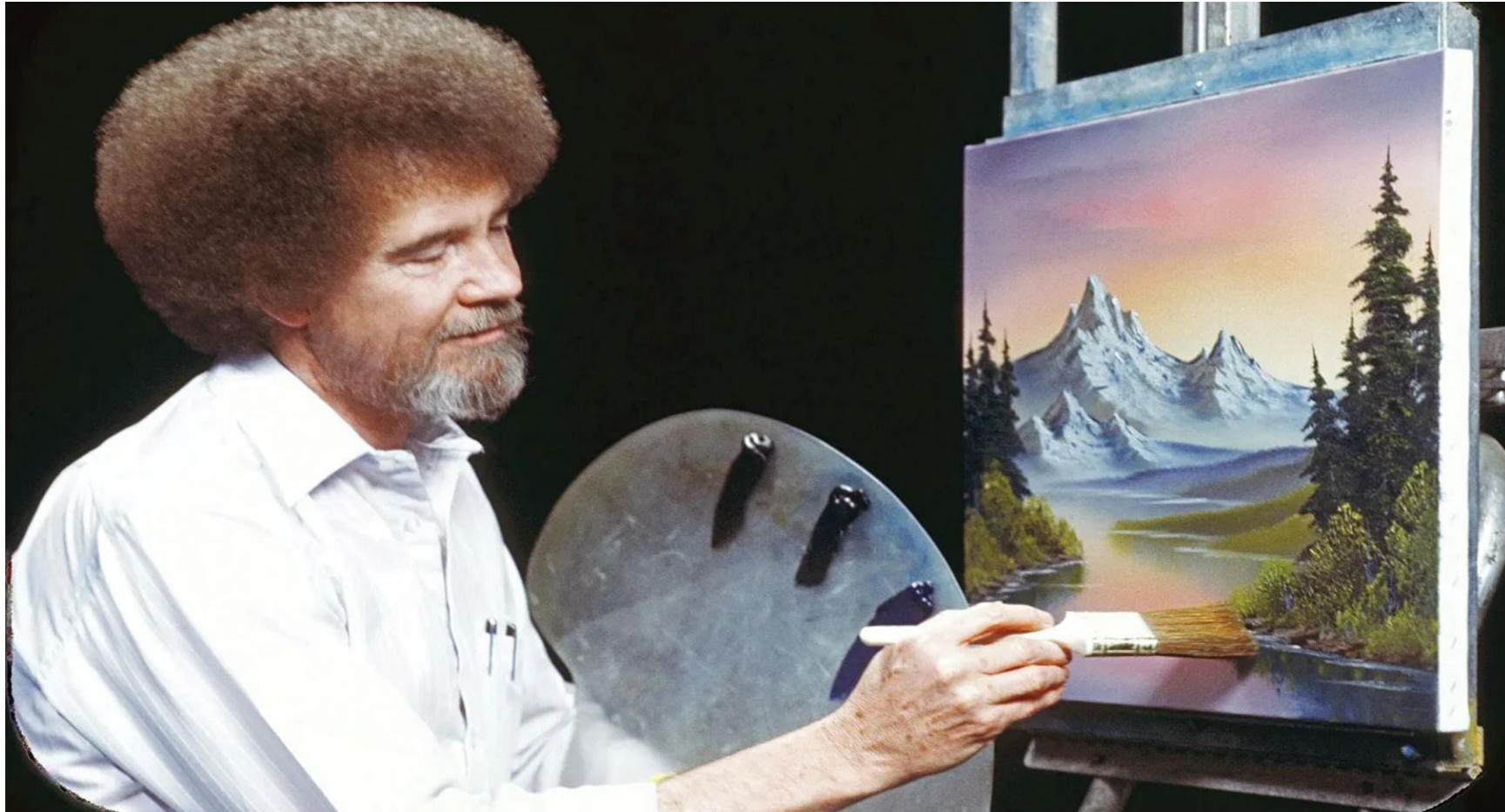


2nd Grade Format





Demo- Paint the Picture





Sample Activity



The Game: Players dribble throughout the inner grid. The coach can use this free dribble segment to offer several options. When the coach yells:

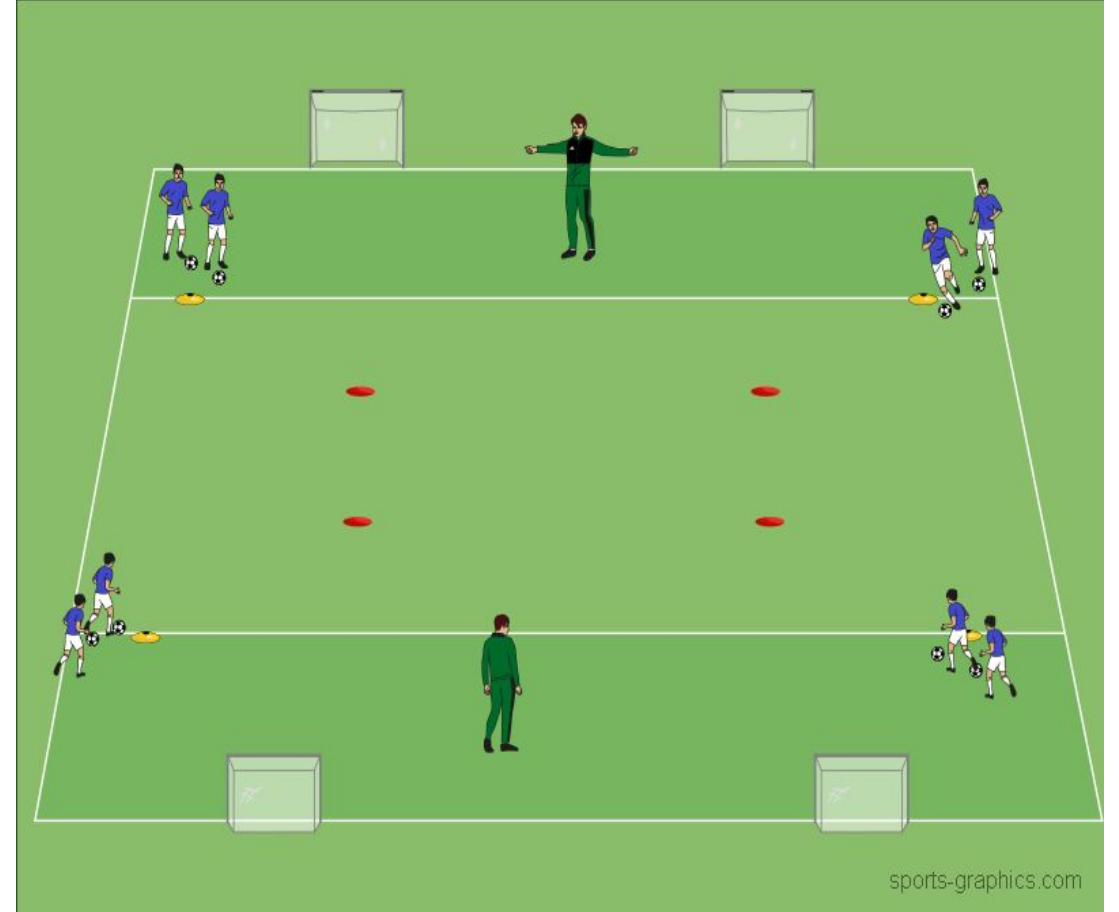
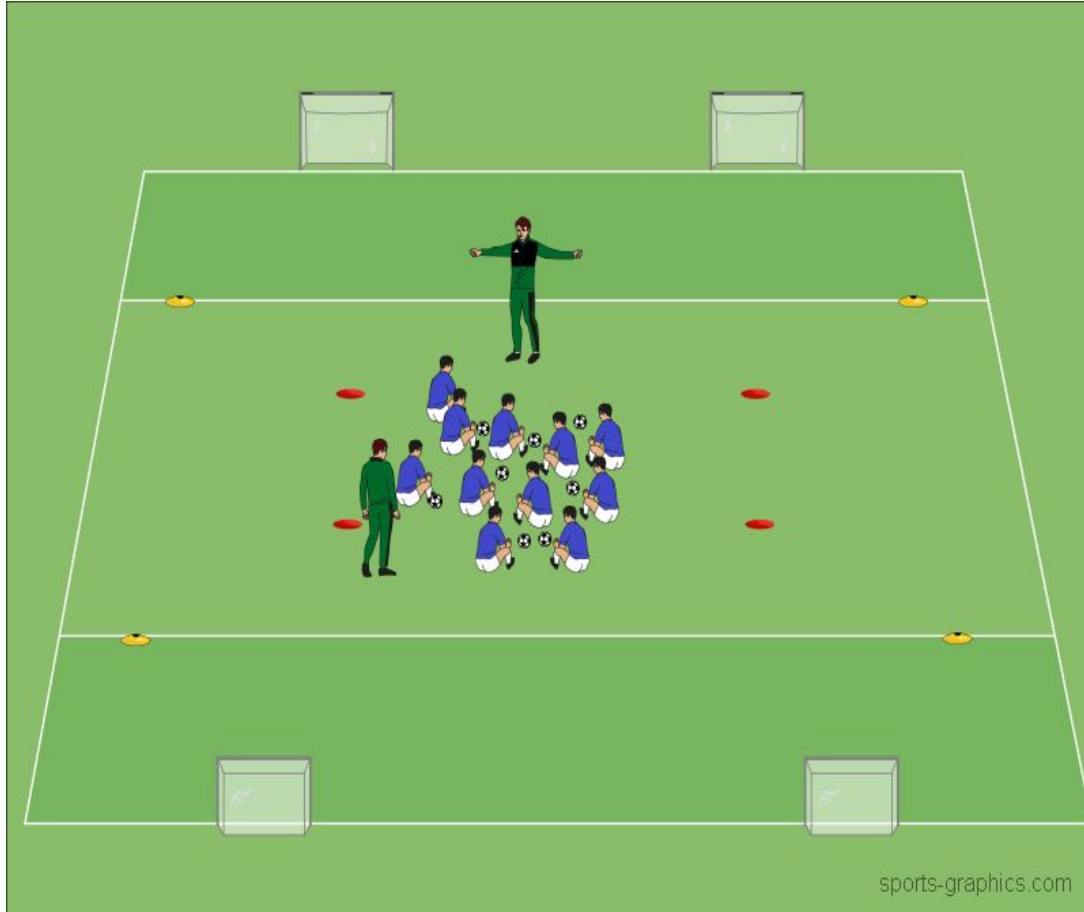
- **Turn-** players must change direction
- **Ball Taps-** players must perform toe taps on the ball
- **Foundation-** the players must pass the ball back and forth between their legs
- **Change-** step on your ball, move quickly to another ball and continue to dribble

*Progress to **Spiderman***

Layering allows the coach to control the tempo and provides an opportunity for brief moments of rest and refocus for the players



Coaching Tip





A Case For Repetition

“I fear not the man that has practiced 10,000 kicks once, but the man who has practiced one kick 10,000 times.”

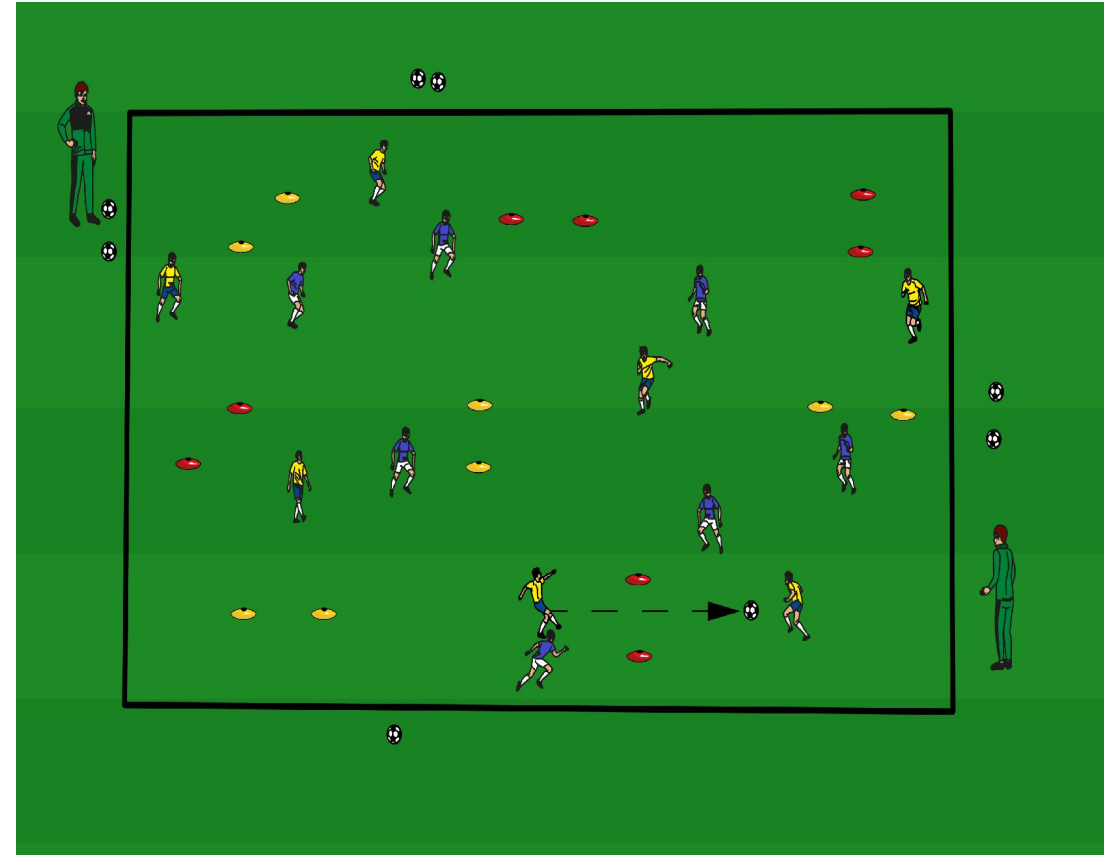




A Case For Repetition

"I really believe there are not many exercises to make players better but a lot to make players worse. That's why we have just a few real good ones and vary from there."

- Jurgen Klopp





Final Thought



Can the Lessons of *Blue's Clues* Make you a Better Coach?

**Coach Like Steve- Pose Question
Guided Discovery**



Q&A

Thank You



Developing lifelong soccer players among Lexington youth